

**In born  
error of  
metabolism**

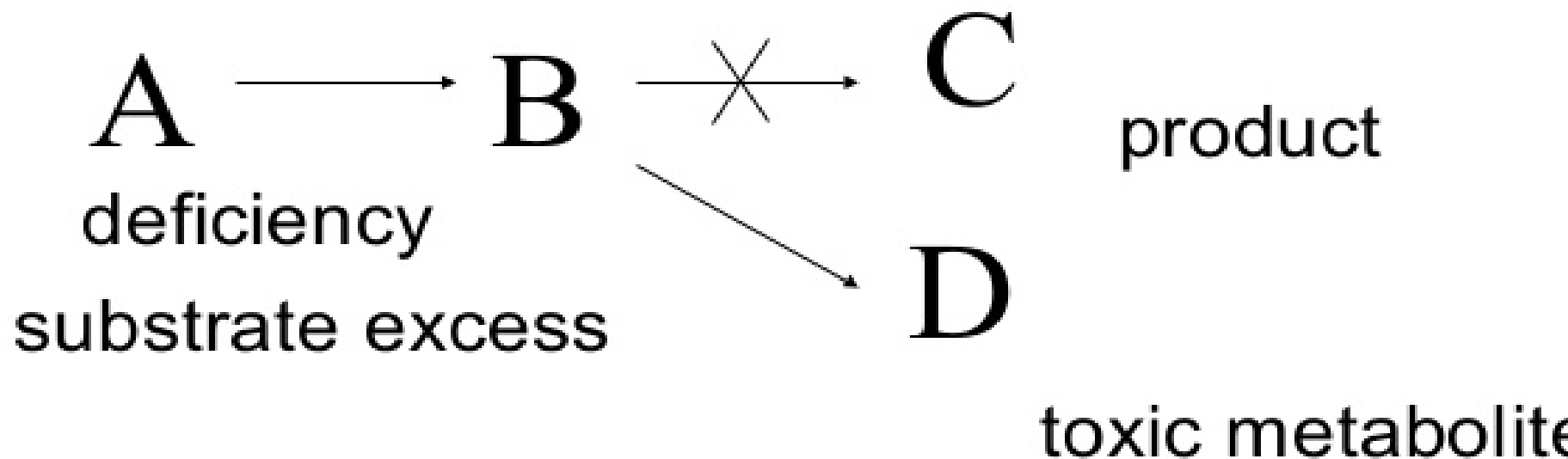
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# In born error of metabolism

- IEM---an inherited enzyme deficiency leading to disruption of body metabolism
- The majority are due to defects of single gene that code for enzymes that facilitate conversion of various substance (substrate) in to others (product)
- In most of the disorders, problems arise due to accumulation of substance which are toxic or interfere with normal function or reduce ability to synthesize essential compound.

# What is a metabolic disease?

- Garrod's hypothesis



IEM ,means disorders in which there's block at some point in the normal metabolic pathway

Problem either in---

- enzyme

- receptor

- transport vehicles

- membrane pump

- structure element



# Clinical clues

- From history
- Neonatal deaths ,fetal losses
- Maternal family history (X-linked e.g urea cycle)
- +ve family history can help
- History of consanguineous marriage
- (most of IEM inherited as autosomal recessive)



- Progressive symptoms.
- Perinatal history, early newborn period normal, usual baby full term .
- Symptom started after introduction and progression of feed
- Sick baby not respond to treatment



- D/D of IEM
- 1-bacterial sepsis
- 2- acute viral infection
- 3-birth asphyxia
- 4- CNS (hemorrhage, meningitis)
- 5-viral hepatitis
- 6-cardiomyopathy
- 7-neuromuscular disorder



# Clinical presentation

- Baby comes with history of
- poor feeding,
- vomiting, lethargic , irritability
- convulsion ,coma
- respiratory distress,
- jaundice , coarse feature
- unusual odor
- sudden infant death
- Hepatomegaly or hepatosplenomegaly
- cardiomyopathy,





- ❑ Older children come with ;;
- ❑ failure to thrive ,
- ❑ mental retardation ,
- ❑ regression of growth
- ❑ encephalopathy .



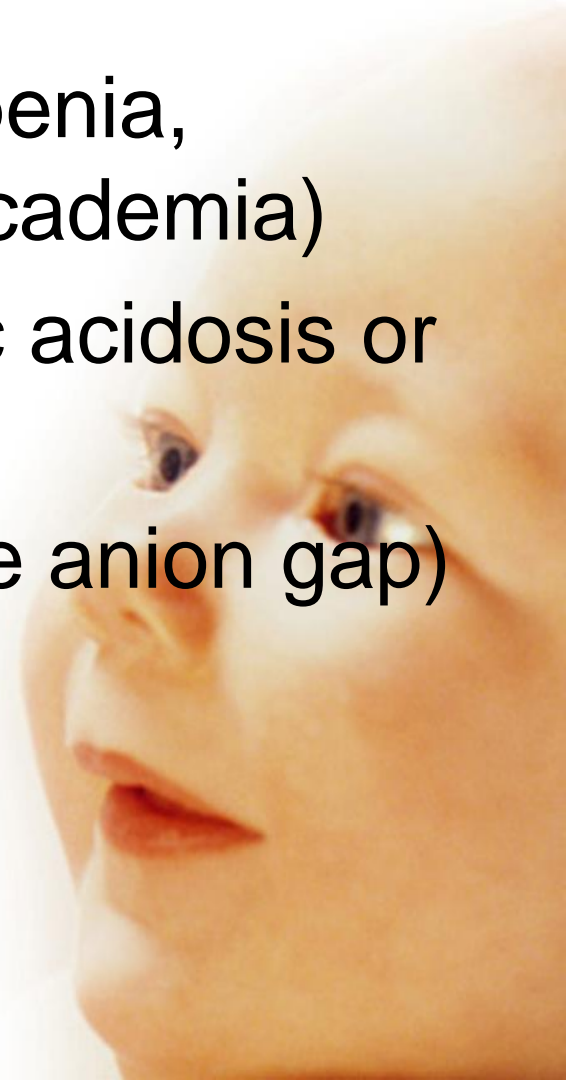
## Inborn Errors of Amino Acid Metabolism Associated with Peculiar Odour:

### INBORN ERROR OF METABOLISM URINE ODOR

Glutaric acidemia (type II)	Sweaty feet, acrid
Hawkinsinuria	Swimming pool
Isovaleric acidemia	Sweaty feet, acrid
Maple syrup urine disease	Maple syrup
Hypermethioninemia	Boiled cabbage
Multiple carboxylase deficiency	Tomcat urine
Oasthouse urine disease	Hops-like
Phenylketonuria	Mousey or musty
Trimethylaminuria	Rotting fish
Trimethylaminuria	Boiled cabbage, rancid butter

# Investigation

- Blood for
- Complete blood count (neutropenia, thrombocytopenia in organic academia)
- Arterial blood gases (metabolic acidosis or respiratory alkalosis)
- Serum electrolytes (to calculate anion gap)
- Ammonia
- Lactate and pyruvate ratio



- ❑ liver function test
- ❑ blood sugar
- ❑ serum ca, mg
- ❑ Plasma amino acids assay
- ❑ Urine for -;
  - 1-reducing substance
  - 2- ketones
  - 3- organic acid



Suspected Metabolic disease

Plasma Ammonia

High

Normal

Blood pH, CO<sub>2</sub>

Blood pH, CO<sub>2</sub>

Normal

Acidosis

Normal

PKU, Non Ketotic hyper-glycinemia, Peroxisomal disorders

No Ketosis

Urea Cycle defect

No Ketosis

Fatty acid oxidation defect

Ketosis with/without lactic acidosis

Organic acidemias  
Mitochondrial disorders

❖ Diagnosis is important

- for treatment

( to avoid death and brain damage )

- for genetic counselling

- antenatal diagnosis in subsequent pregnancy.





- Phenylketonurea
- Autosomal recessive
- Due to phenylalanine hydroxylase def.
- If not treated lead to mental retardation and microcephaly
- Specific odor mosey smell
- Treatment diet low in phenylalanine





- \*Fair hair
- \*Blue eyes
- \*Dry Skin
- \*Albinism
  
- \*Mental Retardation
  
- \*Athetosis
- \*Seizures



Pregnant women with PKU  
 Look for phenylalanine level  
 Its excess can cause Microcephaly  
At the fetus.

Untreated PKU sometimes makes the child smell musty. This is because the buildup of phenylalanine is in their breath, urine and sweat.



- Low Phe diet.

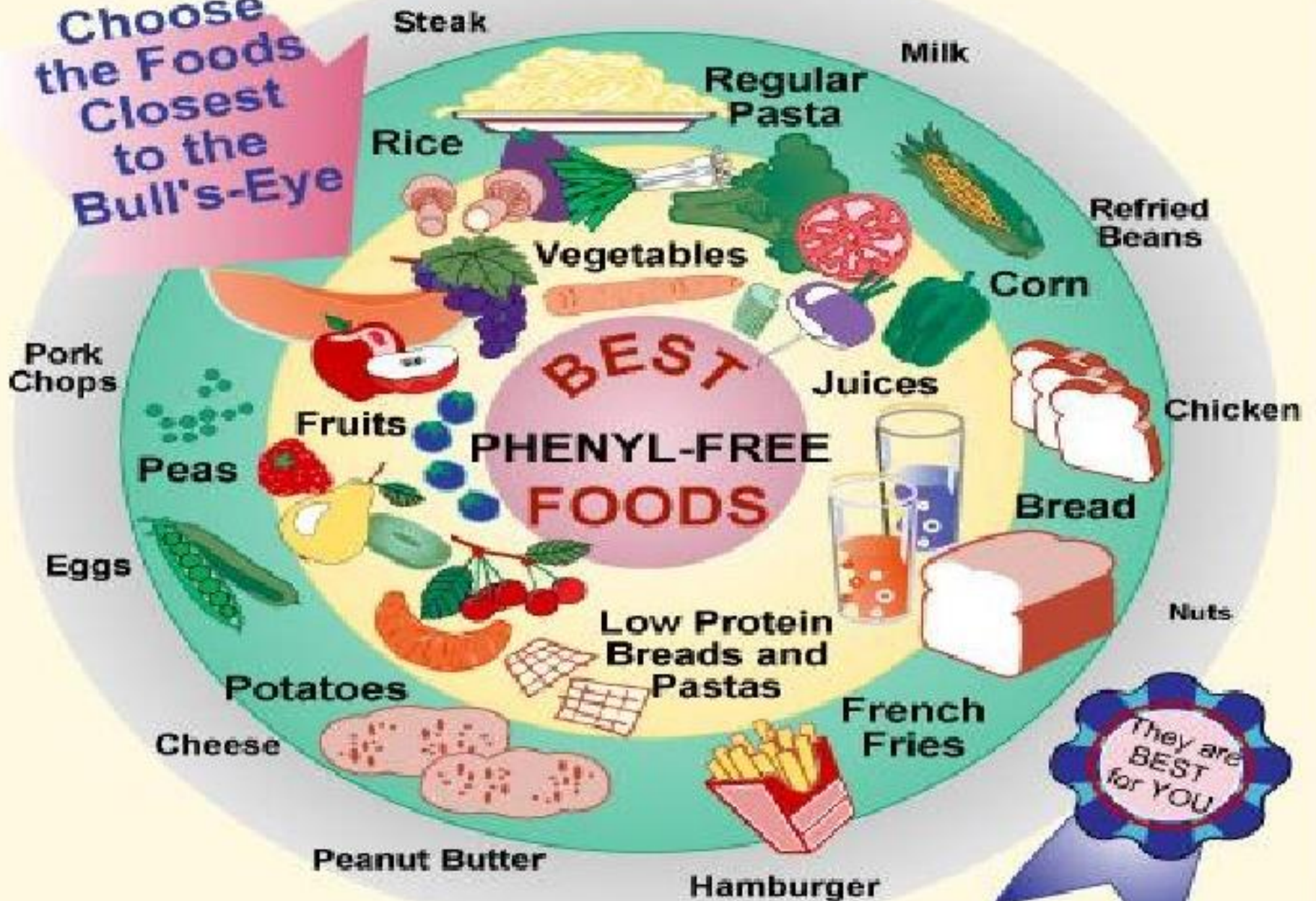
Low protein product

Fruit or vegetable

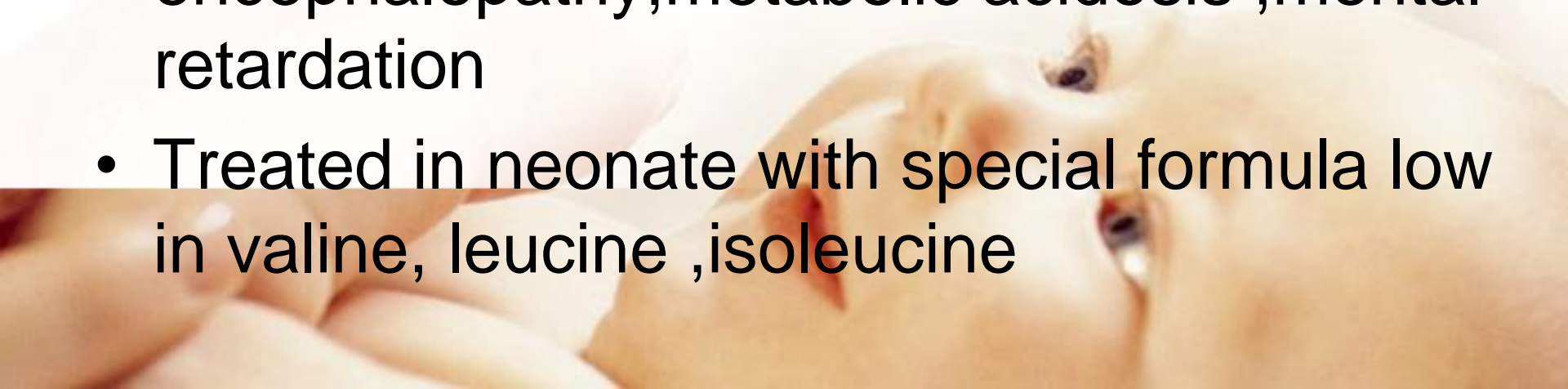
Amino acids



Choose the Foods Closest to the Bull's-Eye

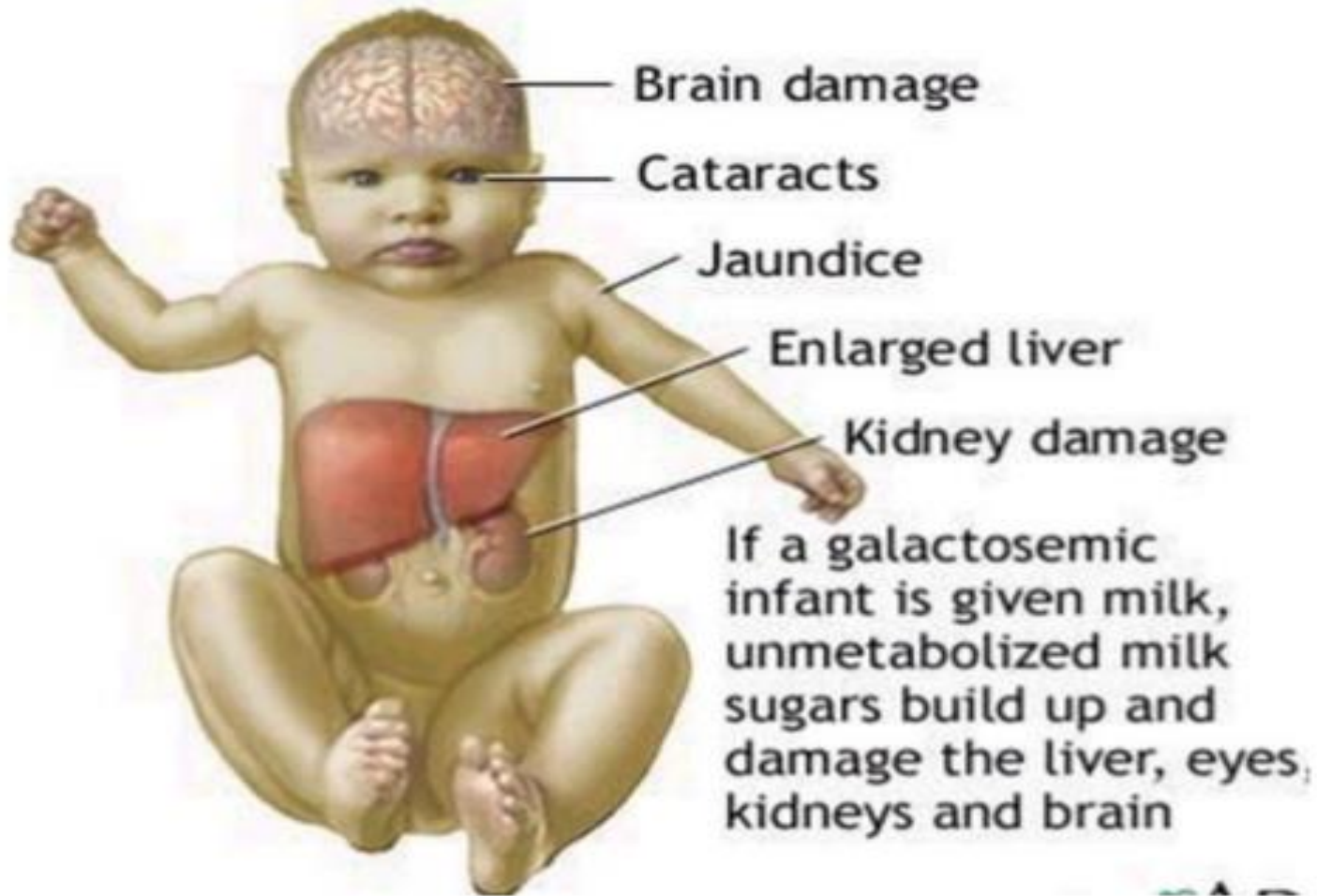


- Maple syrup urine disease
- Autosomal recessive
- branched chain 3-keto acid dehydrogenase
- Lead to high level of leucine, isoleucine and valine
- Plasma amino acid assay, urine organic acid
- Presented with acute encephalopathy; metabolic acidosis , mental retardation
- Treated in neonate with special formula low in valine, leucine , isoleucine





- Galactosemia
- Autosomal recessive
- Defect in galactose-1-phosphate uridylyltransferase
- Presented with vomiting, jaundice, hypoglycemia, liver failure ,cataract
- Urine reducing substance +ve
- Common bacterial infection E.coli
- Treatment lactose free formula
- Prognosis good if diagnosed early



Brain damage

Cataracts

Jaundice

Enlarged liver

Kidney damage

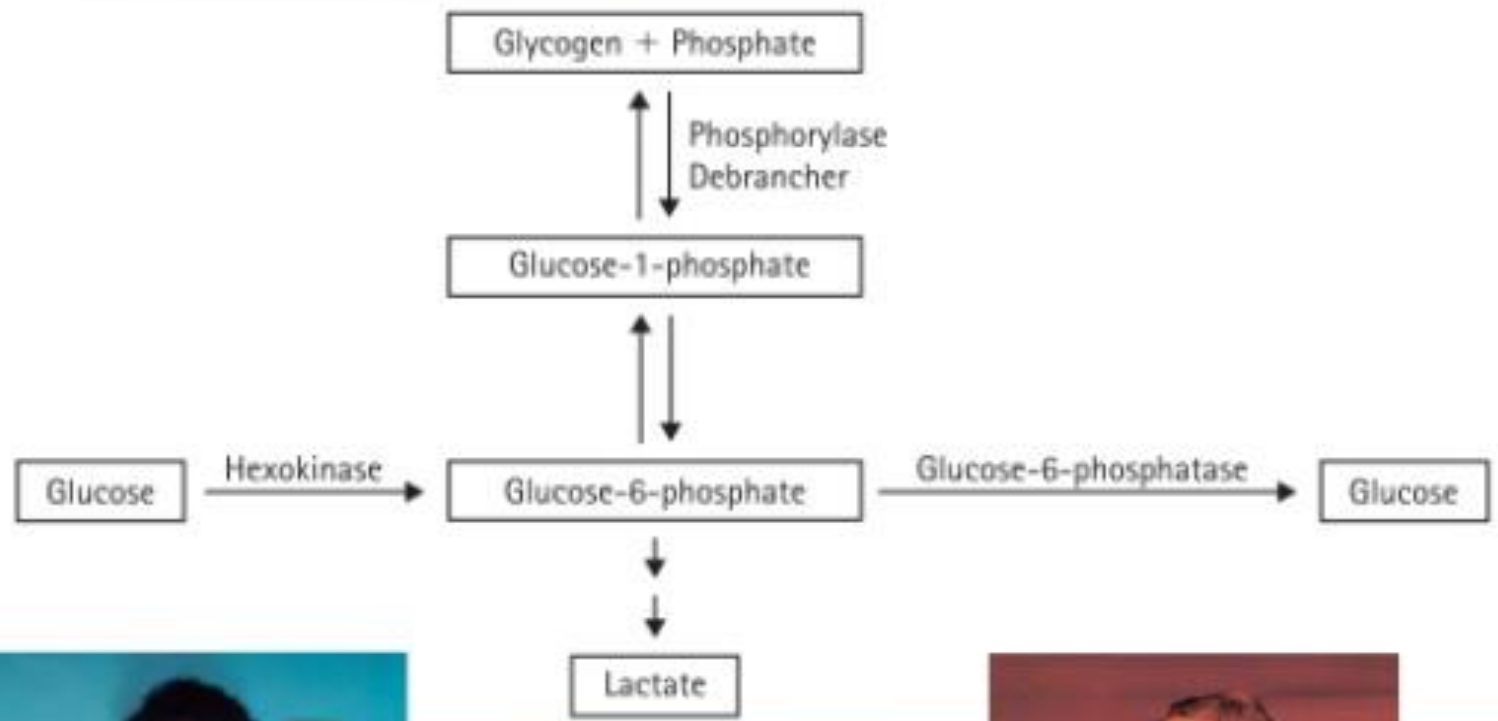
If a galactosemic infant is given milk, unmetabolized milk sugars build up and damage the liver, eyes, kidneys and brain





- Glycogen storage disease type Ia
- Autosomal recessive
- Defect in glucose -6-phosphate
- Presented with intractable hypoglycemia not respond to glucagon , lactic acidosis later with liver dysfunction ,hyperlipidemia
- Diagnosis by liver biopsy ,enzyme assay
- Treat with corn starch ,over night feeding





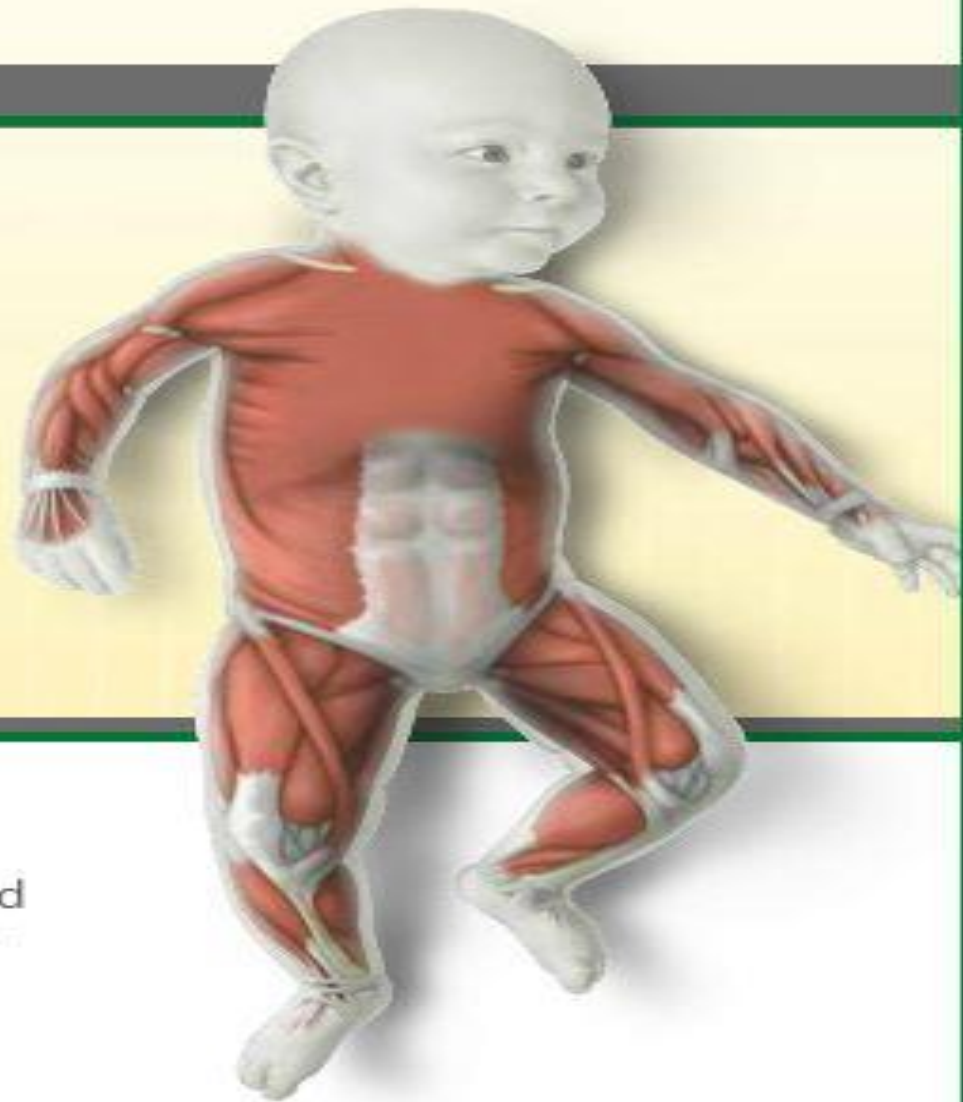
- Glycogen storage disease type II  
pompe's disease ---- autosomal recessive  
lysosomal acid alpha-glycosidase deficiency  
can built up glycogen lead to muscle weakness  
--facial muscle weakness—difficult in feeding-  
---restrictive cardiomyopathy ,hepatomegaly  
---need physiotherapy to strengthen the muscle  
Diet high in protein  
Enzyme supplement



# SIGNS OF POMPE DISEASE

## in Infants

- Feeding difficulties
- Heart complications
- Breathing difficulties
- **Muscle weakness**



### **MUSCLE WEAKNESS**

Overall muscle weakness and poor muscle tone can cause a “floppy” appearance and problems with movement.

- Lactic acidemia
- X-linked inheritance
- Defect in pyruvate dehydrogenase
- Present with hypoglycemia ,failure to thrive ,lactic acidosis ,seizure ,dysmorphic features
- Diagnosis plasma lactate ,enzyme assay
- Treatment
- Correct acidosis ,high fat ,low carbohydrate diet



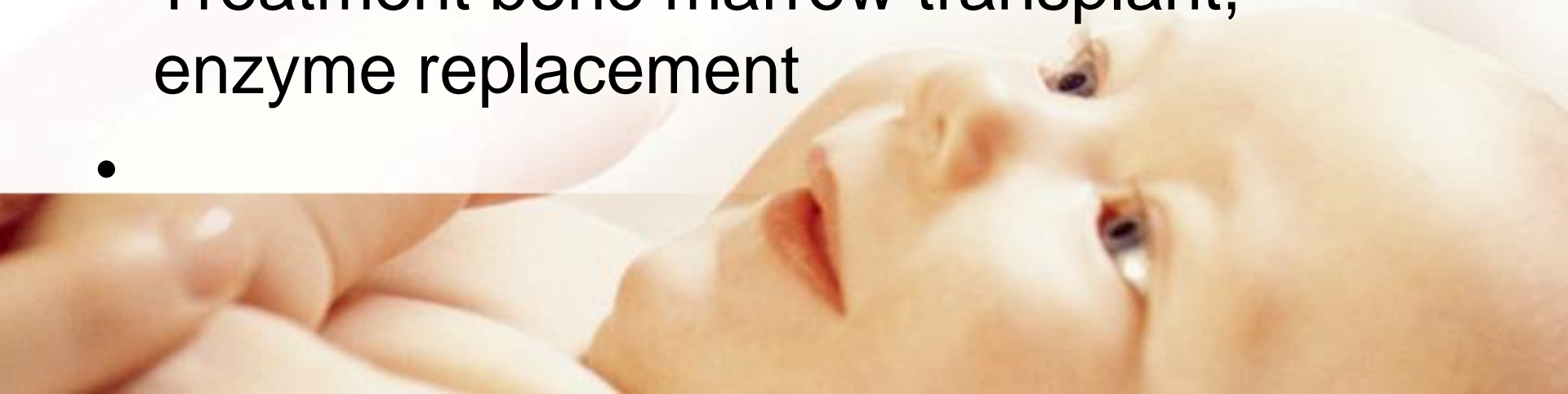


- Gaucher disease
- Autosomal recessive
- Defect in glucocerebrosidase lead to accumulation of glucocerebroside in WBC, in liver, spleen ,bone marrow,
- Presented with coarse feature ,hepatosplenomegaly ,anemia thrombocytopenia due bone marrow infiltration
- Leukocyte enzyme assay .gaucher cell in bone marrow.
- Treatment enzyme replacement, bone marrow transplant





- Mucopolysaccharidosis type I Hurler's syndrome
- Autosomal recessive
- Defect in alpha-L-iduronidase
- Coarse feature ,hepatosplenomegaly ,corneal cloudy, skeletal dysplasia
- Diagnosis enzyme assay
- Treatment bone marrow transplant, enzyme replacement





# Mucopolysaccharidosis I (MPS I) Disease (Hurler, Hurler-Scheie, Scheie Syndromes)

## SYMPTOMS IMAGES OF KEY FEATURES

Hernia



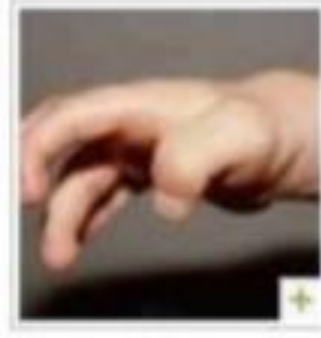
corneal clouding



Coarse facial



Claw hand



- Mucopolysaccharidase II  
Hunter syndrome
- X linked inheritance
- Defect in iduronate -2- sulfatase
- No corneal cloudy



# Hunter syndrome with umbilical hernia



- Organic aciduria
- Methylmalonic academia
- Autosomal recessive
- Presented with acute encephalopathy with severe acidosis, hyperammonemia, seizure, unusual odor (sweaty feet)
- Diagnosis – neutropenia, thrombocytopenia, Metabolic acidosis, high ammonia,
- Plasma amino acid and urine organic acid
- Treatment sodium bicarbonate to treat acidosis, carnitine, vit 12, low protein diet



- Zellweger syndrome
- *Autosomal recessive*
- Dysmorphic feature ,sever hypotonia, seizer ,liver dysfunction ,
- Hepatomegaly ,cataract
- Plasma level of very long chain fatty acid
- No specific treatment







Large fontanelle - prominent forehead - flat nasal bridge - hypoblastic supraorbital ridges

- Urea cycle
- Ornithine transcarbamylase deficiency
- X - linked inheritance
- Presented by acute encephalopathy
- High ammonia level ,plasma amino acid and urine for orotic acid
- Treatment
- acute stage may need dialysis
- Treat hyperammonia by sodium benzoate arginine
- Low protein diet , essential amino acids



# Treatment

- 1- reduce the formation of toxic metabolite by stopping feeding
- 2- provide adequate calories
- 3- to enhance excretion of toxic metabolite
- 4- to institute cofactor -- B12, biotin, thiamin, pyridoxine, folate, carnitine substitute can be in fatty acid oxidation



- 5- supportive therapy
  - treatment of seizer
  - Correct hypoglycemia and hypothermia
  - Adequate hydration
  - Correct electrolyte disturbance and acidosis
  - Aggressive antibiotic therapy
  - Mechanical ventilator if needed



- Management of hyperammonemia
  - Discontinued all feeds
  - Provide I.V. glucose and lipid
  - Dialysis , hemodialysis faster than peritoneal dialysis ,exchange transfusion not used
  - Drugs –sodium benzoate, sodium phenylacetate ,or sodium phenylbutyrate.
  - Ventilator support



- Long term management

- A. dietary therapy

- mainstay of phenylketonuria,  
maple syrup urine disease

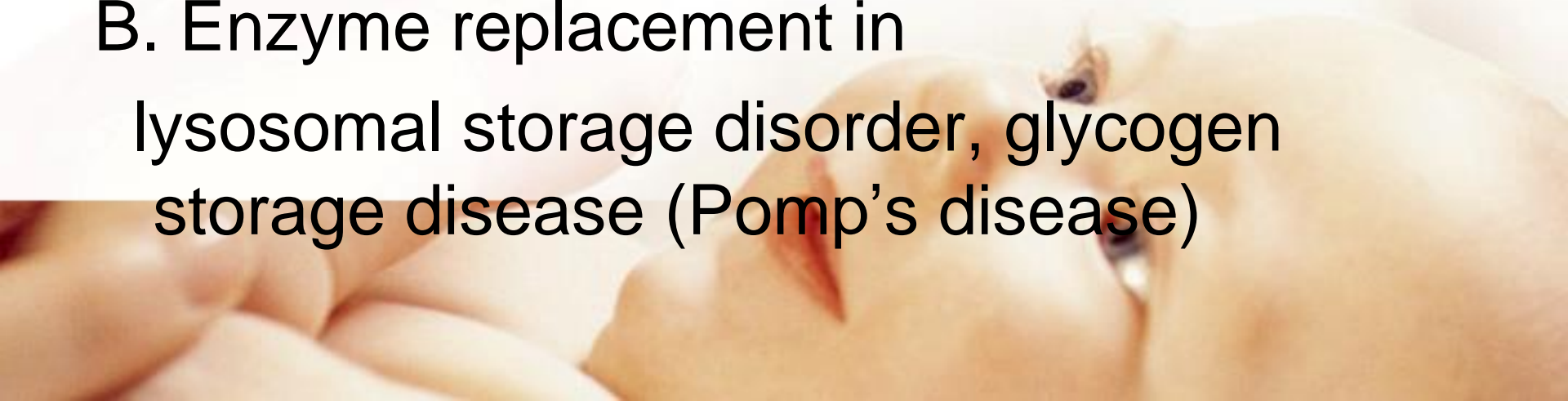
- galactosemia ,glycogen storage disease

- in urea cycle and organic acidemia

- low protein diet

- B. Enzyme replacement in

- lysosomal storage disorder, glycogen  
storage disease (Pompe's disease)



- Prevention

- prenatal diagnosis

sample

1-chorionic villous tissue(1<sup>st</sup> trimester)

2-amniotic fluid (2<sup>nd</sup> trimester)

For-; 1-metabolite detection

phenylketonuria ,peroxisomal disorder

2-enzyme assay (gaucher disease)

3-DNA based diagnosis





## ❑ Neonatal screening

Tandem mass spectrometry

diagnose a large no. of metabolic disease

highly sensitive and specificity low

some time difficult in interpretation





Thank you !!!