

Retaj Alobaidy, Sara Abdelrahaman, Ali Altajouri

1st Year Students Academic Year 2017-2018

Food-Drug Interaction occurs when food and medicine interfere with each another. They could reduce or increase the effect of each others

Leafy vegetables interferes with Warfarin; decrease the ability of blood thinners drugs to prevent clotting.



Milk & yogurt interfere with Tetracycline, Ciprofloxacin by making an insoluble complex.



Banana interferes with ACEIs; banana decreases potassium in the body that causes irregular heart beat and palpitation.



Salt interferes with Digoxin, Captopril. Effectiveness of Digoxin and Captopril decreases and may result in heart failure



Green tea interferes with iron sulfate and iron gluconate. Tea decreases the absorption of iron.



Grape fruits interfere with Nefidipine, Simvastatin by metabolizing drugs abnormally, resulting in change in blood levels.

