

— some natural home remedies can relieve the pain of peptic ulcer:

Honey



Aloe Vera



Colourful fruit



Chamomile



Ginger



Turmeric



Bananas



avoid alcohol



Don't smoking



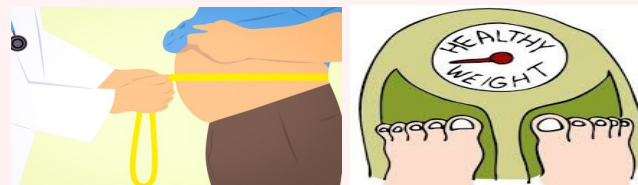
Don't over use NSAIDs



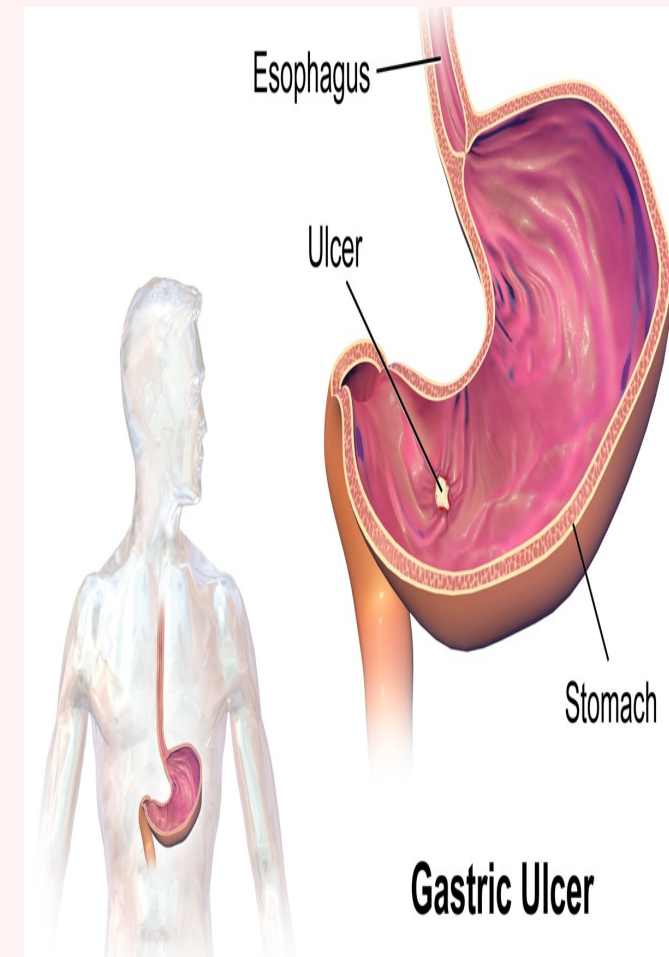
Increase exercise



Maintain a healthy weight

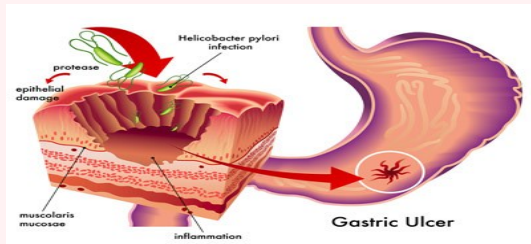
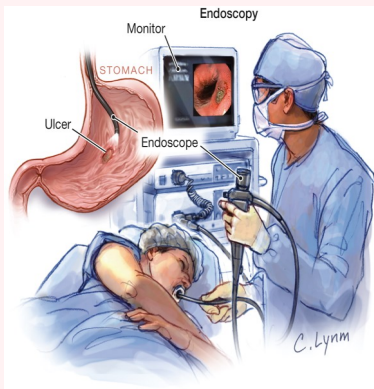
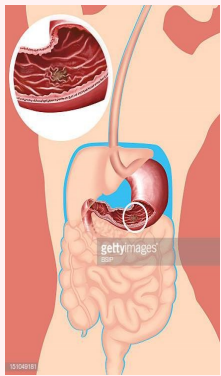


GIT system disorders Peptic ulcer



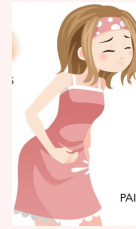
Introduction

the ulcer in the wall of the stomach or duodenum resulting from the digestive action of the gastric juice on the mucous membrane when the latter is rendered susceptible to its action causes of peptic ulcers are infection with the bacterium (*H. pylori*) and long-term use of aspirin, (NSAIDs), Stress and

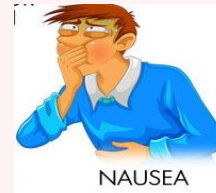


The signs and symptom

The most common peptic ulcer symptom is stomach pain



Heartburn



Nausea

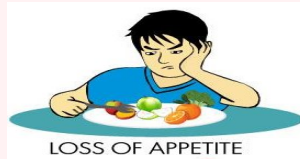


bloating

Vomiting or vomiting blood



Loss Appetite



Feeling faint



The treatment

H2- Histamine receptor blockers

Ranitidine

Cimetidine

Proton pump inhibitors

pantopra-

omeprazole

Prostaglandins

misoprostol

Ant muscarinic agents

Dicyclomine

Antacids

Calcium carbonate
Mucosal protective agent