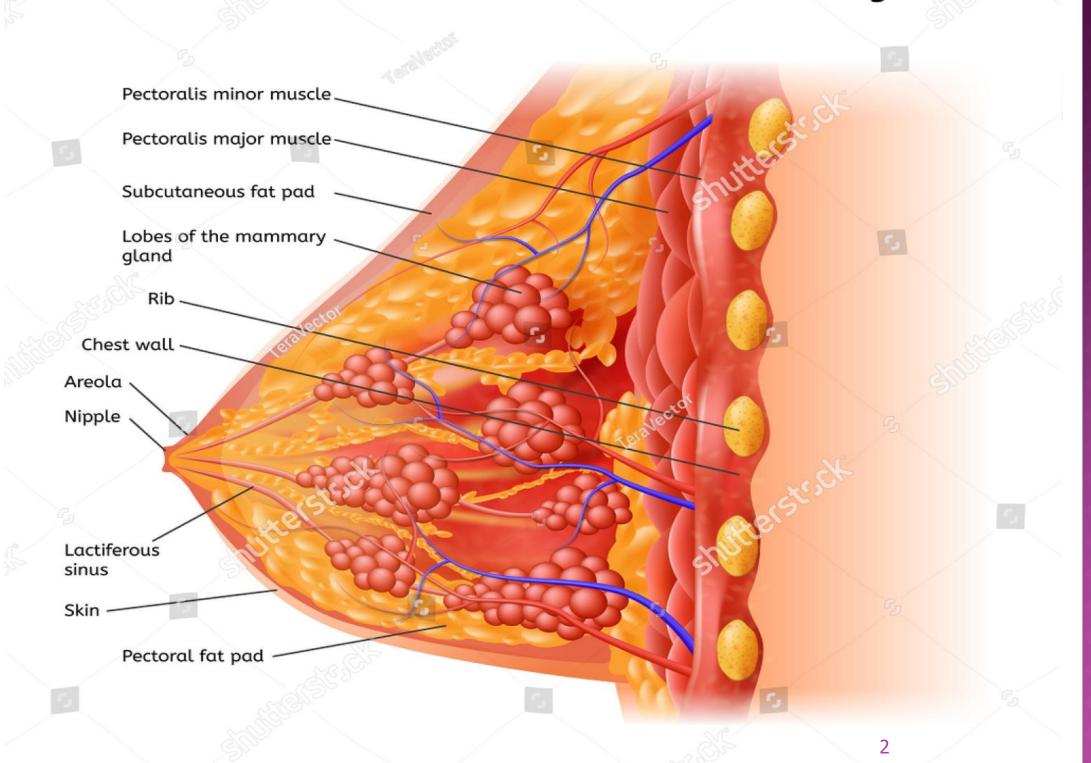
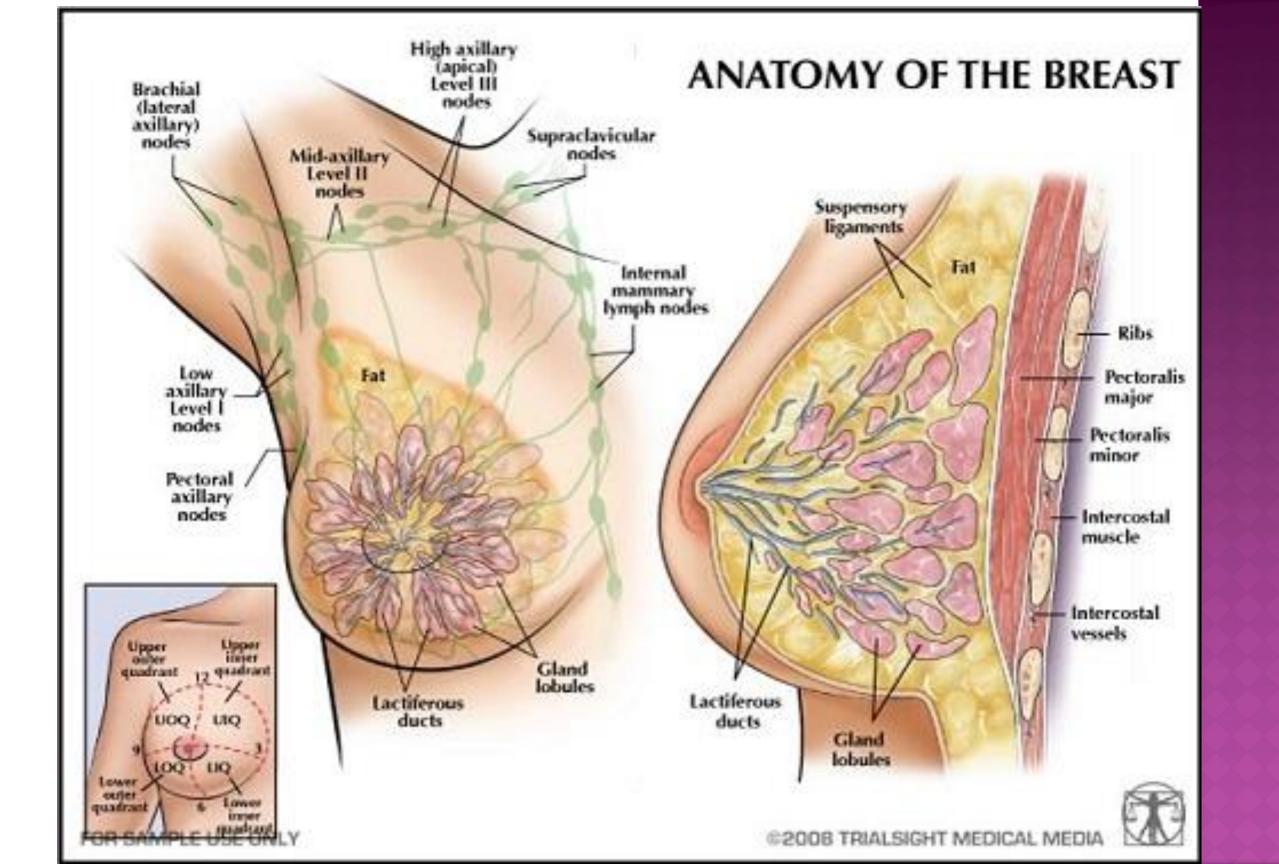
BREAST IMAGING

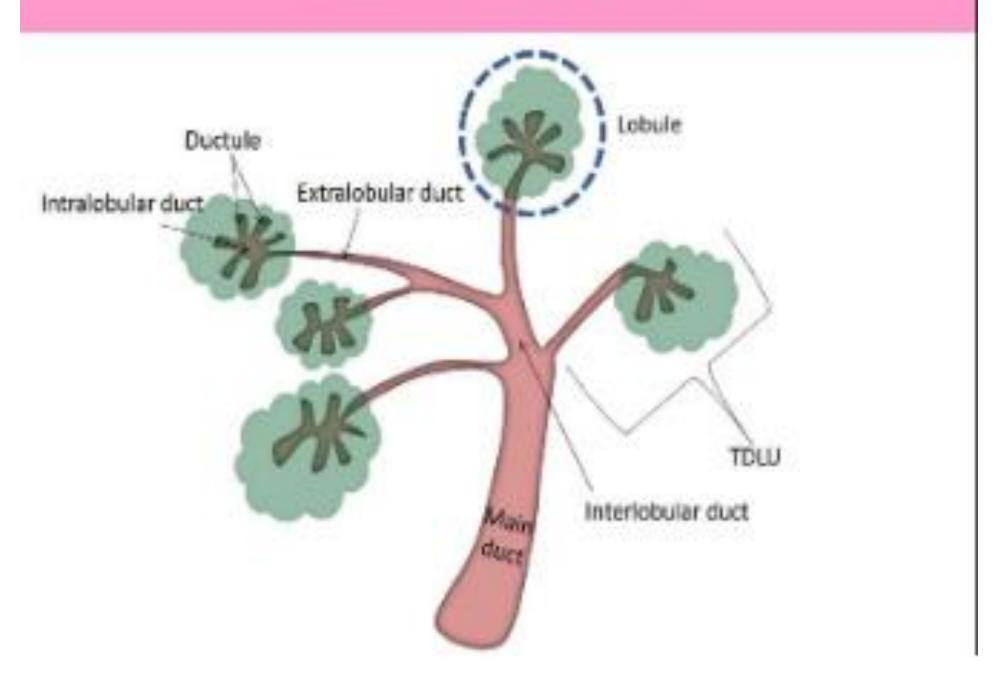
Dr. FAIZA M. KUTRANI

Female breasts anatomy



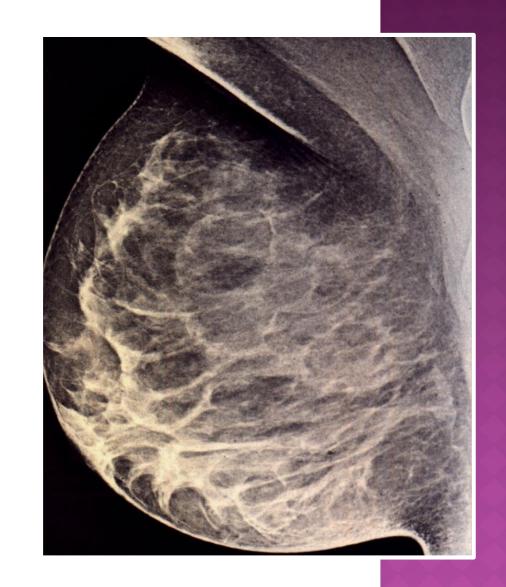


Ductal Anatomy

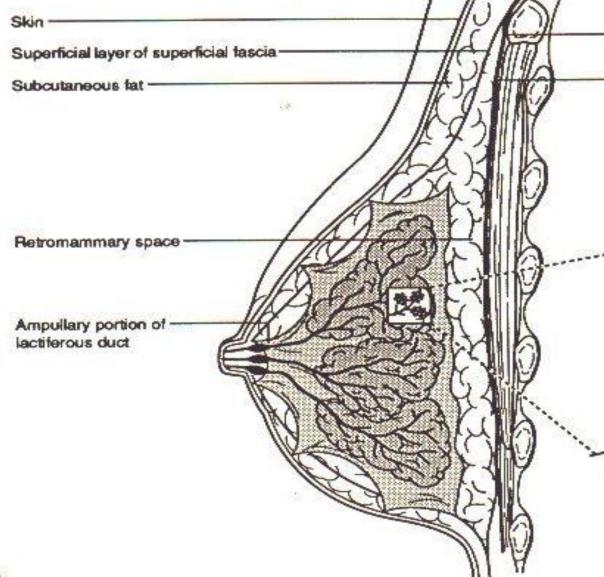


SKIN

- The skin is 0.5-2mm thick.
- Superficial fascia lies Just beneath the skin, where it divides at the level of the breast into superficial &deep layers. The breast develops between the split layer of fascia and is enveloped by it



- The deep layers of this split fascia forms the retromammary fascia; and this lies immediately on the fascia that overlies the.pectoralis.major.musc le (prepectoral fascia)
- providing a surface that permit some movement of breast on the chest wall.
- BVs.+lymphatics penetrate the fascial layers, coursing between the muscle& the breast



Subcutaneous fat lies immediately beneath the skin. This layer varies with individuals. In some females it is clearly separate from the parenchymal cone of the breast. In others it cannot be distinguished from fat between the glandular structures.

AREOLA

• The pigmented tissues of the areola contain numerous sweat and sebaceous glands. The skin of the areola is thicker than the rest of the breast skin; tapering down towards the limbus of the areola. The small raised nodular structures that are distributed over the areola are Morgagni's tubercles and define the openings of Montgomery's (sebaceous) glands.

NIPPLE

There are between 8-20 major ducts that open on the nipple.

The width of each duct is 0.5-2mm

The ducts and its tributaries defines a lobe of the Breast. Beneath the nipple openings; the major ducts dilate into their ampullary portions (lactiferous sinuses).

THENORMALBREAST

- Menstrual Variation, Lactation and Aging
- Imaging of the breast is further complicated by physiologic changes that occur in relationship to the patient's age and stage in the menstrual cycle.
- The breast in young women is extremely dense and consists mostly of glandular tissue. In lactation, the glandular tissue is more dense.
- In later part of menstrual cycle, the glandular tissue increases in density and size:
- As a woman ages, the glandular tissue is slowly replaced by fat

Breast Composition

- Almost entirely fat
- Scattered fibroglandular densities
- Heterogeneously dense, which could obscure detection of small masses.
- Extremely dense .This may lower the sensitivity of mammography.

VARIABLE PATTERNS OF NORMAL BREAST PARENCHYMA

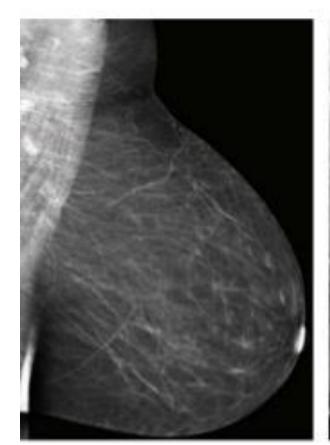
Normal mammographic appearances vary widely, with a variable proportion of low density adipose tissue and higher density fibroglandular parenchyma and stroma



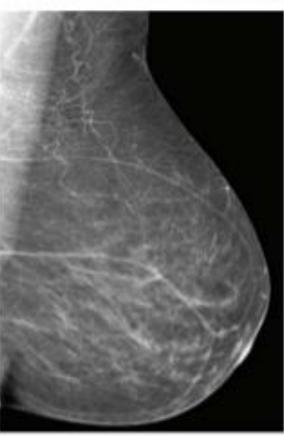
OLDER

YOUNGER

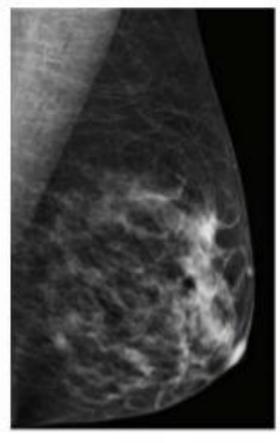
FIBROGLANDULAR DENSITY

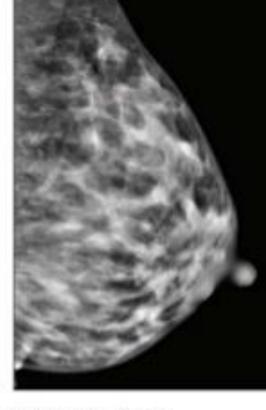


Almost entirely fat (≤25% fibroglandular)



Scattered fibroglandular densities (25%–50% fibroglandular)





Heterogeneous fibroglandularExtremely dense densities (>75% fibroglandular) (51%–75% fibroglandular)

In BI-RADS 2013 the use of percentages is discouraged, because in individual cases it is more important to take into account the chance that a mass can be obscured by fibroglandular tissue than the percentage of breast density as an indicator for breast cancer risk.

BREAST IMAGING

- Mammography :
- Mammography is a low dose x-ray examination of the breast obtained using a dedicated x-ray unit designed to maximize the contrast between the various soft tissues of the breast. Screening and Diagnostic.
- US & colour Doppler .
- Galactography .
- MRI (dynamic contrast enhanced).
- CT.
- Scintigraphy .

Screening mammography

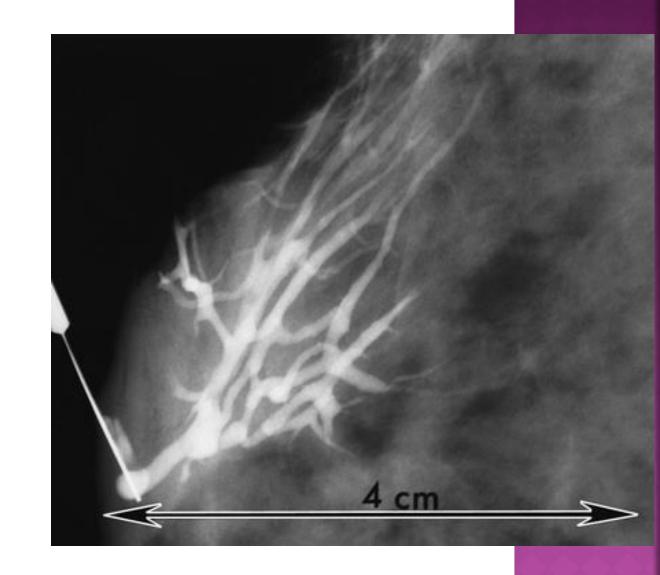
- Mammography is the mainstay of breast imaging in women aged over 50 years and is the only method of population based screening that has been shown to result in a mortality reduction.
- Study performed in asymptomatic women to detect breast cancer at an earlier stage to disease
- ACR SCREENING GUIDELINES
- Baseline Mammogram by age 40
- •Mammogram every year beginning at age 40
- Clinical Breast exam every year beginning at age 40 decrease breast cancer mortality

DIAGNOSTIC MAMMOGRAPHY

- Study performed in women with signs or symptoms of breast.
- •It helps evaluate the clinical area of concern AND the remaining breast tissue for occult Breast cancer.

GALACTOGRAPHY

- •Involves the retrograde injection of water soluble contrast in conjunction with mammography to evaluate nipple discharge.
- •It cannot differentiate benign from malignant intra-ductal tumors



Breast MRI

- MRI is highly sensitive in detecting breast cancer, but high cost and low specificity have continued to limit the use of MRI as a screening tool. Another problem is that MRI cannot identify malignant calcifications
- Potential roles for contrast-enhanced MRI of the breast:
- determining the size and extent of known invasive cancers.
- identifying multi-centric lesions.
- evaluating the ipsilateral breast of a woman who comes initially to attention with axillary metastases.
- identifying a recurrent carcinoma in a conservatively treated breast. .

RADIONUCLIDE IMAGING

- Breast scanning after the injection of radionuclidelabeled substances which concentrate in areas of high metabolic activity, including some tumors:
- 99mTc methoxy isobutyl isonitrile (MIBI) breast scintigraphy ("scintimammography")
- positron emission tomography (PET) after the injection of fluorine-18 2-deoxy-2-fluoro-D-glucose (FDG).
- > 99mTc sulfur colloid have shown early promise in clinical practice for the identification of the so-called "sentinel nodes" in the axillae prior to surgery.

BREAST ULTRASONOGRAPHY

- is the first line investigation in symptomatic women:
- under 40 years, in whom the breast tissues are generally dense.
- in whom it is desirable to avoid irradiation of the breast tissue.
- It is also extremely useful in characterizing mammographic findings in older women since these are often indeterminate, complementary with mammography.
- It should not be used for screening for any age group, but when properly employed it can increase the overall diagnostic accuracy of breast imaging.
- The important role of ultrasound is the differentiation of a cyst from a solid mass. In this role, its accuracy is in the range of 96% to 100%

- US should be performed with 7.5-10 MHZ real time system.
- US has been recommended as the primary imaging technique for women < 30yrs. with breast problems, this is because:
- 1. Lower prevalence of breast Ca
- The breast, will be dense and poorly identified by mammography.
- 3. Susceptibility to radiation induced malignancy.

- Availability :
- Widely available technology .
- Mobile equipment .
- Cost effective technique.
- No film developing
- No radiation exposure

AUTOMATID BREAST ULATRASOUND

 (ABUS) is a newer approach to finding up to 30 percent more cancers in women who have dense breast tissue (more fibrous or glandular than fatty)



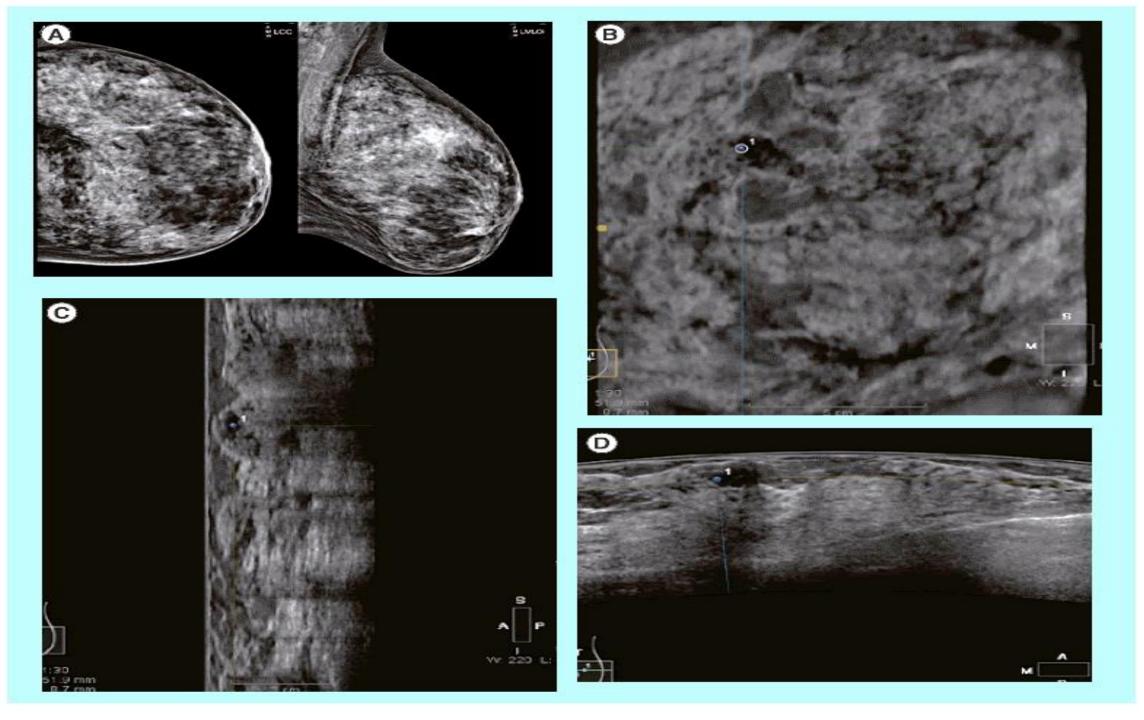
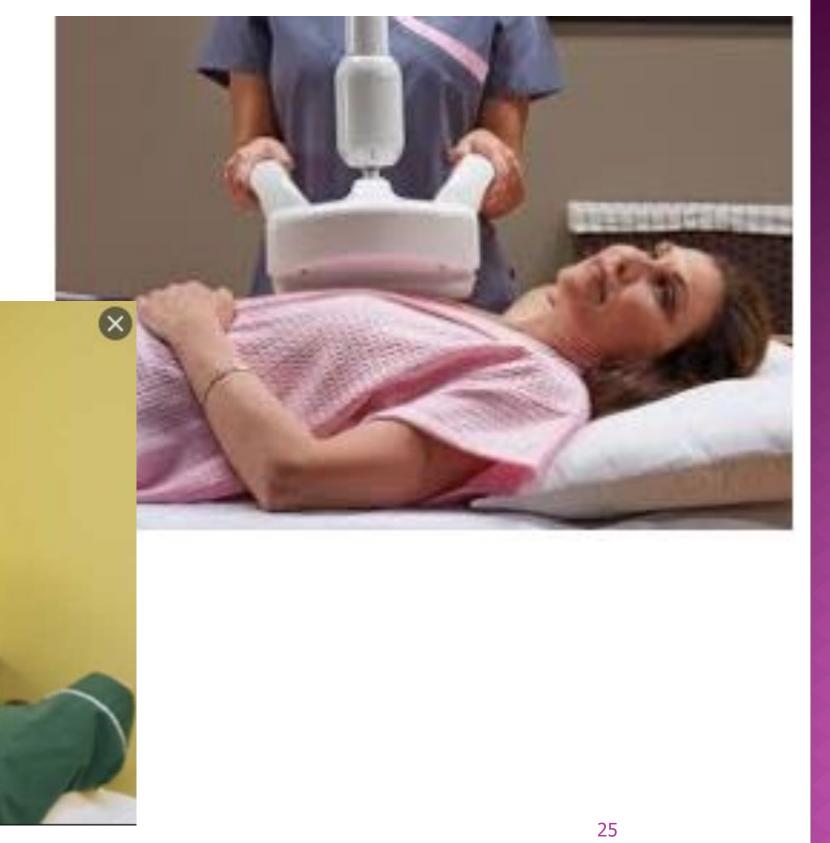
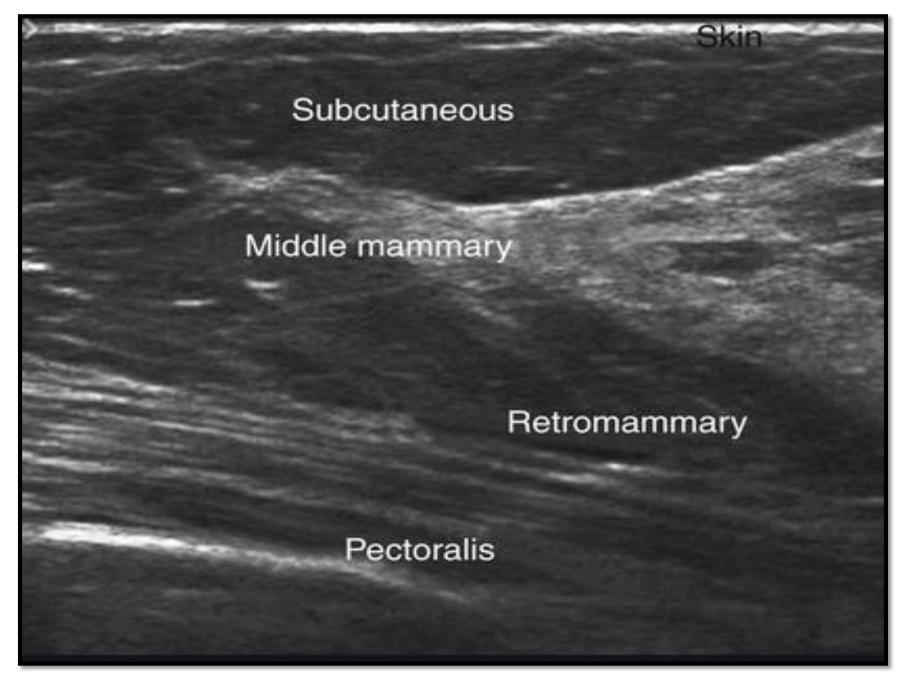


Figure 2. Cancer detected by Automated Breast Ultrasound System only. (A) 60-year-old female with stable screening mammogram, left cranio—caudal and mediolateral—oblique views, Breast Imaging—Reporting and Data System density 4. Cancer in the same patient, seen on automated breast ultrasound only, appears as a hypoechoic mass in (B) coronal, (C) sagital and (D) transverse views in the left breast at the 2 o'clock position. Pathology revealed invasive mammary carcinoma.



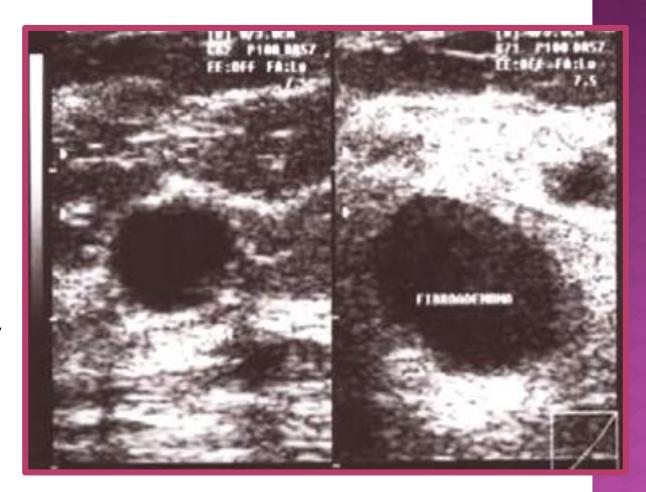
NORMAL BREAST US



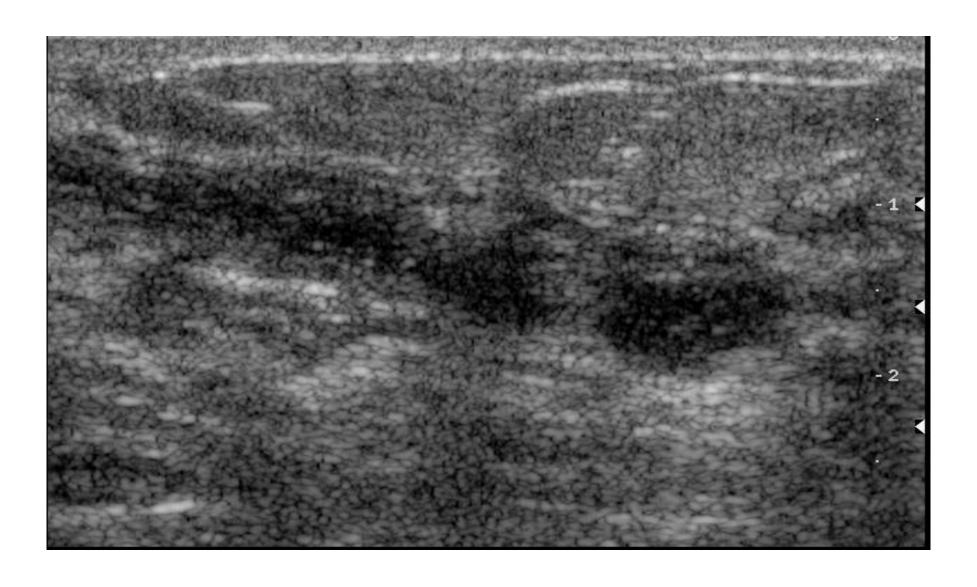
- Good sound penetration in dense glandular tissue:
- > young women (up to 30 years).
- Benign breast diseases .
- Post menopausal women on hormone replacement therapy .



- Differentiation of cystic and solid masses .
- Good soft tissue discrimination .
- Detect multifocal lesions
- Precise measurement of tumor extent .

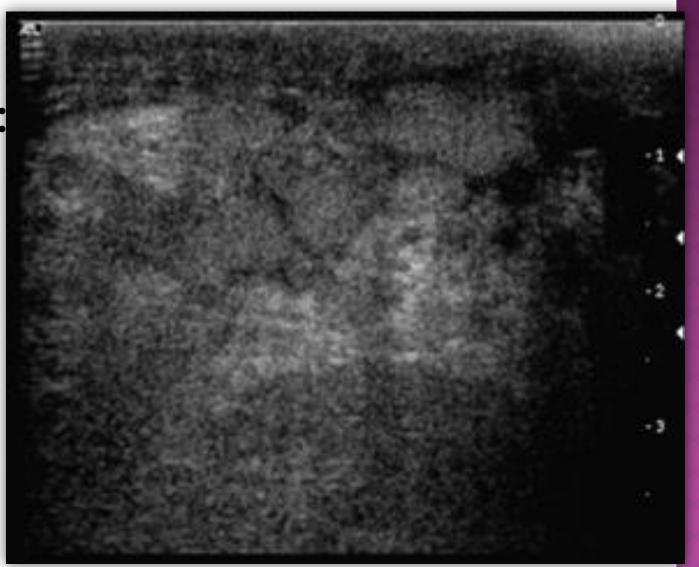


Inflammatory breast lesions

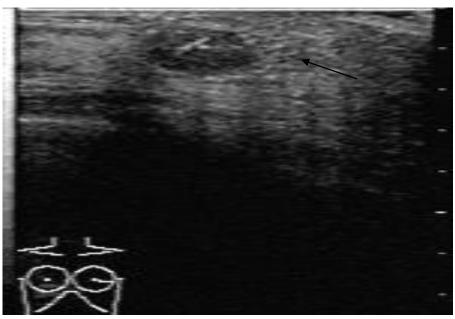


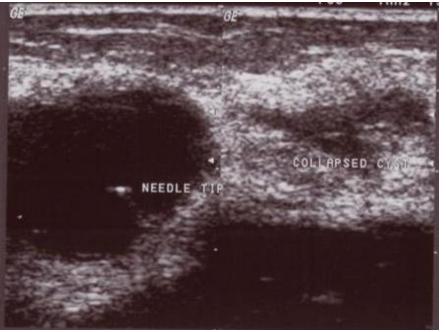
Dynamic examination:

- > Compressibility .
- Moving internal contents.



- Accurate guidance of interventional procedures .
- * Needle localization.
- * Tissue sampling:
- > FNAC.
- Core biopsy .





INDICATIONS

- Differentiation of cysts from solid masses
- Evaluation of a palpable mass not visible in radiographically opaque breast
- Evaluation of palpable mass in young patient
- Evaluation of an inflamed breast for the presence of an abscess
- Evaluation of a mass that cannot be completely evaluated by mammography because of its deep location.
- Guidance for interventional procedures
- For duplex color flow

- Operated dependent .
- Equipment dependent :quality , transducer used ,settings .
- Large fatty breast .
- Microcalcification .
- Screening .

BI-RADS(BREAST IMAGING REPORTING AND DATA SYSTEM) CATEGORIES

- BI-RAD 1 Negative (N): No comments, breasts are normal
- BI-RAD 2 Benign Finding
- BI-RAD 3 Probably Benign Finding A finding is on an image and it is most certainly benign, but needs to be observed for changes
- BI-RAD 4 Suspicious Abnormality (S): Possibility of lesion in breast being malignant
- BI-RAD 5 Highly Suggestive of Malignancy (M): High probability of cancer, actions should be taken.
- BI_RAD 6 Proven maliganant.

MAMMOGRAPHY

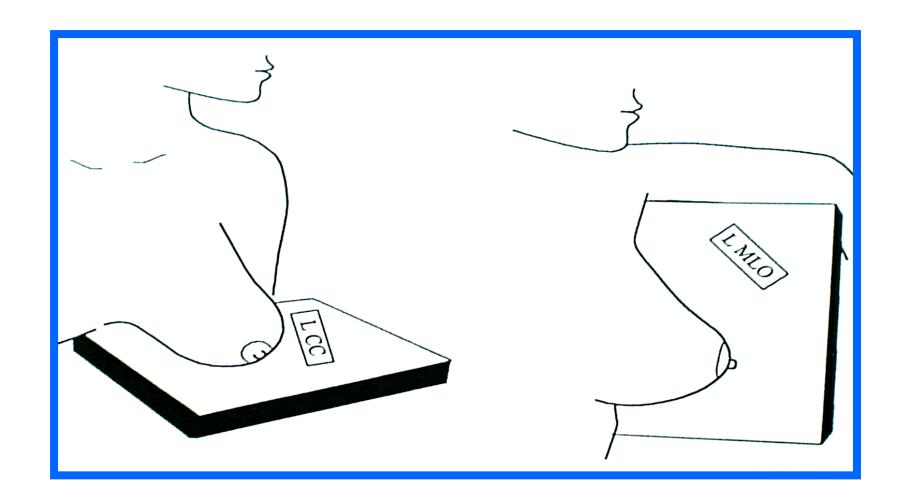
• How do we perform mammography?

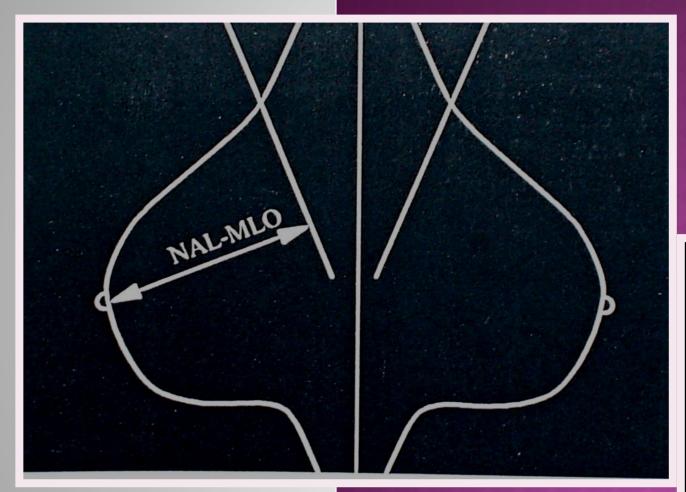


Mammogram Standard Views

CRANIOCAUDAL (CC).

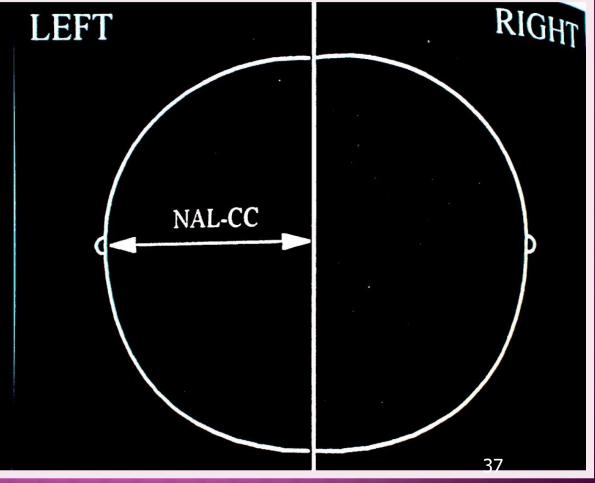
MEDIOLATERAL OBLIQUE(MLO)

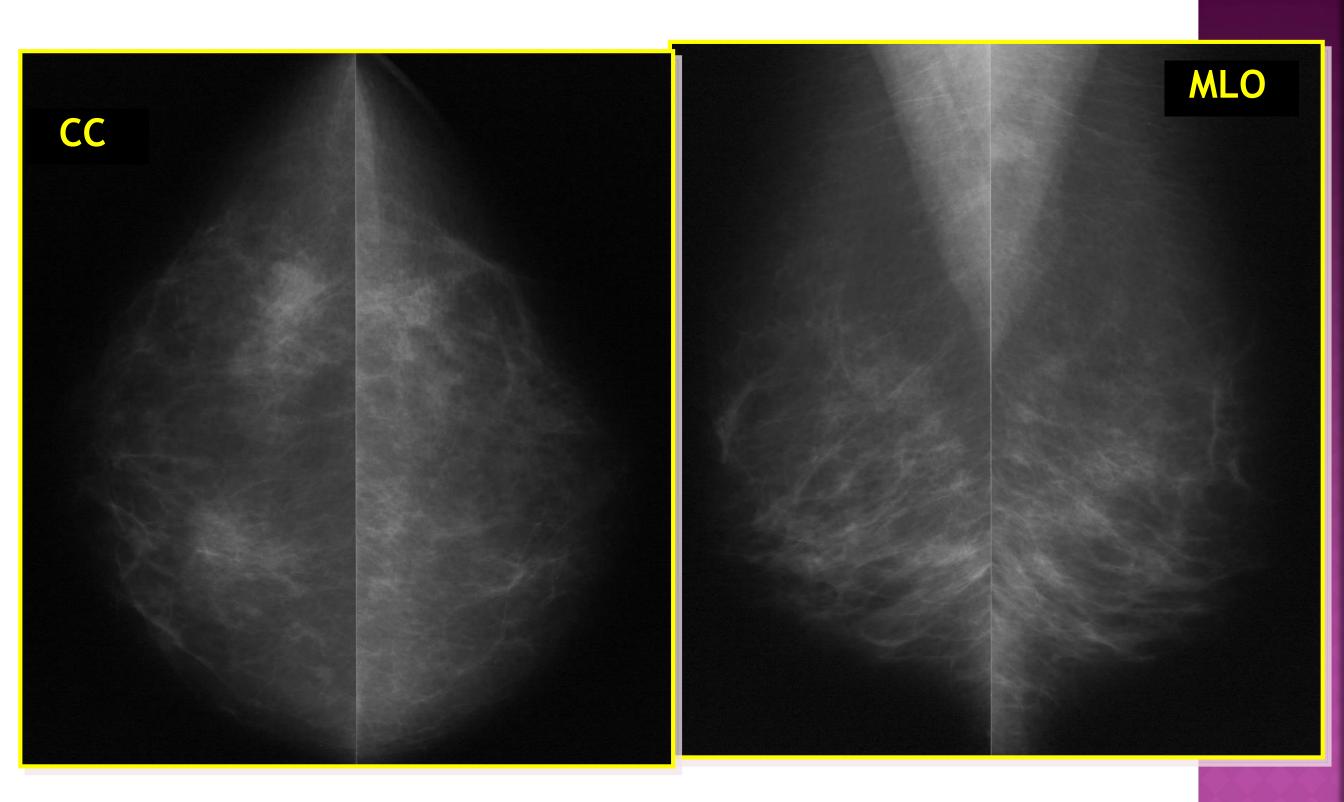




COMPARE SIMILAR AREAS

MIRROR IMAGE

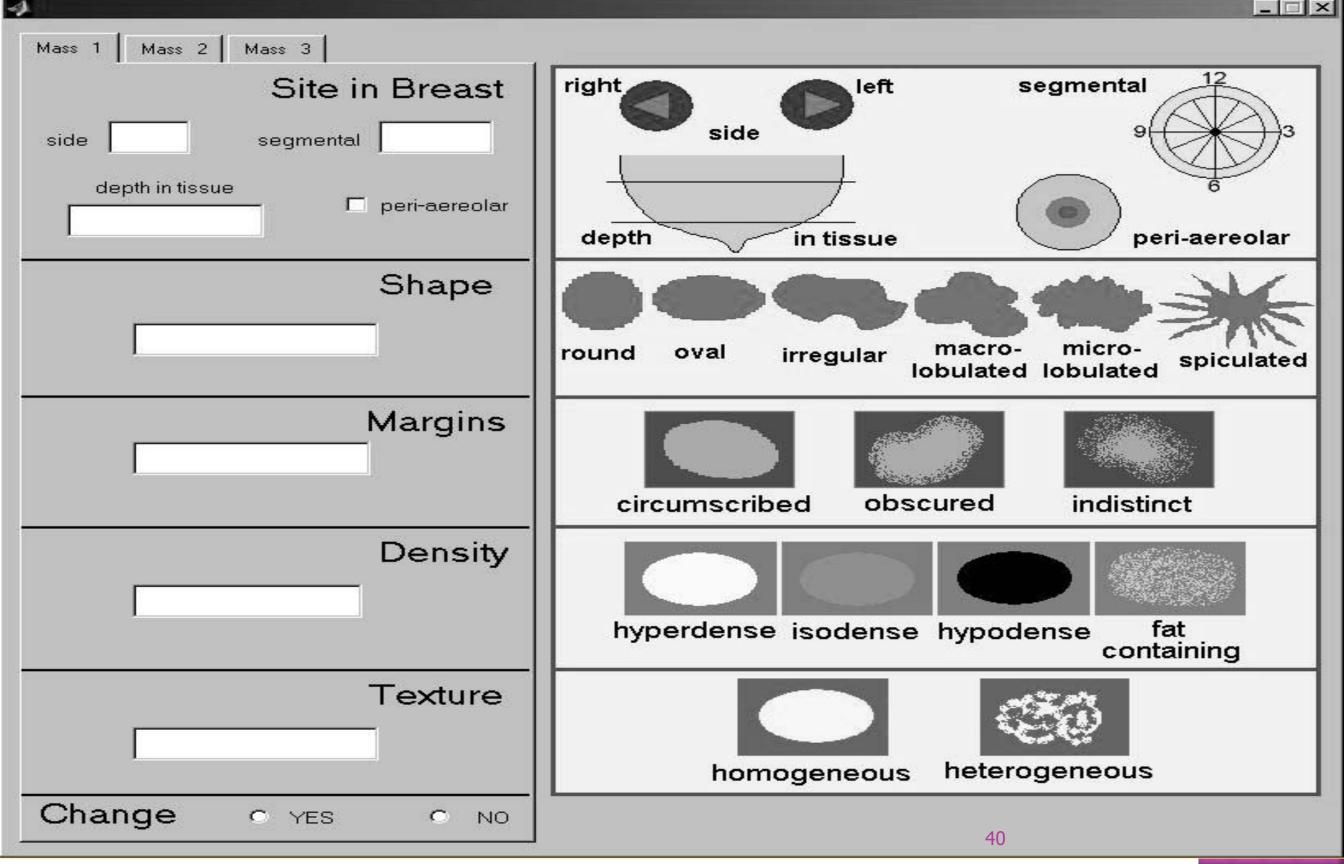




SENSITIVITY OF MAMMOGRAPHY

85% - 90% in fatty replaced breasts

65% in dense breasts



WHAT ARE WE LOOKING FOR???

THE RADIOLOGIST SHOULD SEARCH THE IMAGES FOR

MASSES

AREAS OF ASSYMETRY



CALCIFICATIONS

CHANGES FROM PREVIOUS EXAMINATIONS

BI-RADS DEFINITION OF "MASS"

- Space-occupying lesion
- See in two projections
- Convex outward borders
- "ASYMMETRY" if only in one projection (new)

MASSES

LOCATION

SIZE

SHAPE

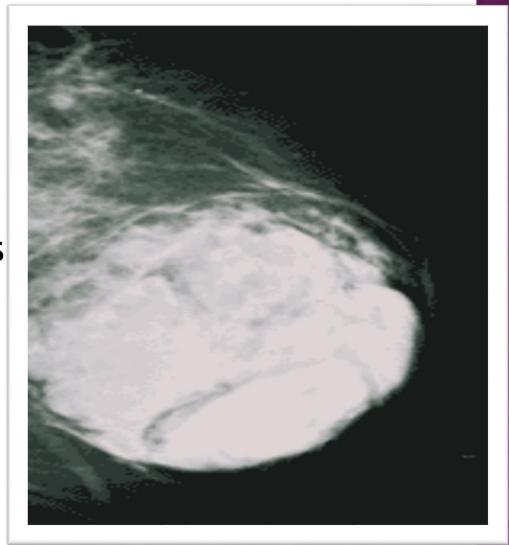
MARGINS

OTHER SIGNS

MAMMOGRAPHIC MASSES

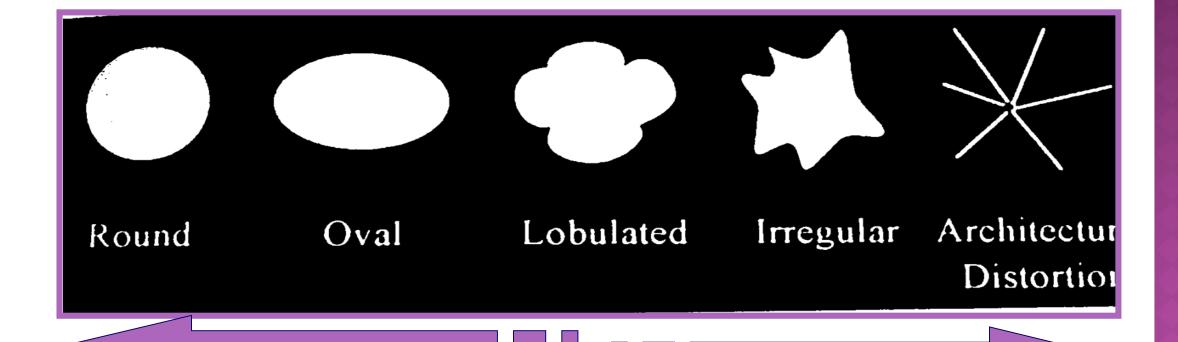
A mass is localized collection of tissue Characteristics:

- Shape: a smooth defined lobule is usually benign, but a ragged edge can be malignant
- Margins: characterization of the edge or transition between a mass and surrounding normal fatty tissue
- Density: degree of X-ray attenuation is defined relative to the expected attenuation of an equal volume of normal glandular breast tissue (the majority of breast cancers have high attenuation)



MASSES

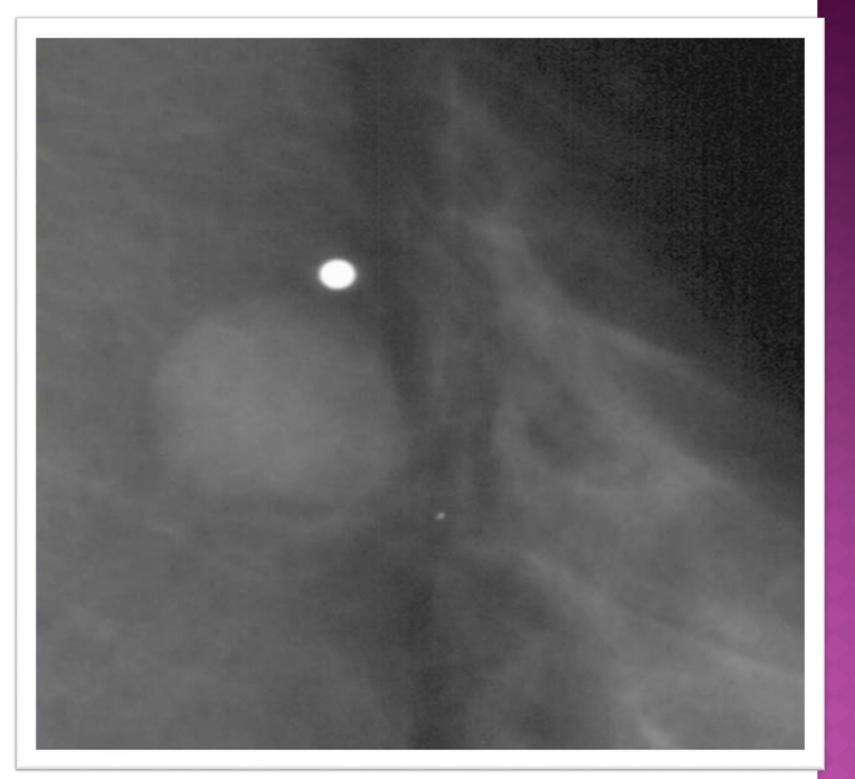
SHAPE



BENIGN

MALIGNANT

- MASS SHAPE
- ROUND
- Spherical
- Circular
- globular

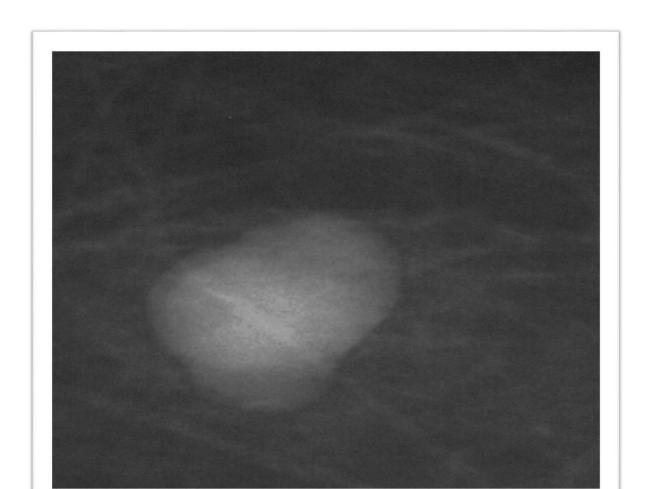


MASS SHAPE

OVAL
ELLIPTICAL
EGG-SHAPED



MASS SHAPE: LOBULAR CONTOURS WITH UNDULATIONS



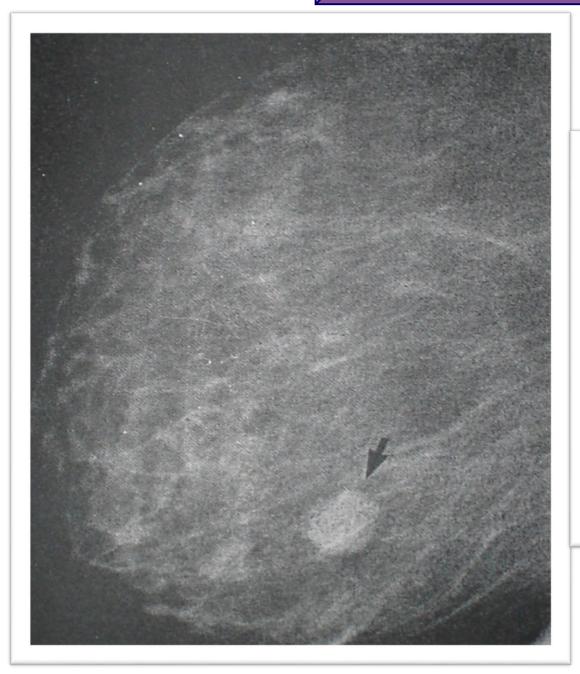


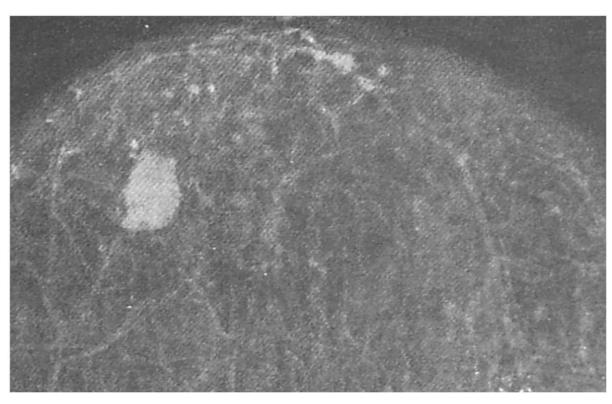
MASS SHAPE..ROUND, OVAL, LOBULAR

- DDx: -Cyst
- Fibroadenoma
- Papilloma
- Sebaceous Cyst
- Other Benign
- Cancer

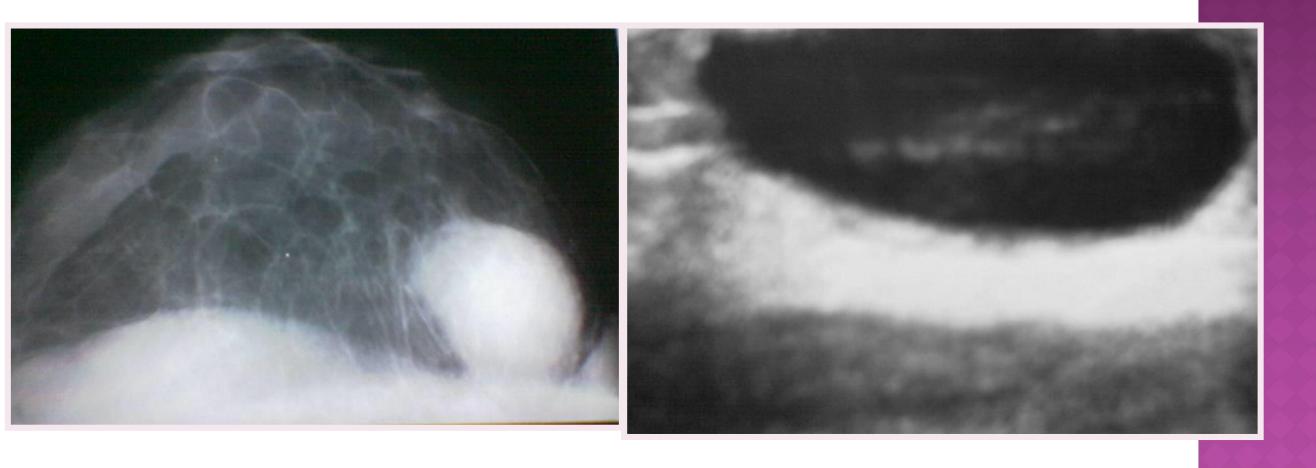


SHAPE



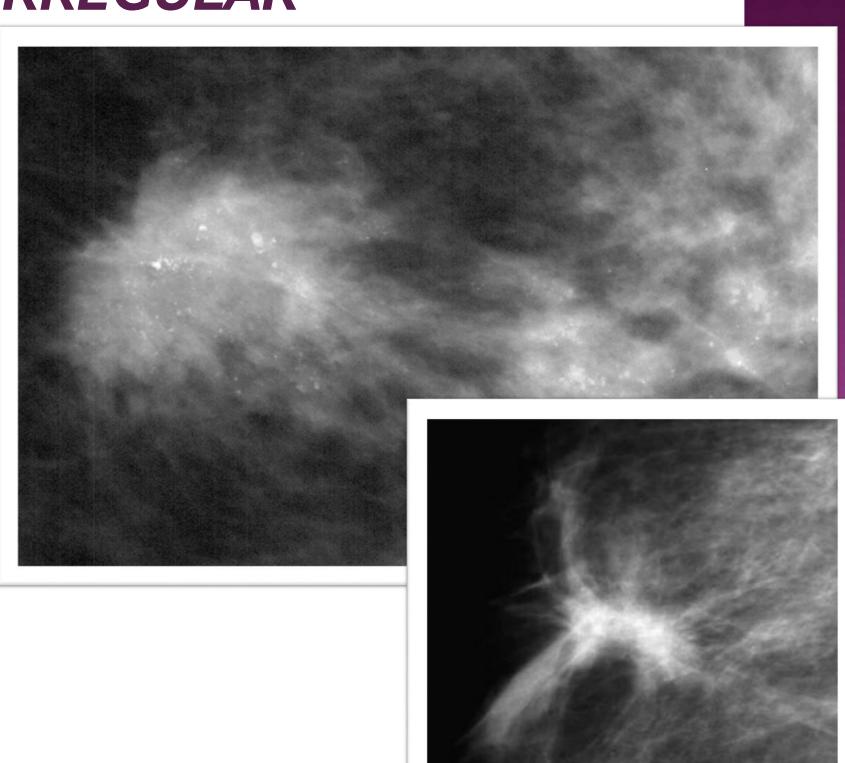


SHAPE



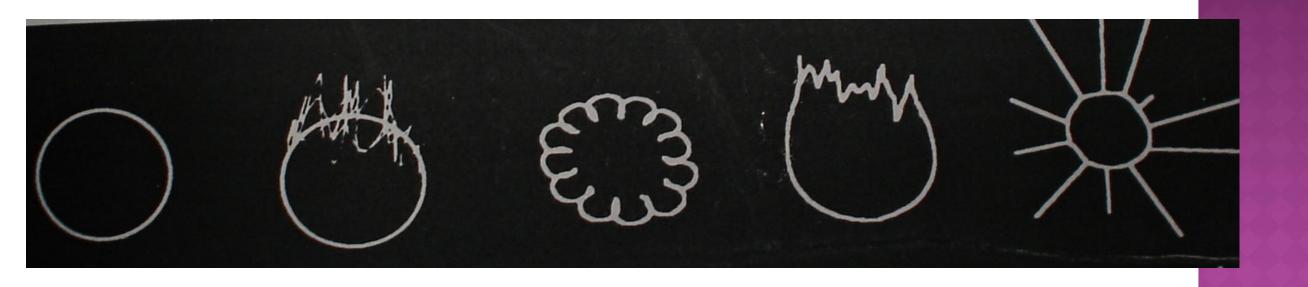
MASS SHAPE -IRREGULAR

- shape cannot be characterized
- DDx:-
- Post operative scar
- Radial scar
- Fat necrosis
- Phyllodes tumor
- Cancer until proven other wise



MASSES

MARGINS

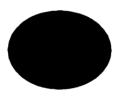


BENIGN

MALIGNANT

Masses:

Circumscribed



Round



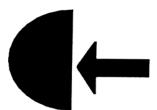
Microlobulated



Oval



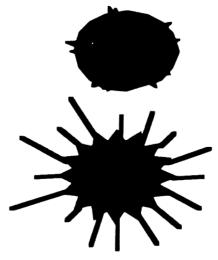
Obscured



Lobulatec



Ill-defined

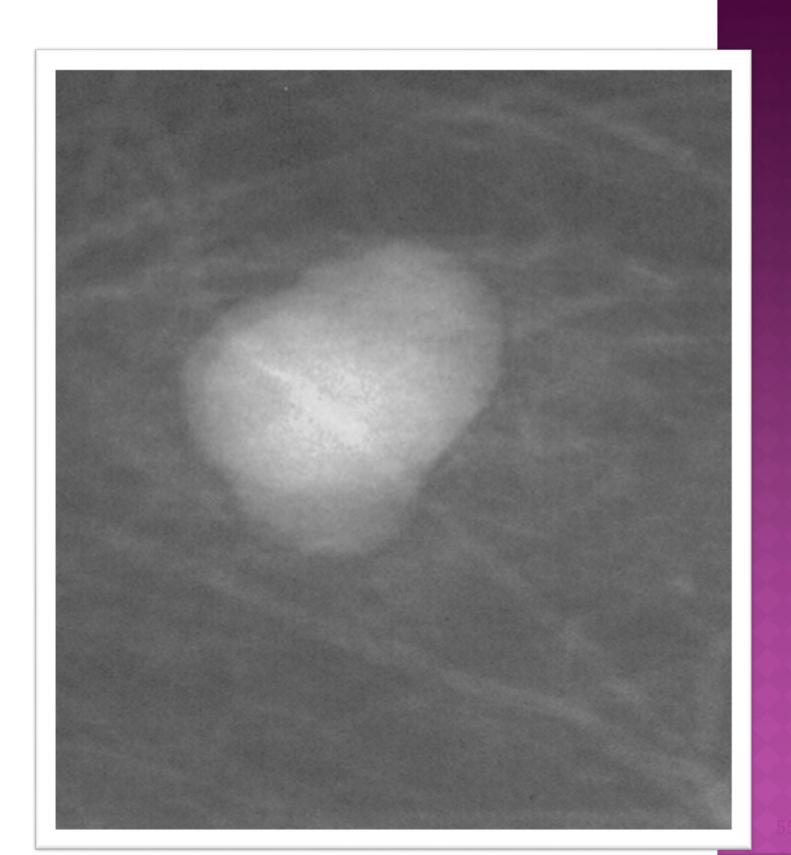


Irregular

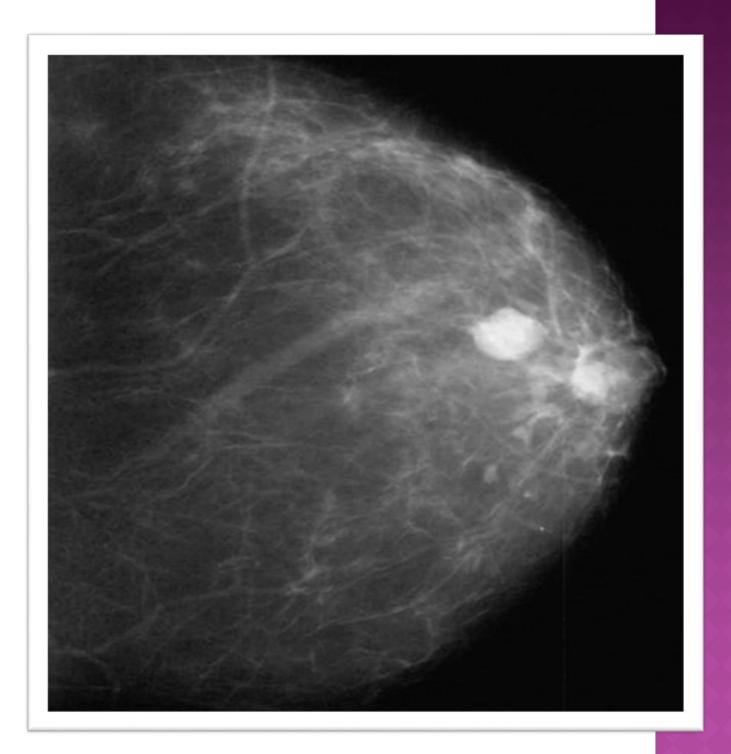


Spiculated

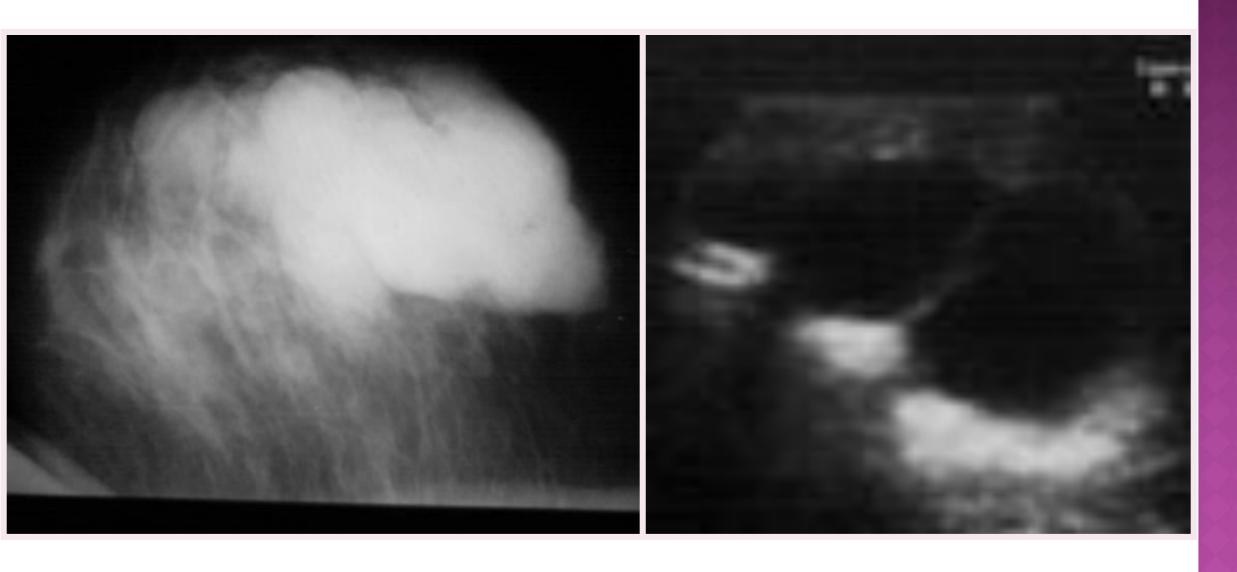
- Mass marginscircumscribed
- abrupt transition between lesion and tissue
- ≥75% sharply demarcated



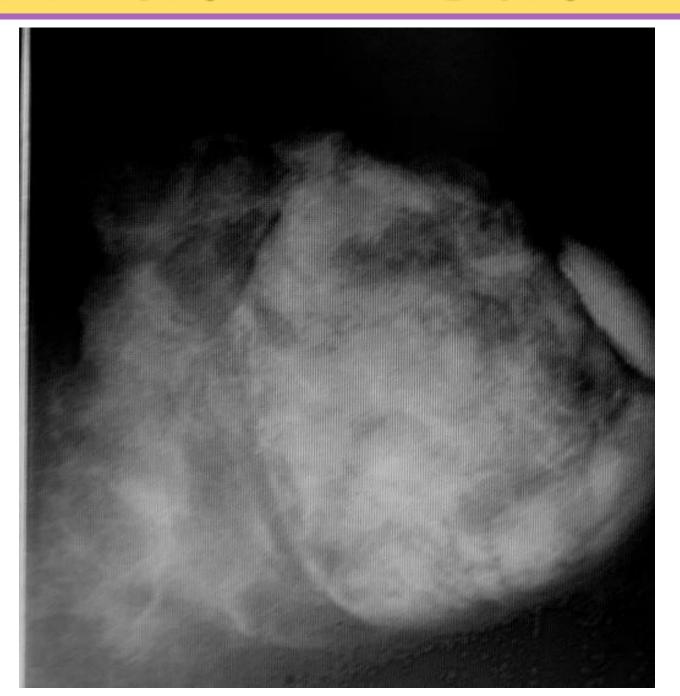
- DDx: "circumscribed cancers"
- Peanut M&Ms
- Papillary Carcinoma
 Medullary carcinoma
 Mucinous carcinoma



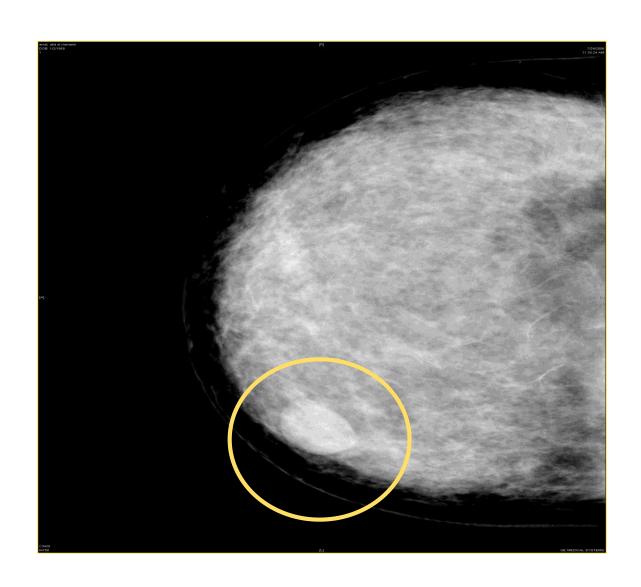
CYSTS

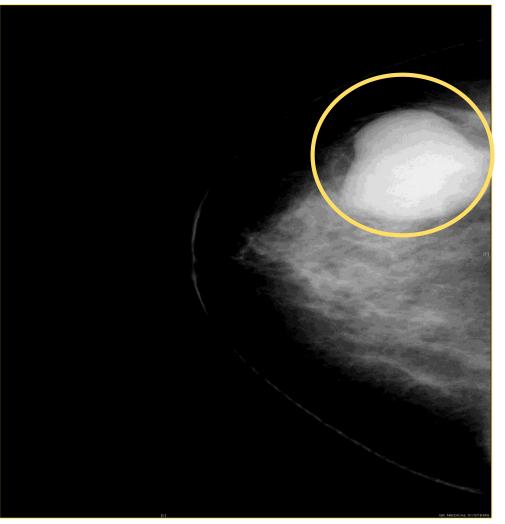


HAMARTOMA

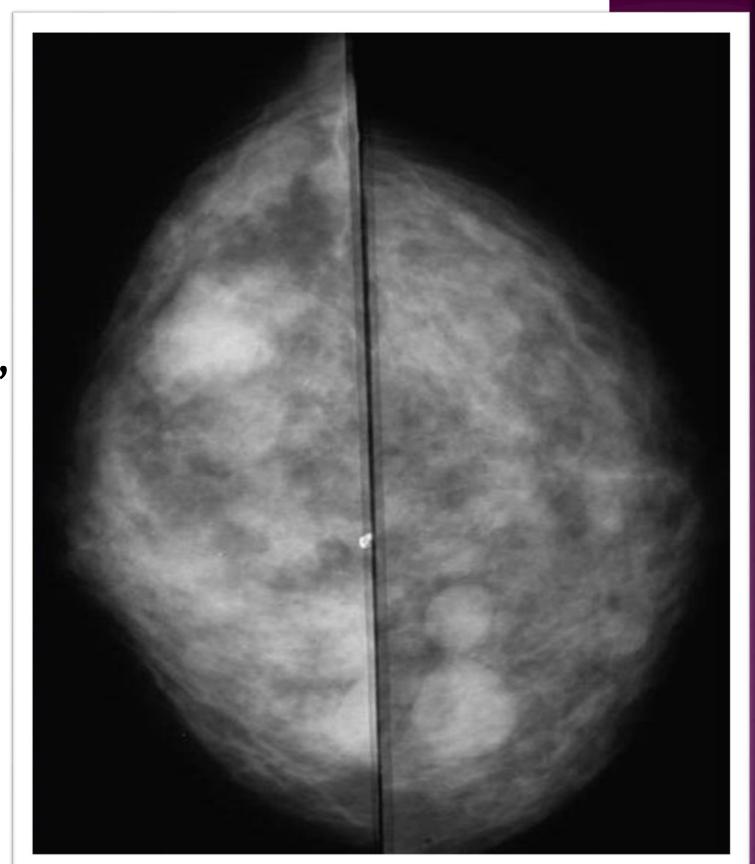


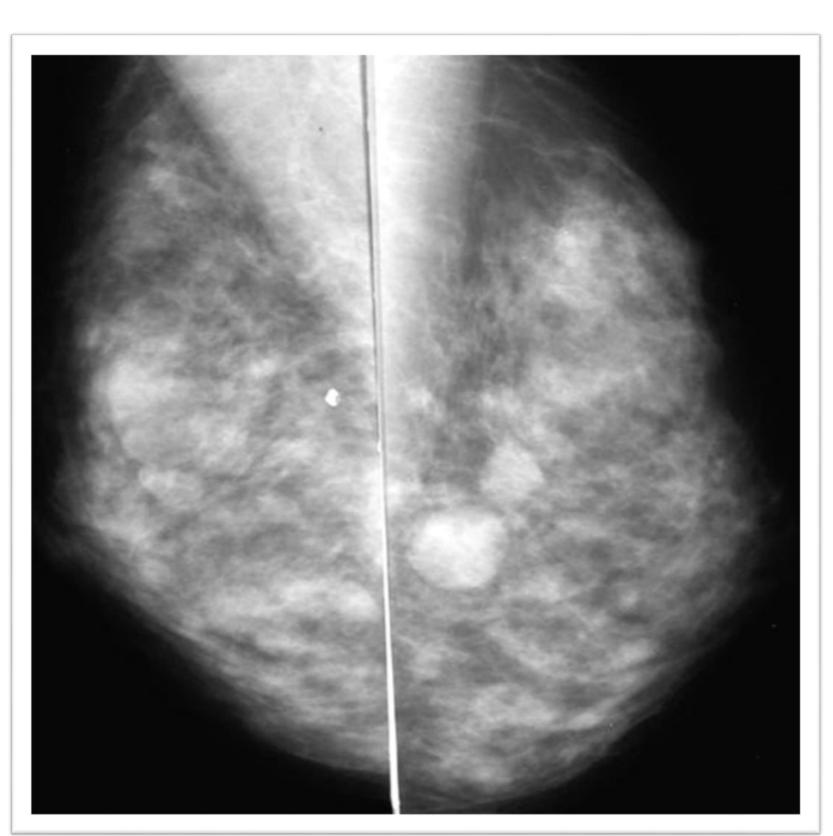
MARGINS





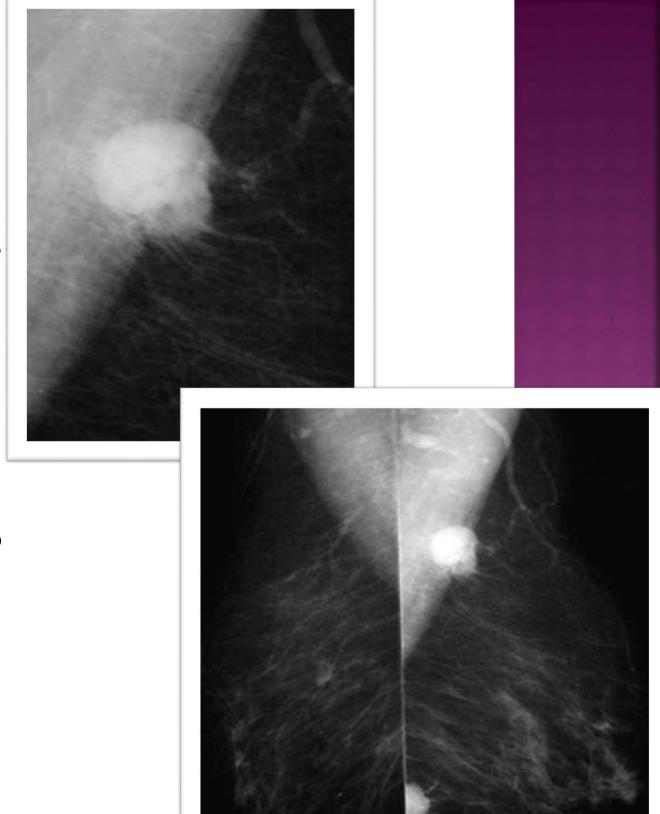
- "multiple bilateral partially circumscribed similar-appearing masses"
- BIRADS 2, benign
- "Recommend routine screening in one year."



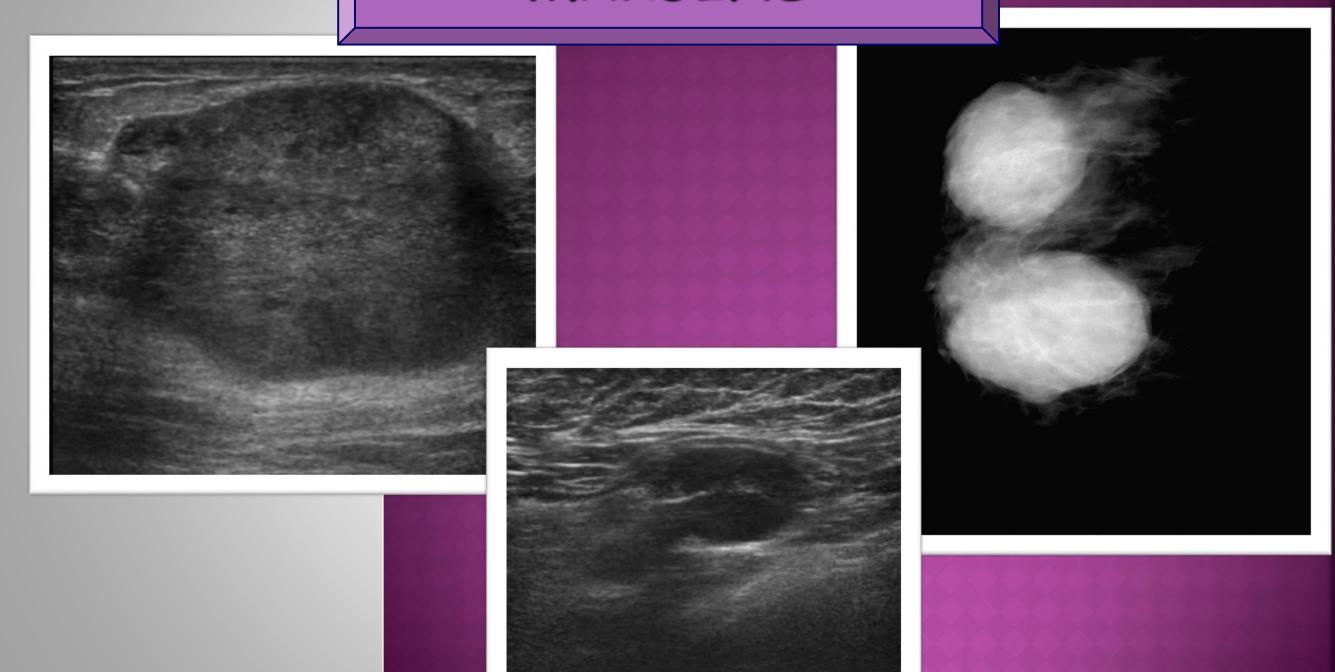


DDx: Cyst vs Fibroadenomas Metastatic Disease to the Breast

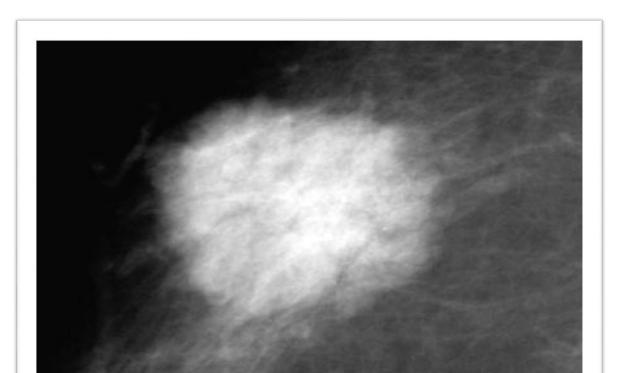
- very uncommon
- Most common met: from contralateral breast
- History of non-breast primary?
- Lymphoma, melanoma, lung, ovarian

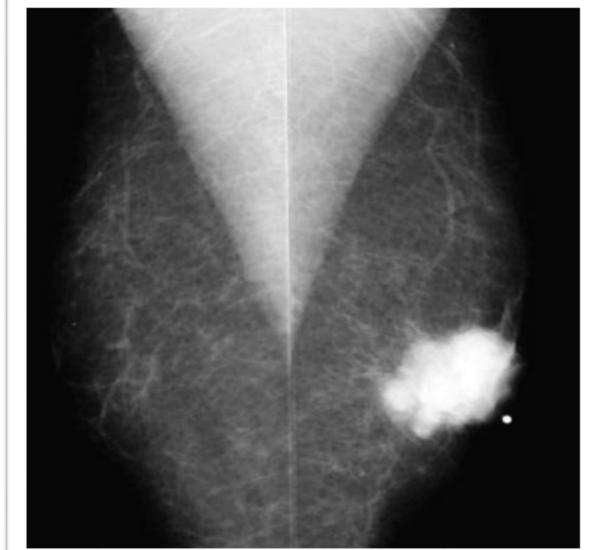


MARGINS



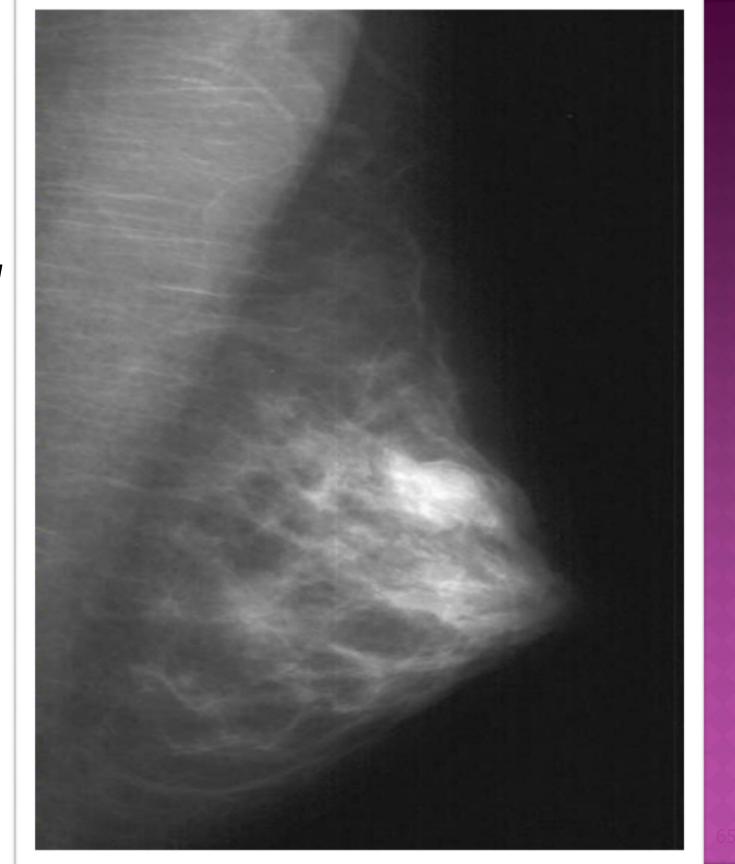
- Mass Margin -Microlobulated
- margins undulate with short cycles (1-2 mm)
- Note: more worrisome, but
 NOT highly suspicious



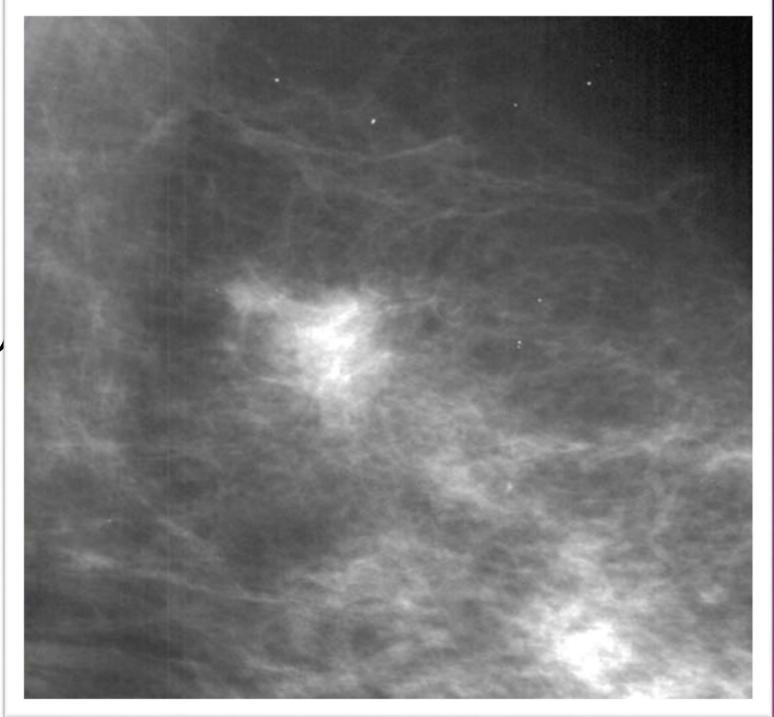


Mass Margin -Obscured

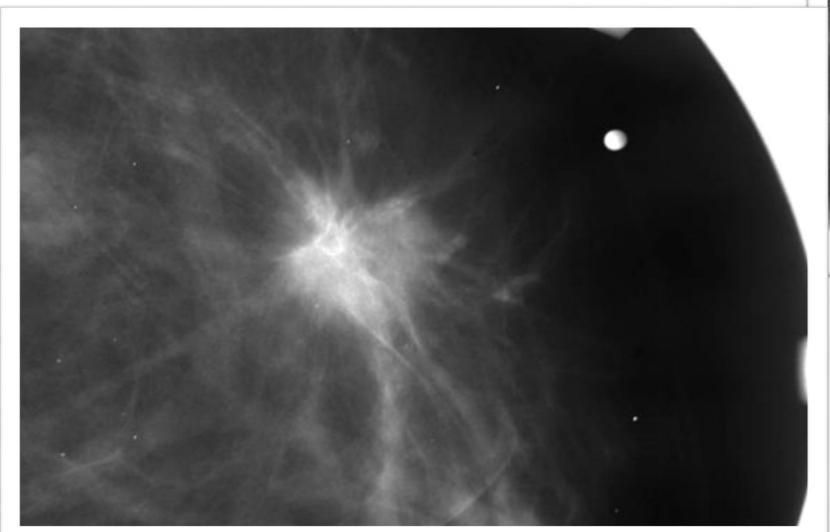
- Margins (suspected to be circumscribed)
- hidden by adjacent or superimposed normal tissue

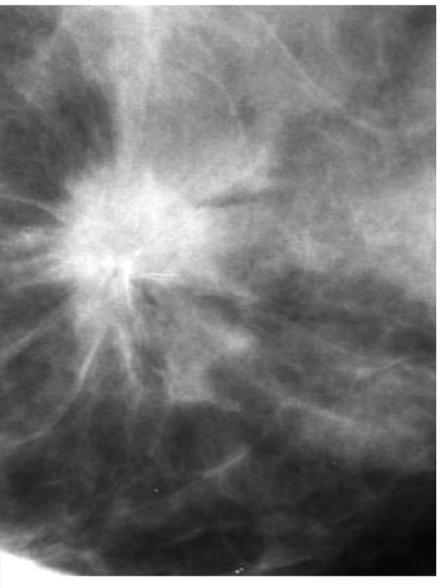


- Mass Margin -Indistinct(ill-defined)
- margins poorly defined (not obscured)
- possible infiltration



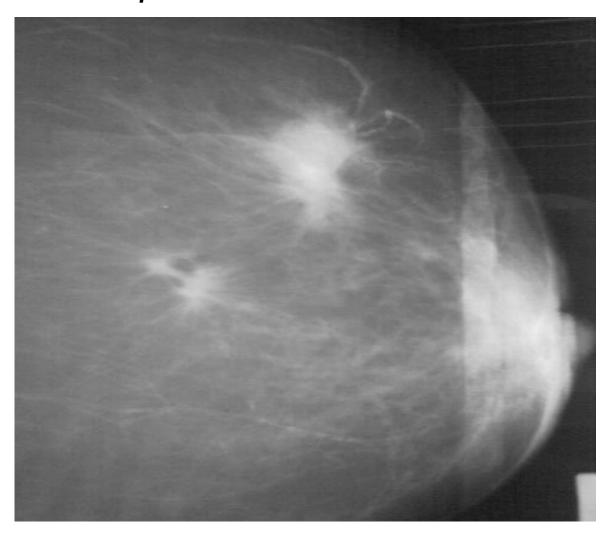
- Mass Margin -Speculated
- lines radiating from margins of a mass

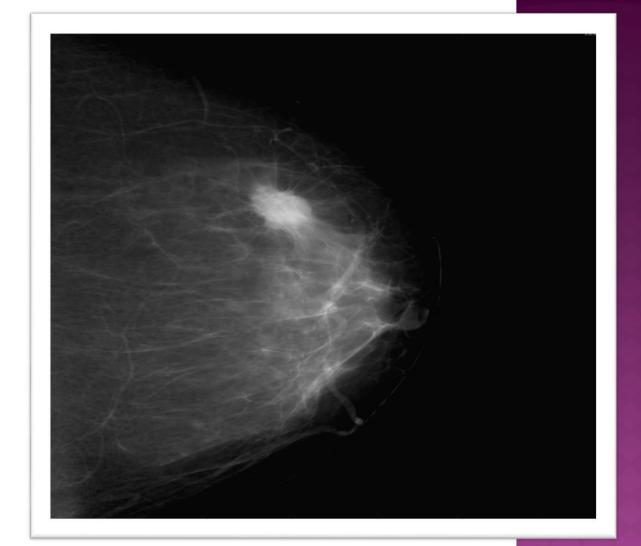




DDX

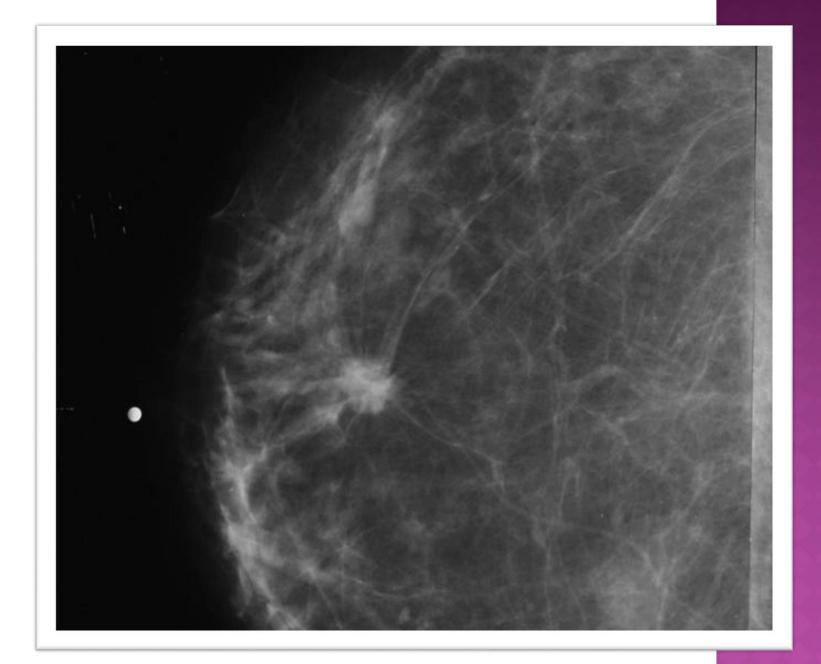
- Breast CA. (tubular)
- Radial scar
- Post-op scar



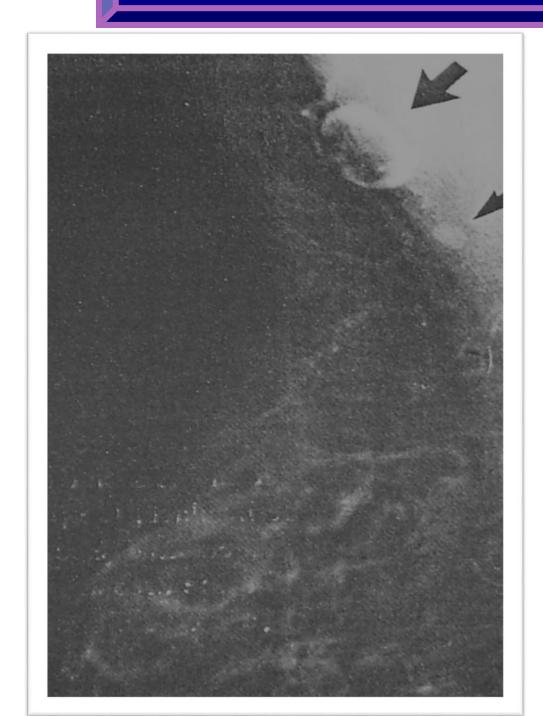


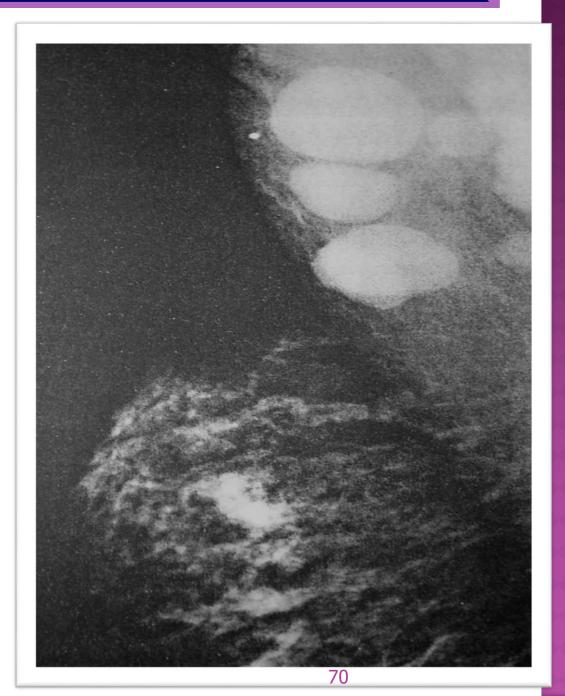
- Speculated margins
- lines radiating from margins of a mass

•Note: biopsy even if stable! (tubular CA?)



OTHER SIGNS



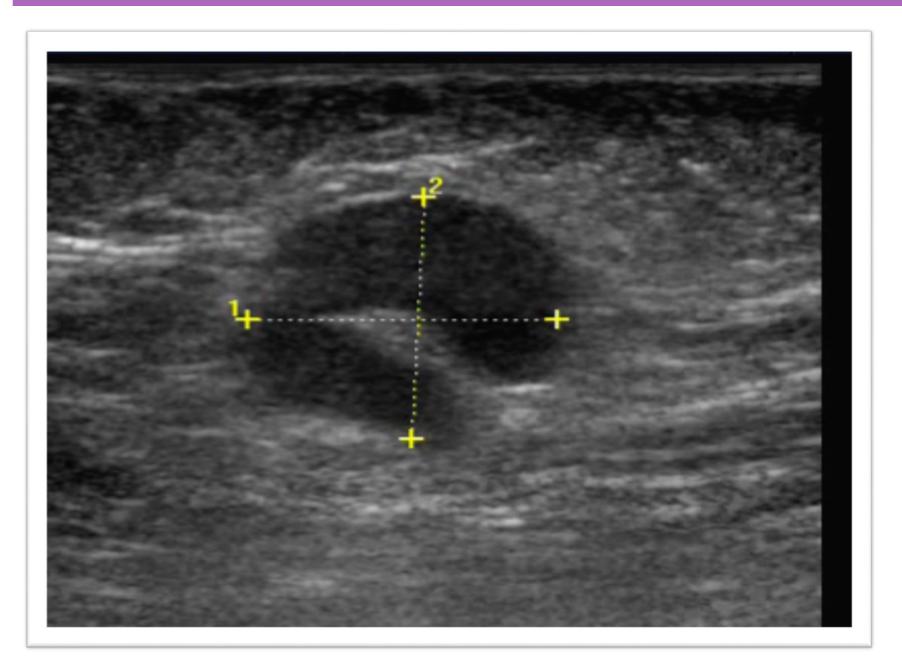


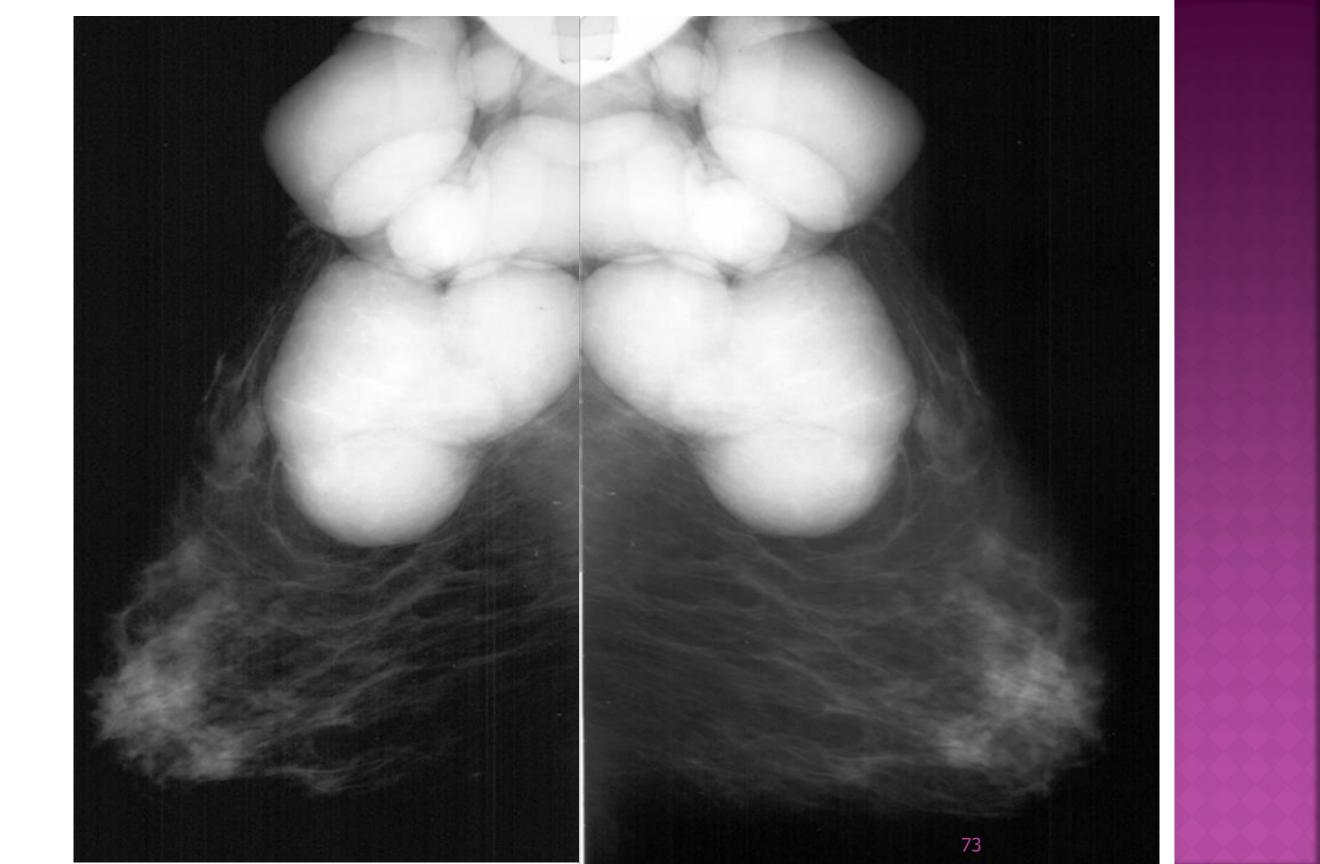
AXILLARY ADENOPATHY

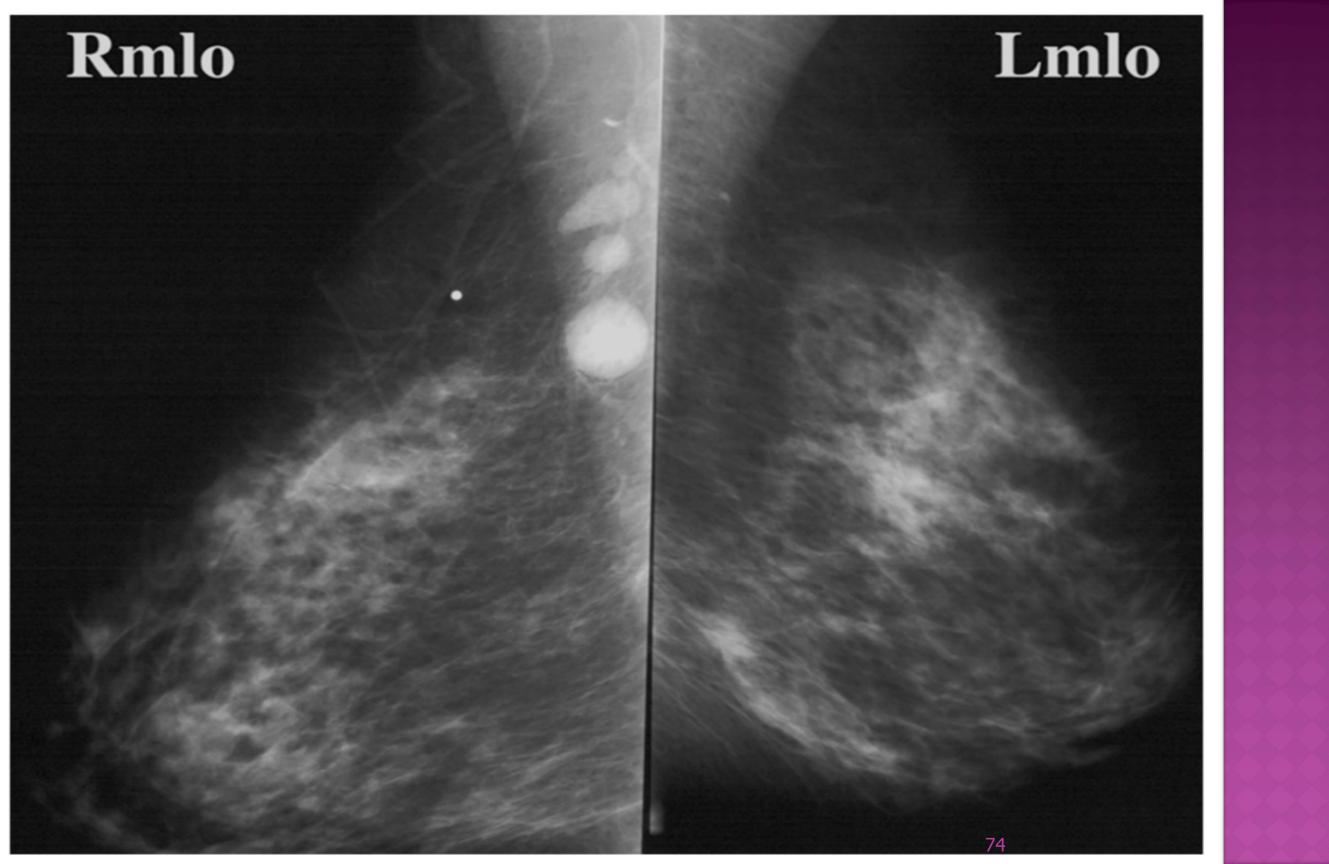
- non-fatty replaced axillary lymph nodes
- mammographic assessment is unreliable
- bilateral: clinical correlation
- unilateral: clinical correlation and bx
- MRI of bx-proven occult malignancy

- DDx: :
- metastatic breast CA (unilateral)
- non -breast mets
- lymphoma
- infection, reactive LAN
- nonspecific LAN (often in HIV)
- connective tissue diseases
- Refer for clinical evaluation

OTHER SIGNS

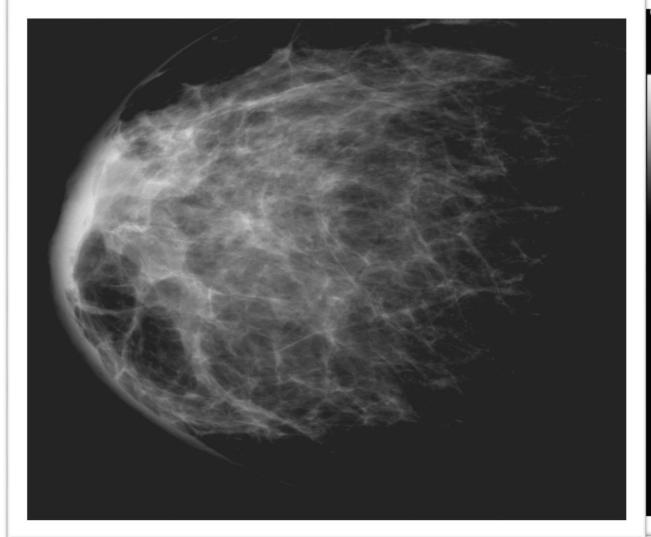


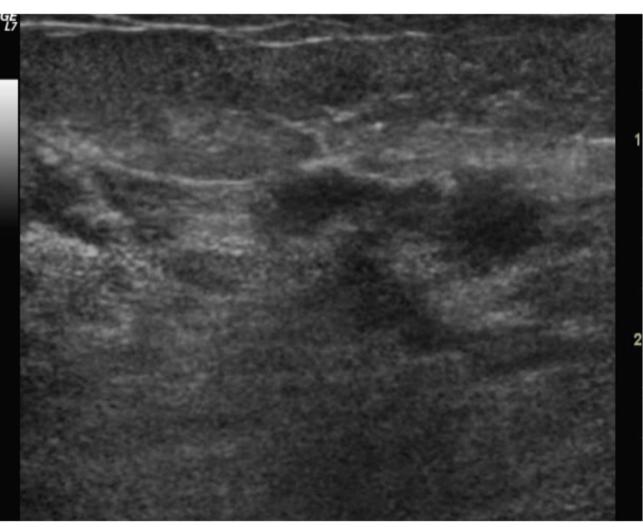




SHOULD WE ALWAYS SEE A MASS

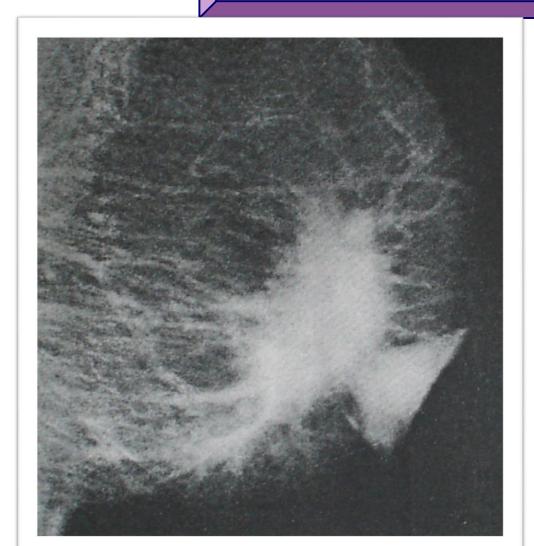
Skin Thickening

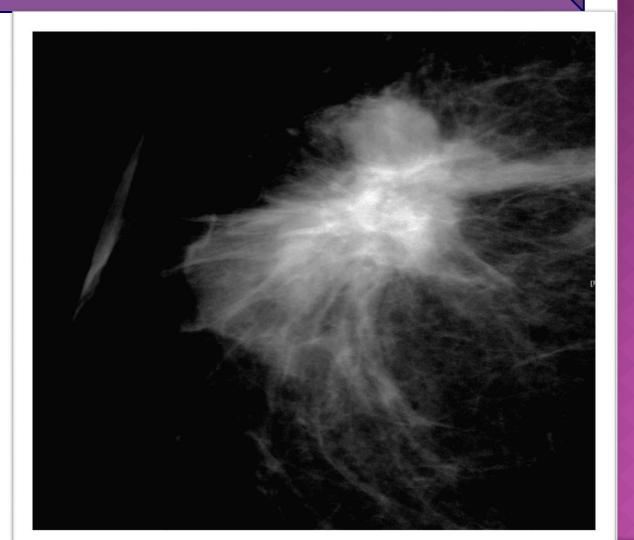




OTHER SIGNS

SKIN AND NIPPLE RETRACTION

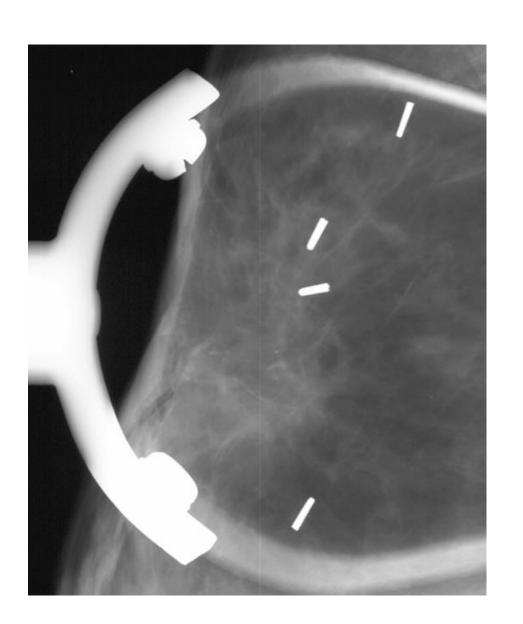




SKIN THICKENING

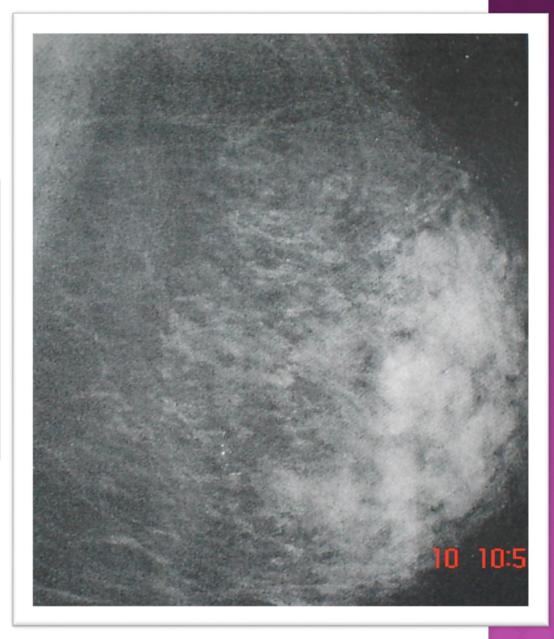
normal 0.5 to 2 mm

- thicker at inframammary fold and peri-areolar
- •DDx: Breast CA, radiation, lymphatic obstruction.

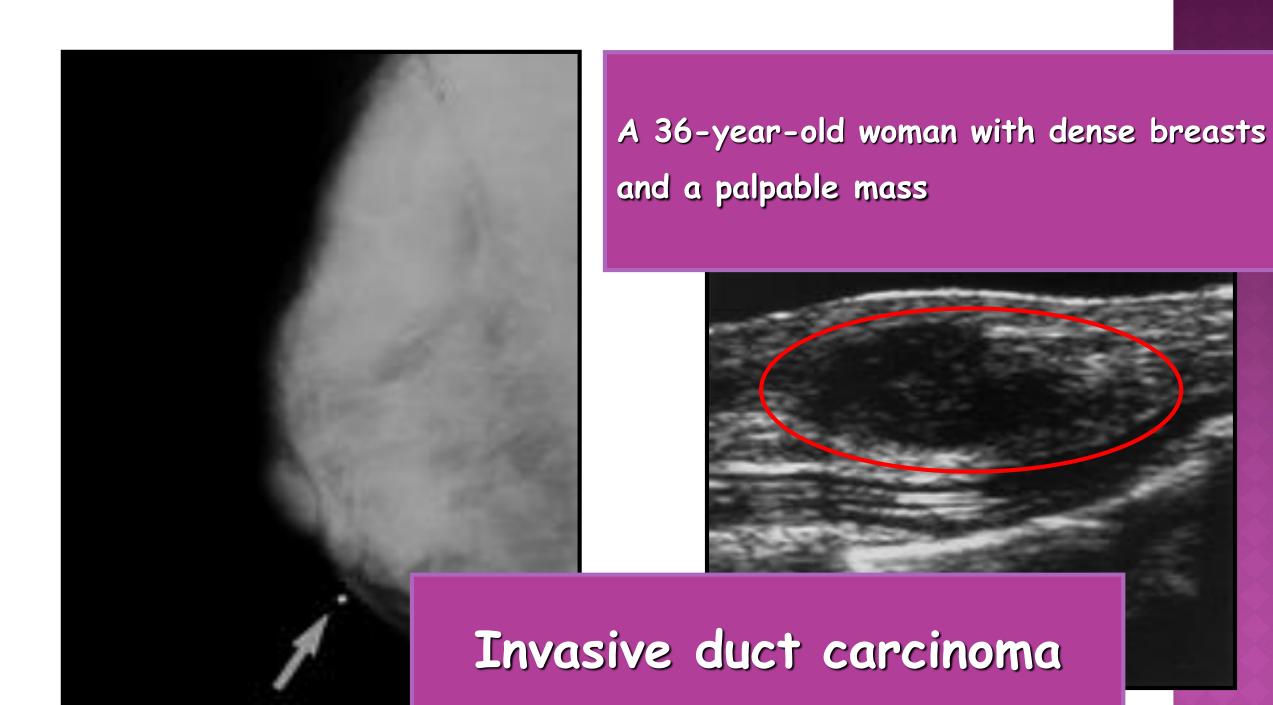


OTHER SIGNS

SKIN THICKENING & INCREASED TRABECULATION



DENSE BREAST = ULTRASOUND



CALCIFICATION

MORPHOLOGY

NUMBER

SIZE

DISTRIBUTION

MORPHOLOGY OF CALCIFICATION

- © Calcifications are categorized morphologically as to the likelihood of associated malignancy. The BI-RADS lexicon describes three groups:
- 1. Typically benign calcifications
- 2. Calcifications with intermediate concern of malignancy
- 3. Calcifications with a high probability of malignancy

TYPICALLY BENIGN

Skin

೦೦

Vascular



Coarse



Large, rod-like



Round



Eggshell

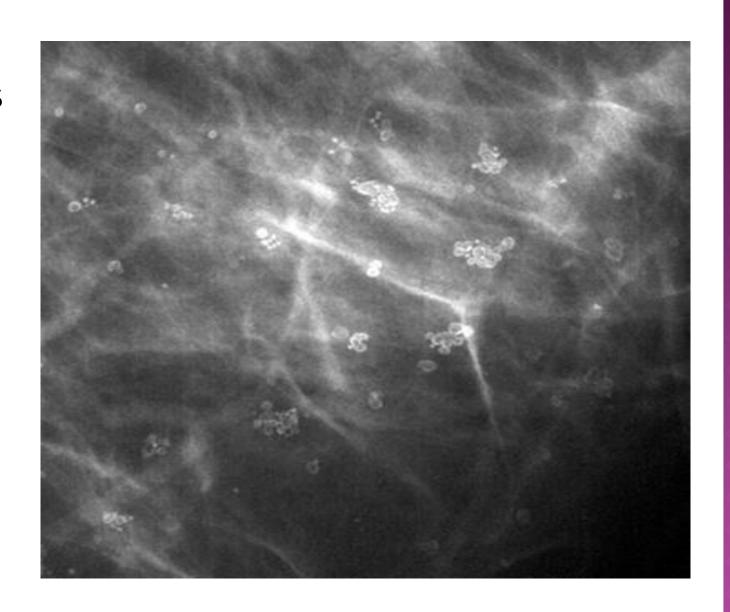


Milk of calcium

TYPICALLY BENIGN CALCIFICATIONS

- Skin Calcifications
- Vascular Calcifications
- Coarse/Popcorn Calcifications
- Large Rod-Like Calcifications
- Round Calcifications

- Lucent-centered Calcifications
- Rim Calcifications
- Milk of Calcium
- Suture Calcifications
- Dystrophic Calcifications



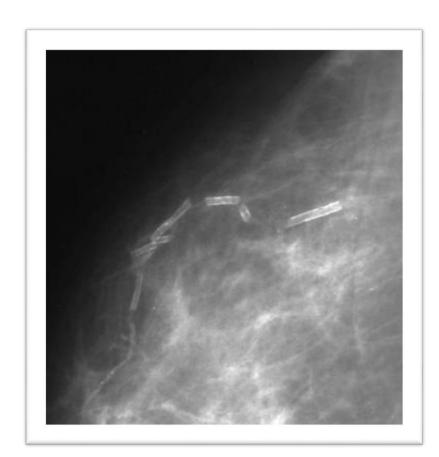
SKIN CALCIFICATION

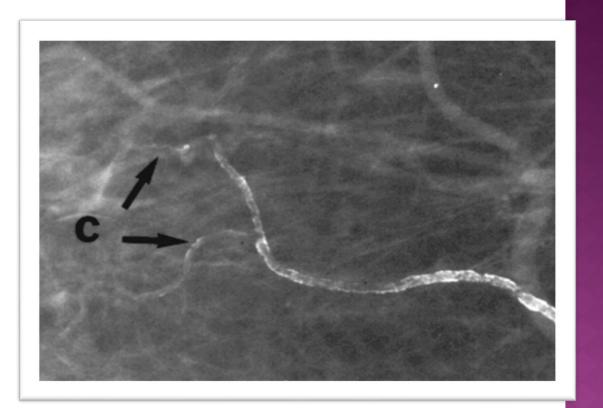
- Dermal Calcifications
- lucent-centered
- polygonal



VASCULAR CALCIFICATION

- parallel tracks
- linear tubular calcifications
- blood vessel evident





COARSE/POPCORN CALCIFICATION

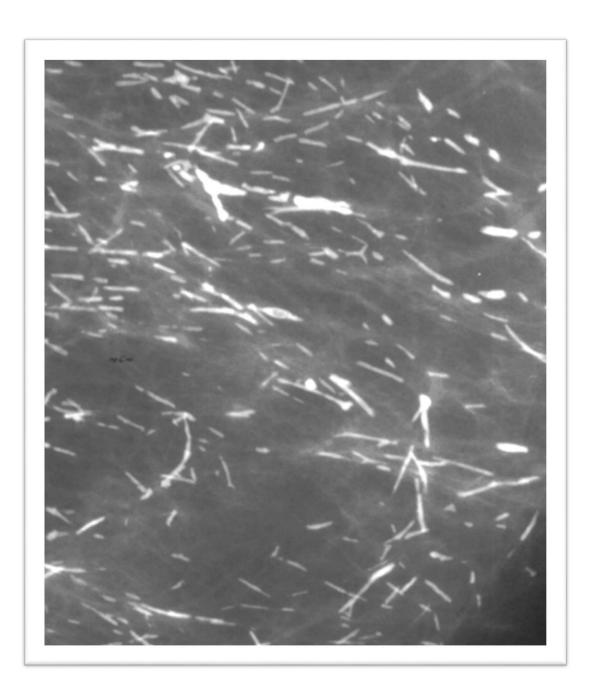
Involuting fibroadenoma





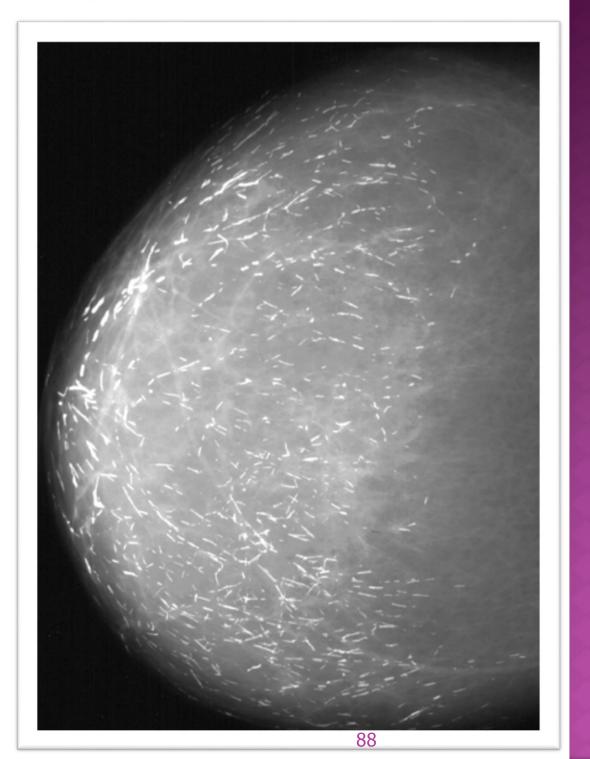
LARGE ROD--LIKE CALCIFICATION

- -continuous rods
- -may branch ->1 mm diameter
- -lucent center if calcification surrounds duct



LARGE ROD--LIKE CALCIFICATION

.secretory calcifications"plasma cell mastitis".duct ectasia



ROUND CALCIFICATION

Round & Punctate

- "punctate" if < 0.5 mm
- •frequently form in acini of lobules



LUCENT CENTERED CALCIFICATION

size: < 1 mm to > 1 cm

- round or oval, smooth surface
- lucent center
- wall thick "rim" or "eggshell" calcifications

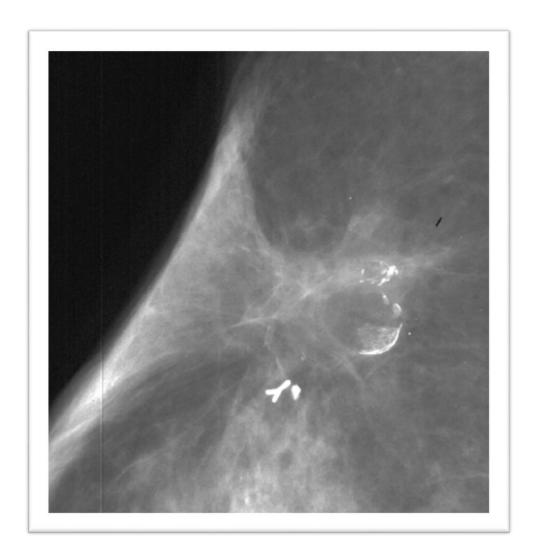
DDX: -fat necrosis

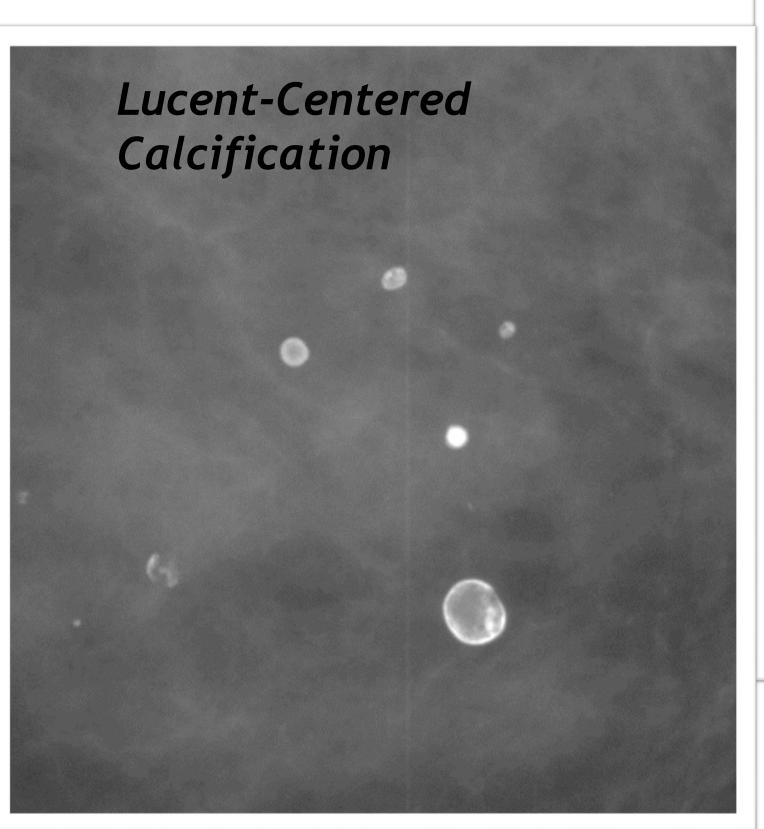
- -calcified debris in ducts
- -occasional fibroadenomas??

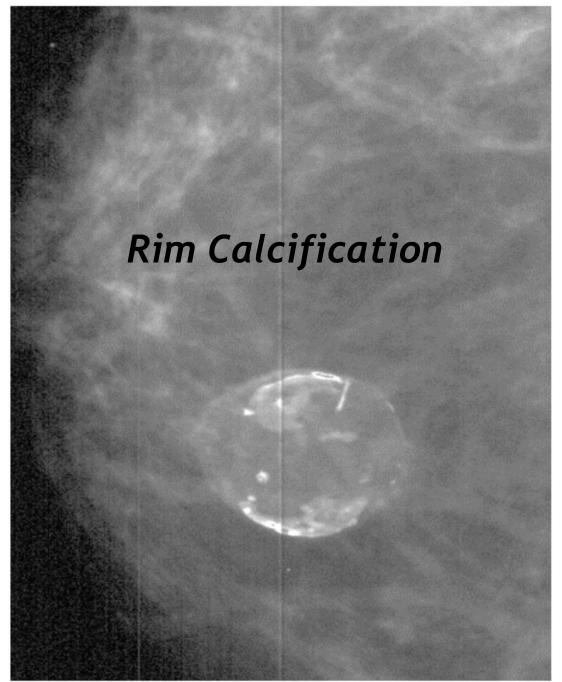


"EGGSHELL" RIM CALCIFICATION

- calcium deposited on surface of sphere
- < 1 mm thick deposits
- DDX: calcified wall of cyst vs fat necrosis.

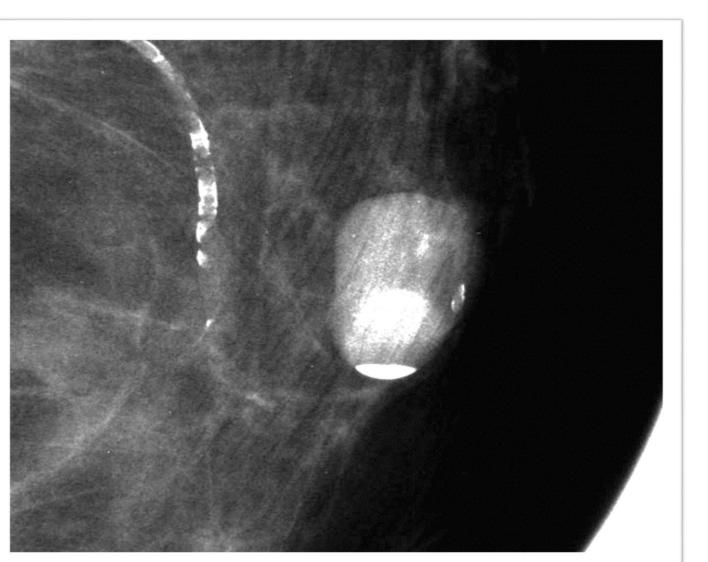


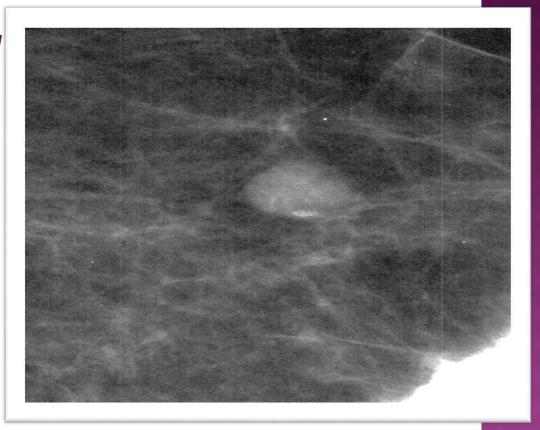


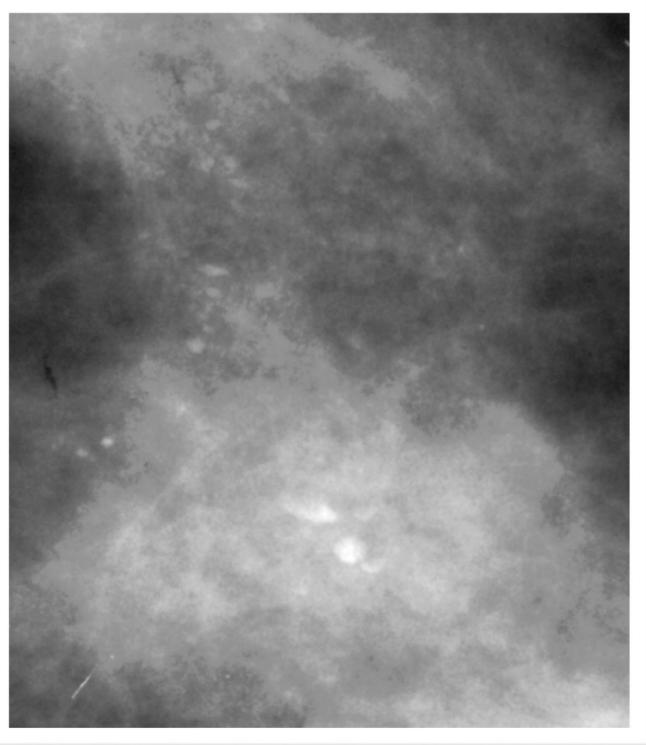


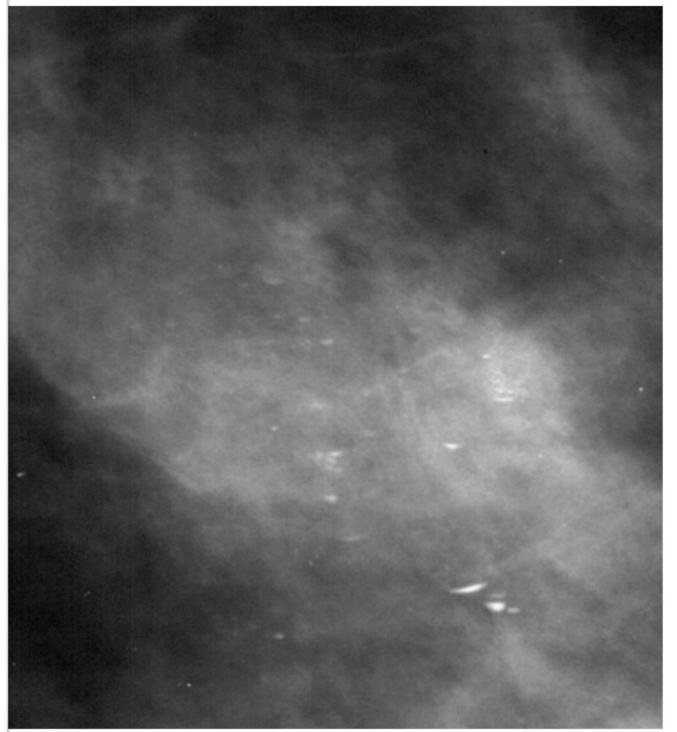
MILK OF CALCIUM CALCIFICATION

calcium sediment in cysts





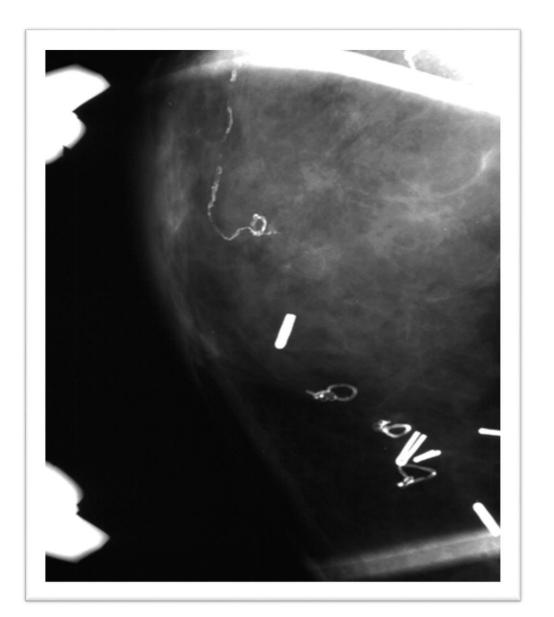




SUTURE CALCIFICATION

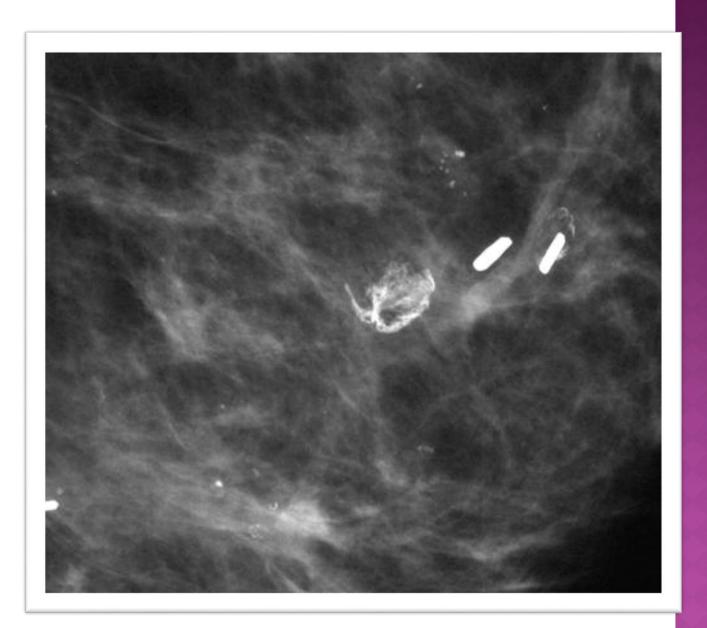
- •calcium deposited on suture material
- •linear or tubular, ±knots





DYSTROPHIC CALCIFICATION

- usually irradiatedbreast or s/p trauma
- •irregular shape >
- 0.5 mm
- often lucent centers



Microcalcifications: Concerning

Indeterminate

Amorphous, indistinct

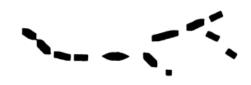


Higher Probability of Malignancy

Pleomorphic, heterogeneous

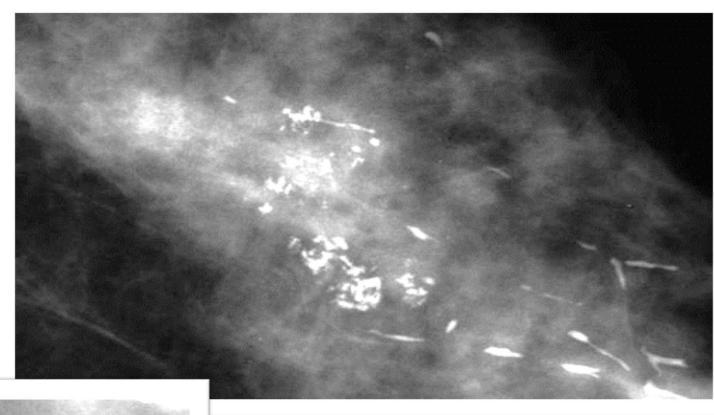


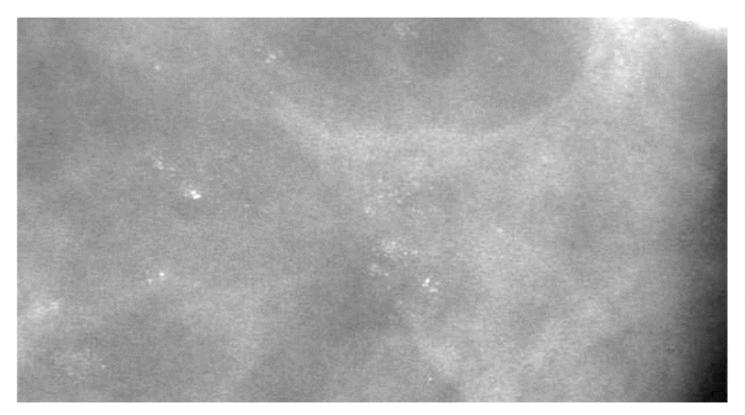
Fine, linear and/or branching

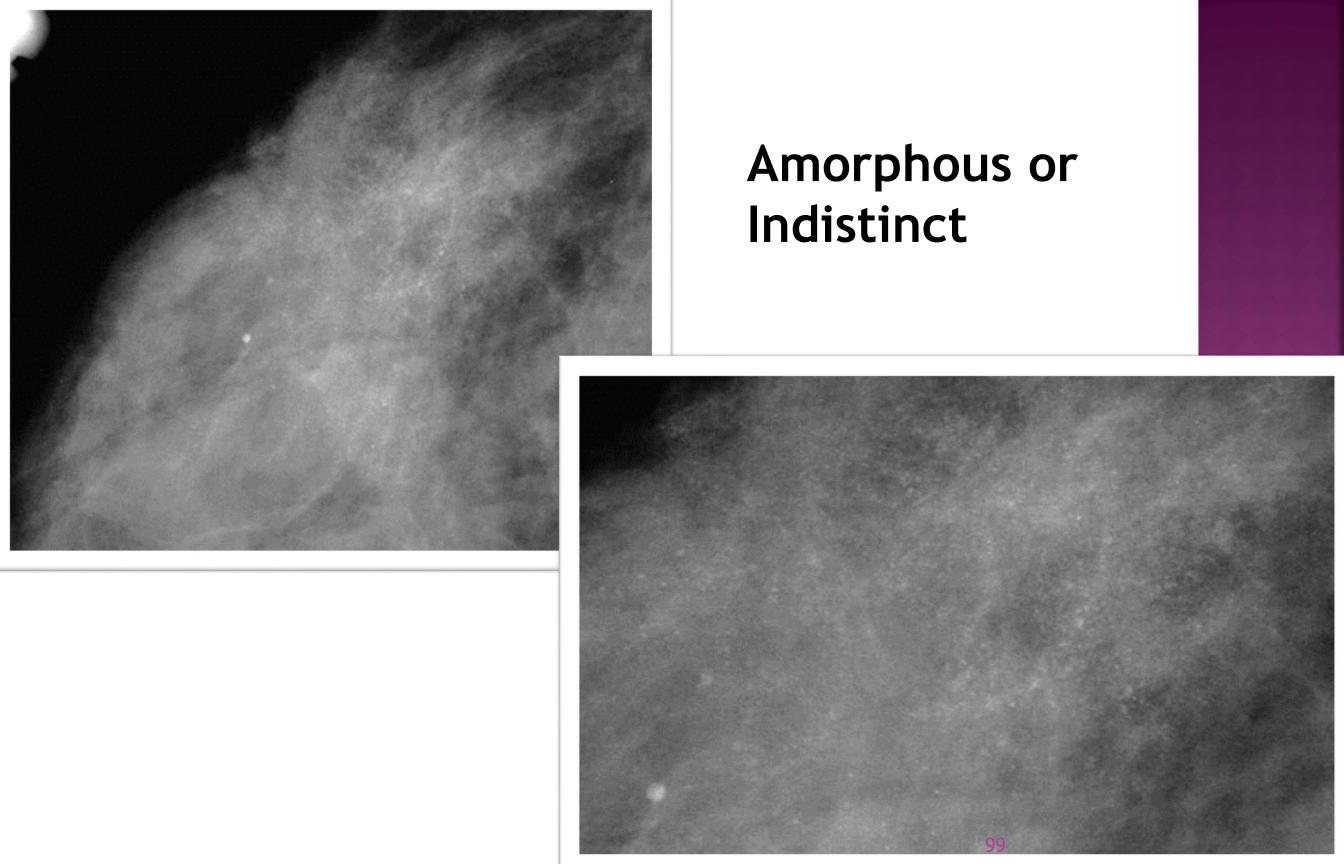


INTERMEDIATE CONCERN

- •Amorphous or Indistinct Calcifications
- Coarse Heterogeneous

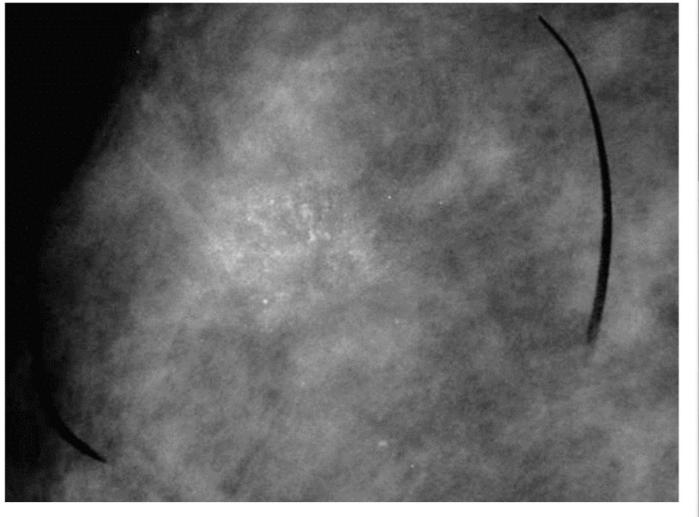


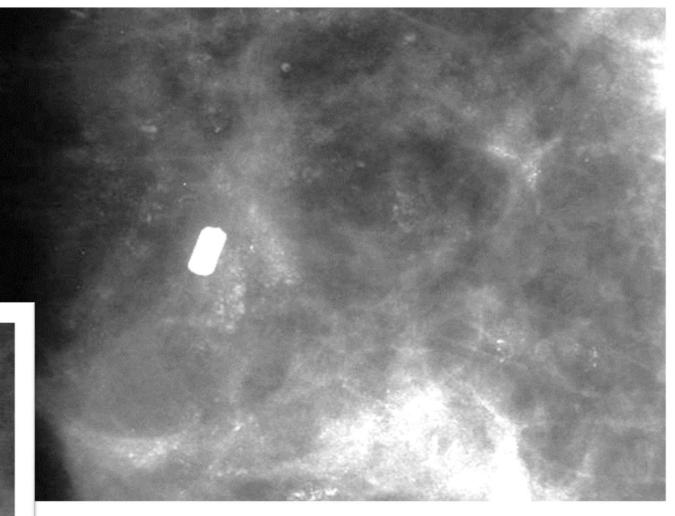




AMORPHOUS/ INDISTINCT CALCIFICATION

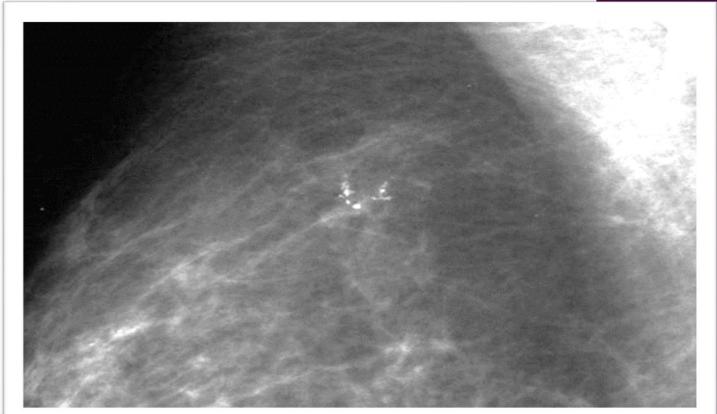
•flake-shaped, "hazy" • cannot apply more specific classification

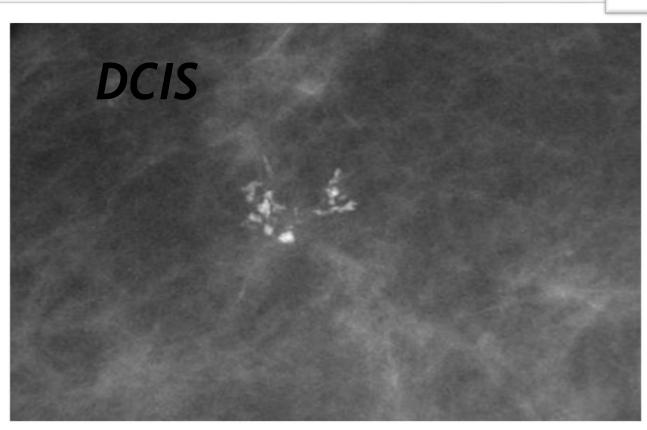




COARSE HETEROGENEOUS CALCIFICATION

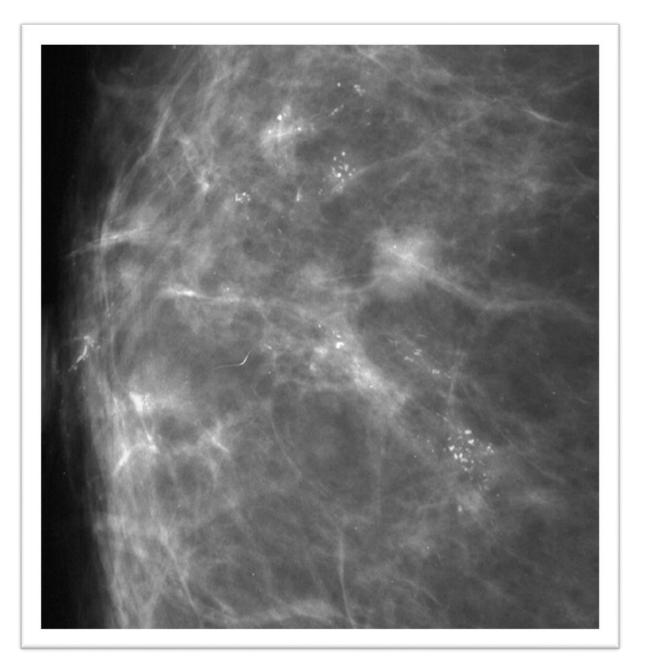
- . Irregular, conspicuous, >0.5 mm
- •DDx: breast CA, fibroadenomas, fibrosis.
- •Less worrisome if multiple bilat'l groups
- "Bx unless distribution suggests BENIGN



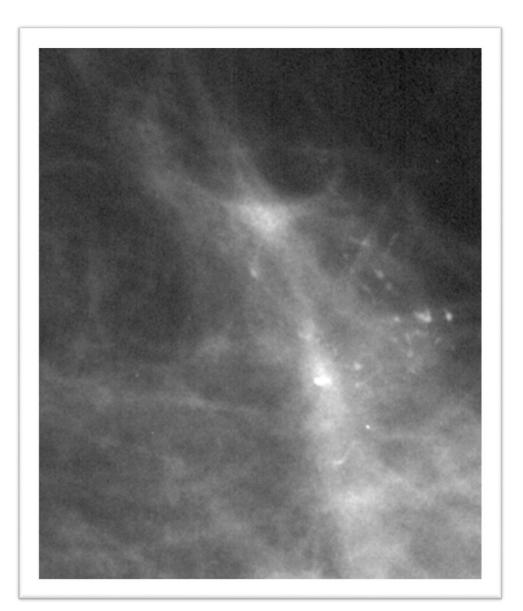


HIGHER PROBABILITY CALCIFICATIONS

Note: biopsy even if stable!

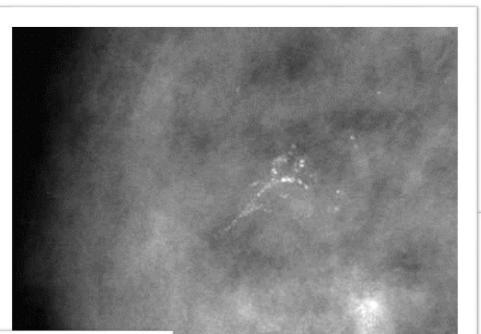


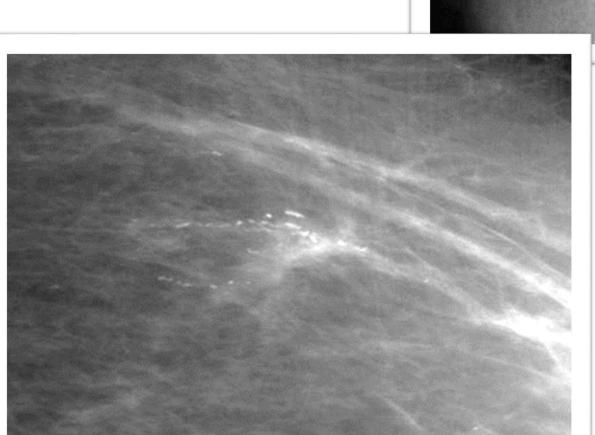
1•Fine Pleomorphic Calcifications

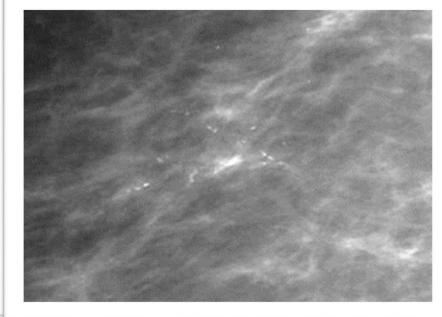


2. FINE LINEAR/BRANCHING CALCIFICATIONS

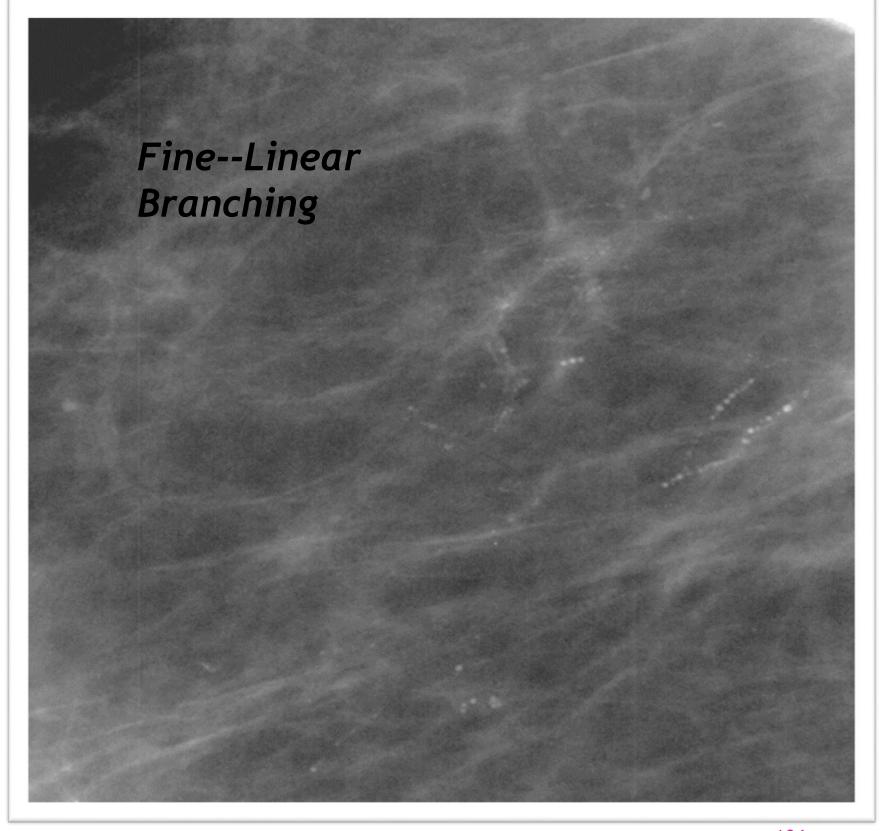
- •casting: fill lumen of duct
- discontinuous
- "dot-dash"
- •thin, irregular, linear











Rod-Like

NUMBER OF CALCIFICATIONS:

- The probability of malignancy increases with the number of calcifications.
- No exact threshold exists to categorize a cluster of calcifications as suspicious, although the risk is greater when 5 or more calcifications are present within 1cm of tissue
- Conversely, a cluster of more than 5 calcifications with characteristic benign features could be monitored mammographically.

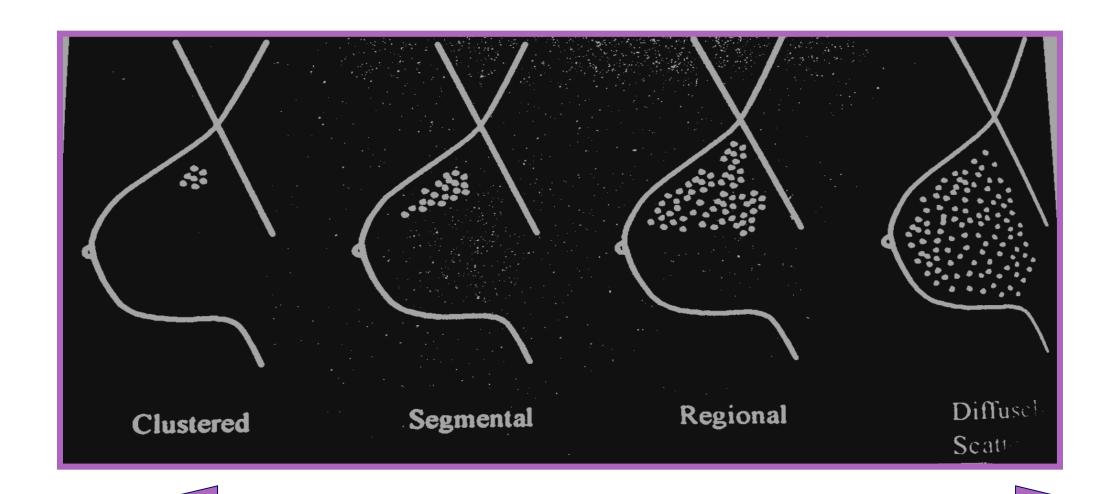
SIZE OF CALCIFICATION

- Calcifications as small as 0.2 to 0.3mm are visible mammographically.
- In general, smaller calcifications are more suspicious for malignancy.
- Breast carcinomas usually produce calcifications less than 0.5mm in diameter

DISTRIBUTION MODIFIERS

- Diffuse/Scattered
- Regional
- Grouped or Clustered
- Linear
- Segmental

DISTRIBUTION

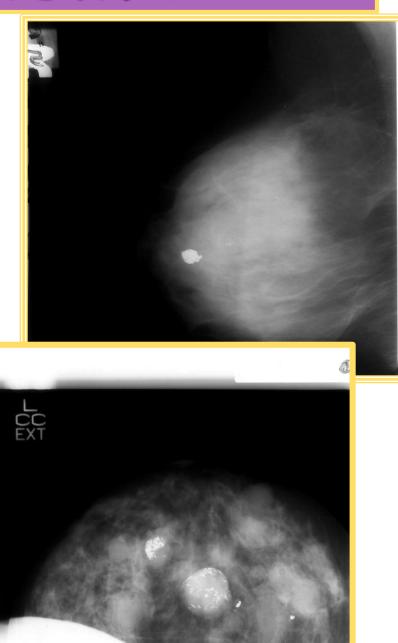


MALIGNANT

BENIGN

FIBROADENOMA





Calcifications Morphology

Benign

Skin
Vascular
popcorn
plasmacell mastitis
fat necrosis
milk of calcium
dystrophic
eggshell
suture

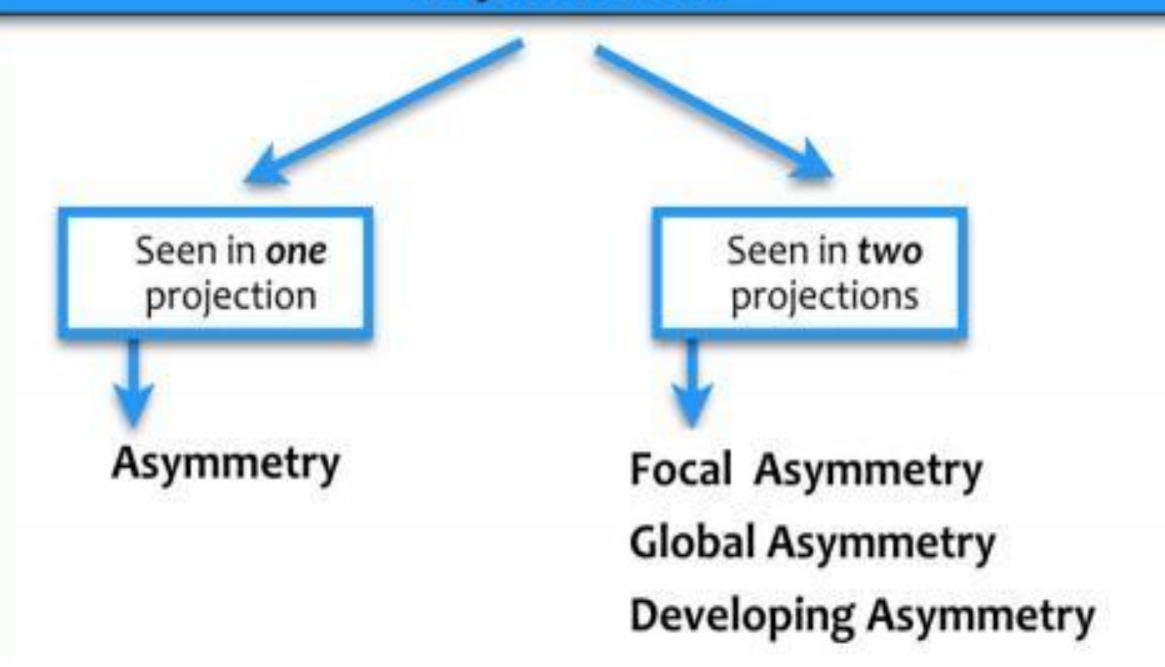
Intermediate Concern

Amorphous Coarse heterogenous

Malignant

fine linear branching pleomorphic

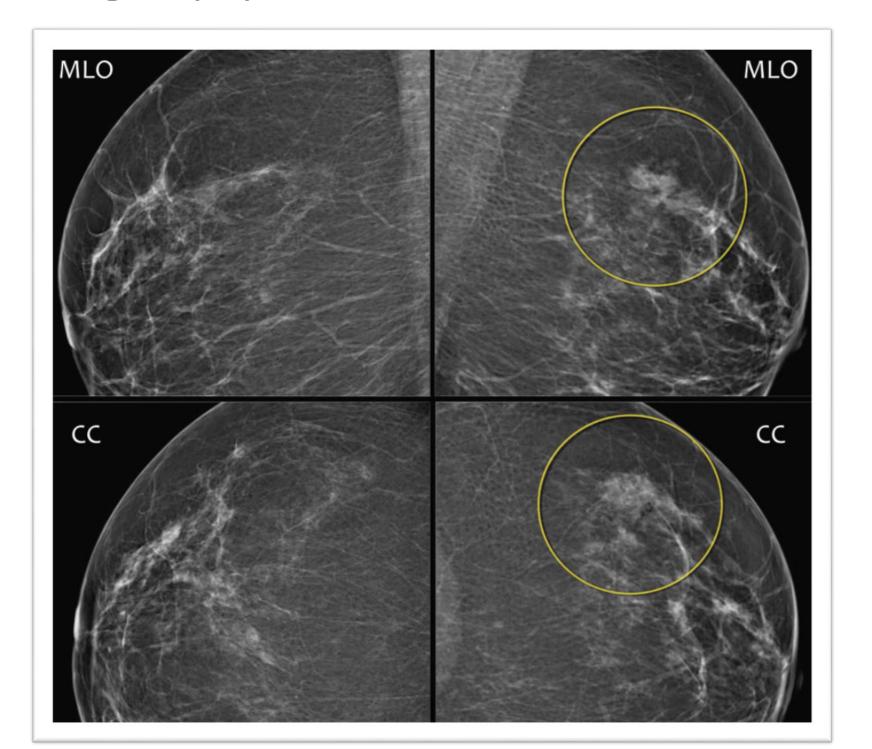
Asymmetries



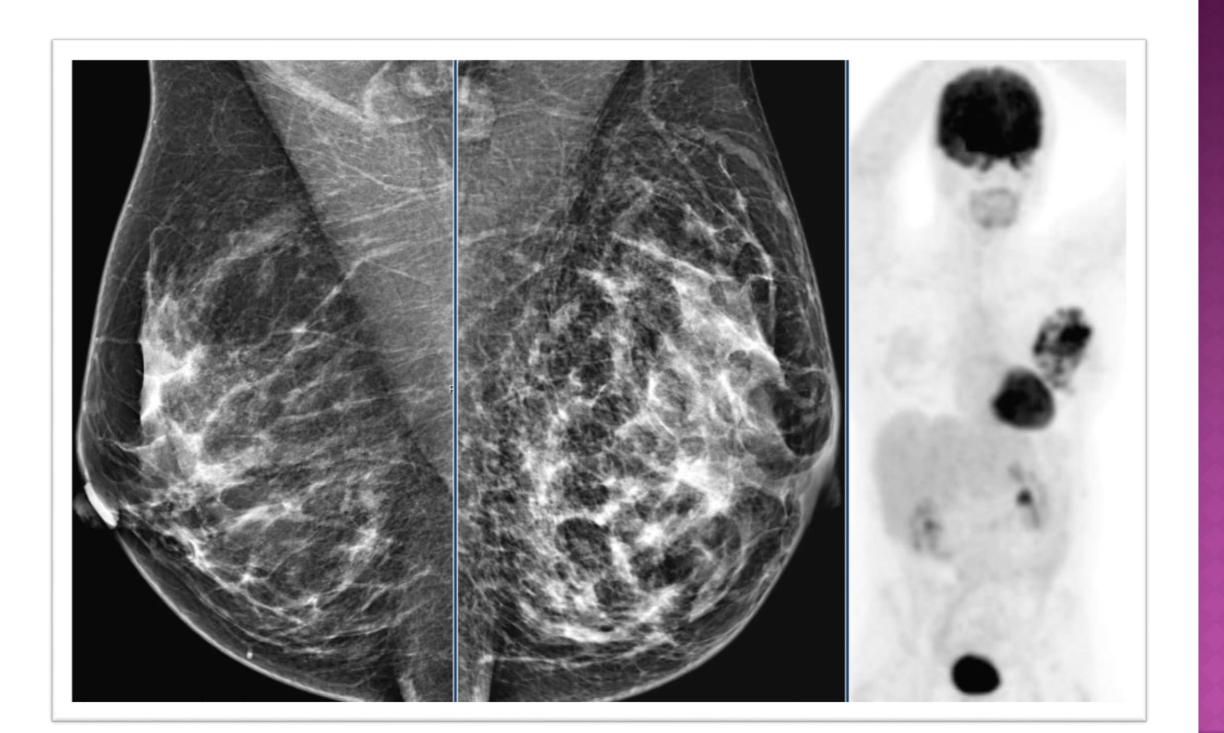
ASYMMETRY

- Findings that represent unilateral deposits of fibroglandular tissue not conforming to the definition of a mass.
- Asymmetry as an area of fibroglandular tissue visible on only one mammographic projection, mostly caused by superimposition of normal breast tissue.
- Focal asymmetry visible on two projections, hence a real finding rather than superposition.
 This has to be differentiated from a mass.
- Global asymmetry consisting of an asymmetry over at least one quarter of the breast and is usually a normal variant.
- Developing asymmetry new, larger and more conspicuous than on a previous examination.

FOCALASYMMETRY



GLOBALASYMMETRY



ı	Mammog	raphy I	Lexicon	Ultrasound Lexicon		
Breast composition	 A. entirely fatty B. scattered areas of fibroglandular density C. heterogeneously dense, which may obscure masses D. extremely dense, which lowers 			Breast composition	a. homogeneous - fat b. homogeneous - fibroglandular c. heterogeneous	
					shape	oval - round - irregular
	sensiti shape	oval - round - irregular circumscribed - obscured -			margin	Circumscribed or Not-circumscribed: indistinct, angular, microlobulated, spiculated
Mass	margin				orienta- tion	parallel - not parallel
Asymmetry	density asymmet	1	w - equal - high al - focal - developing	Mass	echo pattern	anechoic - hyperechoic - complex cystic/solid hypoechoic - isoechoic -
Architectural distortion		parench	nyma with no visible		posterior	no features - enhancement -
Calcifications	morpho- logy	typically benign			features	shadowing - combined pattern
		suspi- cious	 amorphous coarse heterogeneous fine pleiomorphic fine linear or fine linear branching 	Calcifications	in mass - outside mass - intraductal	
				Associated features		
	distribu- tion diffuse - regional - grouped - linear - segmental				simple cyst - clustered microcysts - complicated cyst - mass in or on skin -	
Associated features	thickening	g - trabe denopat	pple retraction - skin cular thickening - hy - architectural cations	Special cases (cases with a unique diagnosis)	foreign body (including implants) - intramammary lymph node - AVM - Mondor disease - postsurgical fluid collection - fat necrosis	

Final Assessment Categories

Category		Management	Likelihood of cancer				
O	Need additional imaging or prior examinations	Recall for additional imaging and/or await prior examinations	n/a				
1	Negative	Routine screening	Essentially o%				
2	Benign	Routine screening	Essentially o%				
3	Probably Benign	Short interval-follow-up (6 month) or continued	>0 % but ≤ 2%				
4	Suspicious	Tissue diagnosis	 4a. low suspicion for malignancy (>2% to ≤ 10%) 4b. moderate suspicion for malignancy (>10% to ≤ 50%) 4c. high suspicion for malignancy (>50% to <95%) 				
5	Highly suggestive of malignancy	Tissue diagnosis	≥95%				
6	Known biopsy- proven	Surgical excision when clinical appropriate	n/a				



Thank you and good luck