

Hypertension Tracking Worksheet

Key:

LDL:Low-density lipoprotein;

A1C:hemoglobin A1c;

| ID Number | Name | Sex | Address | Birth Date | Systolic | Diastolic |
|-------------|-----------------|--------|----------|------------|----------|-----------|
| 111-111-111 | Adam Ali | Male | Benghazi | 3/14/1956 | 110 | 76 |
| 333-333-333 | Baker fathi | Male | Benghazi | 10/5/1970 | 135 | 70 |
| 888-888-888 | Basma mohammed | Female | Benghazi | 2/22/1963 | 150 | 94 |
| 999-999-999 | Maya ahmed | Female | Benghazi | 7/5/1973 | 122 | 72 |
| 393-393-393 | Aysha jamal | Female | Benghazi | 8/6/1966 | 126 | 70 |
| 881-881-881 | Jamal ali | Male | Benghazi | 7/1/1949 | 108 | 64 |
| 989-989-989 | ziad atia | Male | Benghazi | 10/1/1942 | 160 | 90 |
| 838-838-838 | Jamila omar | Female | Benghazi | 1/1/1942 | 118 | 70 |
| 997-997-997 | Johaina mahmoud | Female | Benghazi | 1/1/1964 | 120 | 80 |
| 339-339-339 | yosra ibrahim | Female | Benghazi | 7/31/1983 | 134 | 78 |
| 889-889-889 | Sanad hakeem | Male | Benghazi | 2/28/1953 | 146 | 78 |

Done by: Lamees Elamamy Roll no.978

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BP:Blood Pressure.

| BP Date | A1C | A1C Date | LDL | LDL Date | Aspirin | Tobacco |
|------------|------|------------|-----|------------|----------------|---------|
| 3/12/2013 | 6 | 9/9/2012 | 89 | 9/9/2012 | aspirin 81 mg | yes |
| 2/1/2013 | 8.8 | 2/1/2013 | 71 | 2/1/2013 | aspirin 81 mg | past |
| 10/25/2012 | 5.9 | 10/25/2012 | 172 | 10/25/2012 | aspirin 325 mg | No |
| 10/26/2012 | 10 | 10/9/2012 | 75 | 10/9/2012 | warfarin7.5 mg | yes |
| 8/9/2013 | 5.7 | 4/8/2013 | 76 | 4/8/2013 | aspirin 81 mg | yes |
| 4/8/2013 | 7.3 | 10/26/2012 | 186 | 10/26/2012 | aspirin 325mg | Never |
| 9/9/2012 | 12.6 | 9/9/2012 | 82 | 9/9/2012 | aspirin 325 mg | No |
| 10/9/2012 | 8.5 | 10/9/2012 | 73 | 10/9/2012 | Not IVD | yes |
| 3/2/2012 | 8.8 | 3/2/2012 | 88 | 3/2/2012 | Not IVD | yes |
| 4/4/2012 | 7.5 | 4/4/2012 | 126 | 4/4/2012 | Not IVD | yes |
| 9/9/2013 | 8.5 | 9/9/2013 | 66 | 9/9/2013 | aspirin 81 mg | yes |