

## **Breathlessness**

A 22 y.o. male is brought by his brother to the emergency department because of shortness of breath. He has had sore throat with cough for 4 days. He's now been having increasing SOB and chest tightness for 8 hours. He had a fever yesterday. The brother was called by his mother who noticed that the patient is struggling to breathe at home. And he is no longer responding to Ventolin (using 2 puffs every 30 min) and has rapidly worsened over the last hour. On the medical OPD vital signs are pulse 140/min, Resp rate 4/min, O<sub>2</sub> sat 88% his brother stated that the patient is known case of bronchial asthma

- **What actions you will do at this moment?**

Your friend did quick examination and stated the patient is awake, diaphoretic, wheezing with quiet breath sounds

- **What further actions you should do at this moment?**
- **Despite all the measures patient started to be drowsy eyes closed and chest auscultations reveals silent chest?**
- **Outline management?**
- **After 7 days stay in the hospital patient is to be discharged home outline non pharmacologic management to the patient?**