



# LIVER

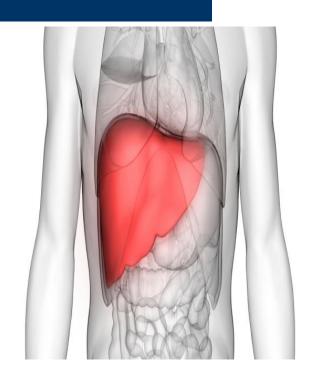
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#### **ILOS**

- Identify the liver
- Identify the anatomical structure of the liver
- Describe the functions of liver
- Discuss different liver diseases
- List ways to prevent liver diseases

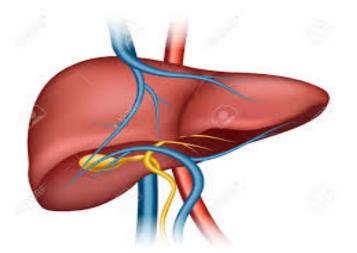
#### Introduction

- The liver is the largest organ in the body.
- It consists of two main lobes that together weigh from 1400 to 1600 g in the normal adult.
- It is reddish brown in color and has a rich blood supply 1500 ml/min from two major vessels, the hepatic artery and the portal vein.

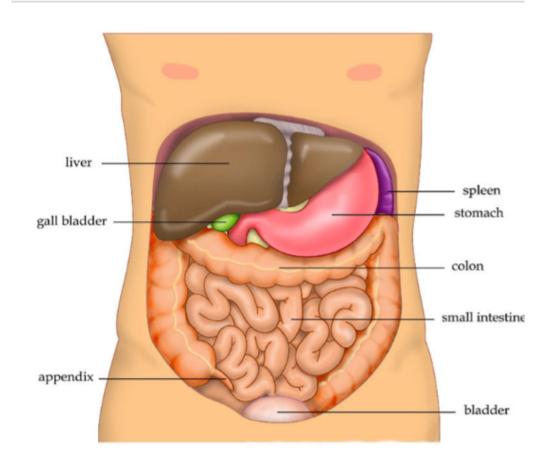


#### liver

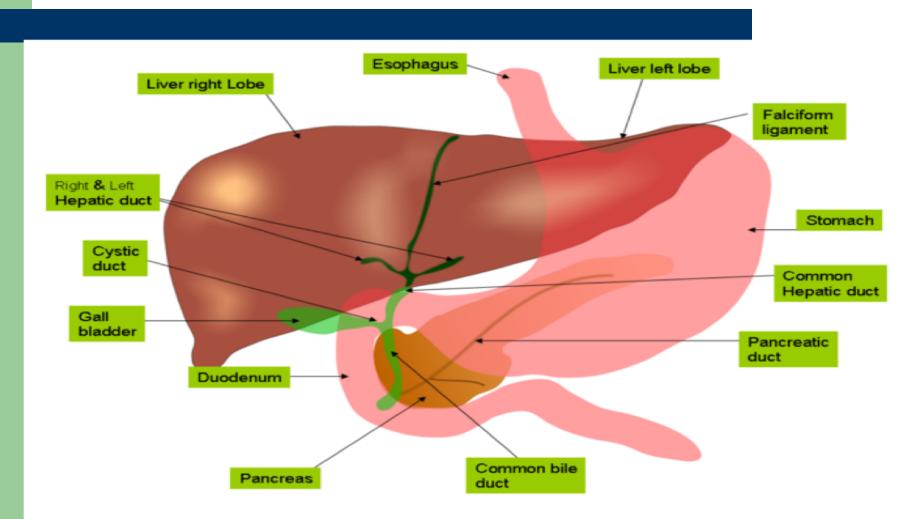
 The liver is an organ only found in vertebrates which detoxifies various metabolites, and synthesizes proteins. Its other roles in metabolism include the regulation of glycogen storage, decomposition of red blood cells and the production of hormones.



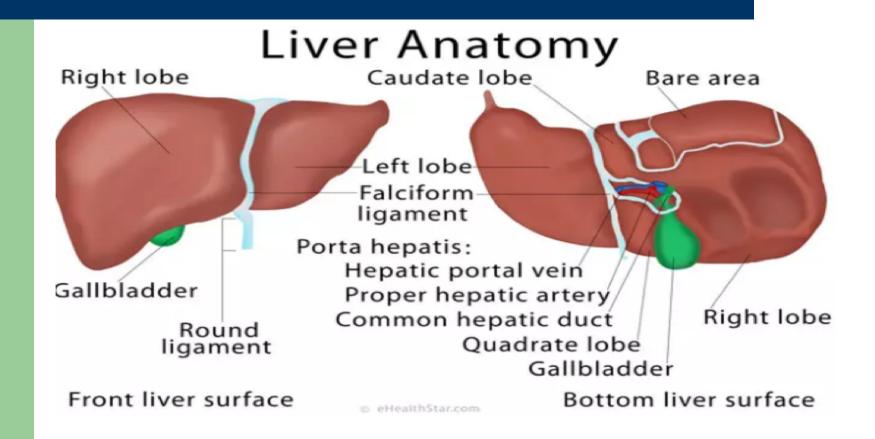
# Anatomical structure of liver [location]



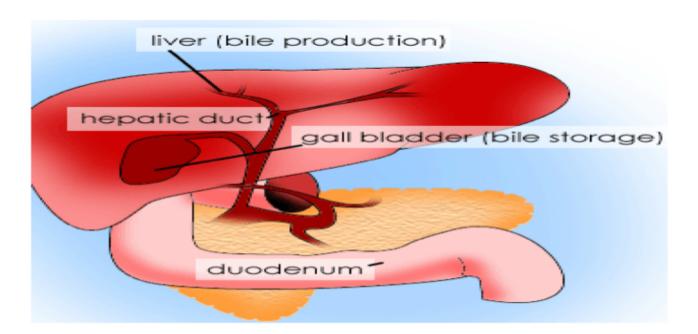
### **Anatomical structure of liver**



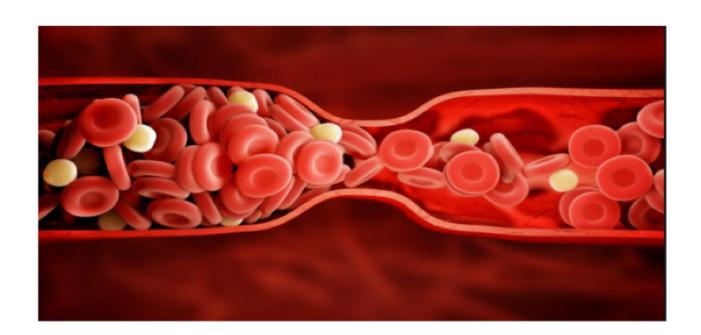
#### **Anatomical structure of liver**



• **Bile production**: Bile helps the small intestine break down and absorb fats, cholesterol, and some vitamins.



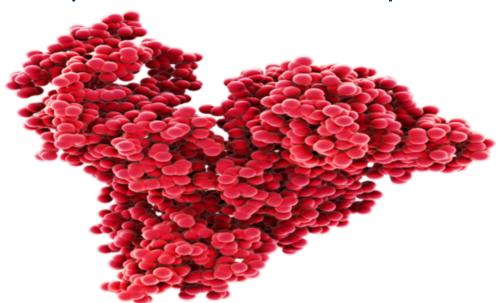
 Supporting blood clots: Vitamin K is necessary for the help clot the blood



• **Filters the blood**: The liver filters and removes compounds from the body, including hormones, such as estrogen and aldosterone, and compounds from outside the body, including alcohol and other drugs.



• **Production of albumin**: Albumin is the protein in blood serum. It transports fatty acids and steroid hormones to help maintain the correct pressure.



Metabolism: Metabolism of <u>carbohydrates</u>, fats, proteins, everything occurs in the liver.

**Storage:** Storage of glycogen, ferritin, fats, vitamin A, vitamin D etc. occur in the liver.



- **Fascioliasis:** This is caused by the parasitic invasion of a parasitic worm known as a liver fluke, which can lie dormant in the liver for months or even years. Fascioliasis is considered a tropical disease.
- Cirrhosis: This sees scar tissue replace liver cells in a process known as fibrosis. This condition can be caused by a number of factors, including toxins, alcohol, and <u>hepatitis</u>. Eventually, fibrosis can lead to liver failure as the functionality of the liver cells is destroyed.

- Hepatitis: Hepatitis is the name given to a general infection of the liver, and viruses, toxins, or an autoimmune response can cause it. It is characterized by an inflamed liver. In many cases, the liver can heal itself, but liver failure can occur in severe cases.
- Alcoholic liver disease: Drinking too much alcohol over long periods of time can cause liver damage. It is the most commonTrusted Source cause of cirrhosis in the world.

- Primary sclerosing cholangitis (PSC): PSC is a serious inflammatory disease of the bile ducts that results in their destruction. There is currently no cure, and the cause is currently unknown, although the condition is thought to be autoimmune.
- Fatty liver disease: This usually occurs alongside <u>obesity</u> or alcohol abuse. In fatty liver disease, vacuoles of fat build up in the liver cells. If it is not caused by alcohol abuse, the condition is called non-alcoholic fatty liver disease (NAFLD).

- **Gilbert's syndrome:** This is a genetic disorder affecting 3 to 12 percent of the population. Bilirubin is not fully broken down. Mild <u>jaundice</u> can occur, but the disorder is harmless.
- Liver cancer: The most common types of <u>liver</u> cancer are hepatocellular <u>carcinoma</u>, The leading causes are alcohol and hepatitis. It is the <u>sixth most</u> common form of <u>cancer</u> and the second most frequent cause of cancer death.

# Ways to prevent liver disease

- Don't Drink alcohol
- Avoid risky behavior.
- Take care with aerosol sprays. .
- Protect your skin.
- Get vaccinated.
- Avoid contact with other people's blood and body fluids.

#### Conclusion

- The liver is an essential and large organ that sits on the right side of the belly, that has many functions in the body, including making proteins and blood clotting factors, manufacturing <u>triglycerides</u> and <u>cholesterol</u>, glycogen synthesis, and bile production.
- Many different disease processes can occur in the liver, including infections such as <u>hepatitis</u>, <u>cirrhosis</u> (scarring), cancers, and damage by medications or toxins.

#### Reference

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