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Testicular feminization syndrome

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Abstract: aim of this study is to describe the testicular feminization syndrome {androgen insensitivity syndrome}

Introduction : testicular feminization is the syndrome when a male , genetically XY, because of various abnormalities of the X chromosome , is resistant to the action of the androgen hormones , which in turn stops the forming of the male genitalia and gives a female phenotype . The androgen insensitivity syndrome occurs in one out of 65000 births and can be incomplete {various sexual ambiguities} or complete {person appears to be a woman} the syndrome is X-linked recessive condition. The trait being transmitted maternally

Discussion: the syndrome results because, with the exception of the urogenital sinus {which may be oversensitive} , the target organs of the hormone such as breasts , hair follicles vocal cords and phallus are inherently insensitive to androgens . the androgen receptors may be completely absent or they may be present in normal numbers but insensitive to the androgen due to a mutation of these receptors , is a type of nuclear receptor that is activated by binding to either testosterone or dihydrotestosterone in the cytoplasm and translocate into the nucleus where it binds to DNA , provided androgen response elements and coactivators and coactivator are present this combination functions as transcription to mediate the effects of androgen including development and maintenance of male sexual phenotype and generalized anabolic effects over 400 androgen receptors mutation have been reported the failure of virilization is either :-

1) complete androgen insensitivity syndrome [CAIS] the patient is an apparent female, with well developed breasts and a normal vulva who presents with primary amenorrhea. The tubes and uterus are absent but urogenital tract component of vagina is invariably present. Gonads are always testes and are found intra-abdominally or in hernia sacs. Plasma level of testosterone and other androgens are high due to increased LH
2) partial androgen insensitivity syndrome [PAIS] or Reifenstein syndrome. The patient has reduced binding affinity of testosterone to receptors or maybe defect in transcription. The endocrine profile is similar to complete form, some men may have enlarged phallus and blind vaginal pouch of birth. There may be cryptorchidism and gynecomastia, the testes are azoospermia.

3) In this form is 5- alpha reductase deficiency. Is a failure of conversion of testosterone to dihydrotestosterone at the target tissue. The presentation is as described for [PAIS].

There is a clinically recognizable syndrome found in patients who are essentially normal-appearing women, but who have undescended testes in place of ovaries. The most significant features are:-

- 1) Female habitus, breast development, and other secondary sex characteristics.
- 2) Scanty or absent axillary or pubic hair in most cases.
- 3) Female external genitals, with a tendency to underdevelopment of labia, and a blind-ending vagina.
- 4) Absence of internal genitals except for rudimentary anlage and for gonads which may be located intra-abdominally or along the course of the inguinal canal.

- 5) Gonads histologically consistent with undescended testes.
- 6) Urinary excretion studies have suggested such testes produce estrogen and androgen. Elevated gonadotropins have also found.

Conclusion:

Testicular feminization syndrome represents well-defined form of pseudohermaphroditism. The patient should undergo orchiectomy because of the aggregate risk for malignant transformation androgen levels fall and management of [PAIS] depends on degree of ambiguity of genitalia. Some respond to high of TH orchiectomy and hormone replacement therapy for those assigned the female sex.

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